

LESSON OF THE WEEK FOR OCTOBER 19TH, 2015

STICKING PATTERNS

PRACTICING THESE AND OTHER STICKING PATTERNS ARE ESSENTIAL FOR GOOD COORDINATION AND DEXTERITY.

THIS LESSON DEMONSTRATES WAYS TO GO BEYOND THE BASIC PATTERNS...

BASIC PATTERN...(PLAY AT ALL TEMPOS)

Musical notation for the basic sticking pattern: R L L R L R L R

ACCENT RIGHT HAND...

Musical notation for the accent right hand pattern: R L L R L R L R

ACCENT LEFT HAND...

Musical notation for the accent left hand pattern: R L L R L R L R

ACCENT 1 AND 3...

Musical notation for the accent 1 and 3 pattern: R L L R L R L R

ACCENT 2 AND 4...

Musical notation for the accent 2 and 4 pattern: R L L R L R L R

IMPROVISE ACCENTS...

Musical notation for the improvise accents pattern: R L L R L R L R

CREATE FILLS AND KICKS...

Musical notation for the create fills and kicks pattern: R L L R L R L R

CREATE BEATS...

Musical notation for the create beats pattern: R L L R L R L R

DOUBLE SOME NOTES TO CREATE ROLLS...

Musical notation for the double some notes to create rolls pattern: R L L R L L R R L L R

ORCHESTRATE AROUND TOMS...

Musical notation for the orchestrate around toms pattern: R L L R L R L R

SWING THE STICKING PATTERN...

Musical notation for the swing the sticking pattern pattern: R L L R L R L R

CREATE A BEAT (OR ANYTHING ELSE FROM THE PREVIOUS EXAMPLES)

Musical notation for the create a beat pattern: R L L R L R L R

DOUBLE BASS THE PATTERN...

Musical notation for the double bass the pattern pattern: R L L R L R L R

PLAY PATTERN BETWEEN HANDS AND FEET...

Musical notation for the play pattern between hands and feet pattern: R L L R L R L R

PLAY STICKING PATTERNS OVER FOOT OSTINATOS...(R L L R L R L R)

Musical notation for playing sticking patterns over foot ostinatos: R L L R L R L R

HERE IS ANOTHER PATTERN. EXPERIMENT WITH IT. WRITE OUT SOME OTHER IDEAS AND SEE WHAT YOU CAN CREATE...

Musical notation for the new pattern: R L R R L R R L

Musical notation for the new pattern: R L R R L R R L

MORE STICKING EXERCISES CAN BE FOUND IN ALL OF THE METHOD BOOKS...