

# LESSON OF THE WEEK FOR OCTOBER 26TH, 2015

## KICKING TRIPLETS

THIS EXERCISE WILL HELP YOU FEEL THE ACCENT FOR ANY OF THE 12 EIGHTH-NOTE TRIPLETS...

BEGIN BY PLAYING TRIPLETS ON THE SNARE AND ACCENTING ONE OF THE NOTES ON THE CRASH/BASS...USE ALTERNATE STICKING LEADING WITH EITHER HAND.

The first exercise consists of four staves of music. Each staff begins with a double bar line and a repeat sign. The music is in 4/4 time and features eighth-note triplets on the snare drum. The first staff has four measures, each with a triplet on the snare and an accent on the first note of the triplet on the crash/bass. The second staff has four measures, each with a triplet on the snare and an accent on the second note of the triplet on the crash/bass. The third staff has four measures, each with a triplet on the snare and an accent on the third note of the triplet on the crash/bass. The fourth staff has four measures, each with a triplet on the snare and an accent on the fourth note of the triplet on the crash/bass. The accents are indicated by an 'x' over the note.

NOW IMPROVISE AROUND THE SET WHILE PLAYING THE KICKS...HERE ARE SOME EXAMPLES TO GET YOU STARTED...

The second exercise consists of four staves of music, each showing a different example of improvisation around the triplet pattern. The first staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass. The second staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass, and then a triplet on the snare with an accent on the third note on the crash/bass. The third staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass, and then a triplet on the snare with an accent on the third note on the crash/bass. The fourth staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass, and then a triplet on the snare with an accent on the third note on the crash/bass.

TRY MORE THAN ONE KICK PER MEASURE...

OR STRING TWO OR MORE MEASURES TOGETHER...

The third exercise consists of two staves of music. The first staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass, and then a triplet on the snare with an accent on the third note on the crash/bass. The second staff shows a triplet on the snare with an accent on the first note on the crash/bass, followed by a triplet on the snare with an accent on the second note on the crash/bass, and then a triplet on the snare with an accent on the third note on the crash/bass.

TRY SOLOING OVER 32-BAR JAZZ HEADS AND ADD KICKS IN VARIOUS SPOTS. MORE KICKS AND JAZZ PHRASING IN JAZZ DRUMMING.