

LESSON OF THE WEEK FOR DECEMBER 28TH, 2015

PRACTICE REMINDER

FOR THE LAST LESSON OF THE YEAR, THIS WILL BE A REMINDER TO PRACTICE CONSISTANTLY, AND PROPERLY.

- 1) WARM UP WITH TECHNICAL EXERCISES FOR YOUR HANDS FEET, AND COORDINATION.
- 2) WORK ON YOUR TIMING WITH A METRONOME OR BY PLAYING ALONG TO MUSIC.
- 3) READ DRUM MUSIC. LOTS OF IT!! BECOME FLUENT IN THE LANGUAGE.
- 4) PRACTICE VARIOUS STYLES IE. JAZZ, ROCK, LATIN, ETC...EVEN IF YOU DON'T PLAY THEM OFTEN, IT'S GREAT FOR YOUR CREATIVITY
- 5) WORK ON YOUR DYNAMICS...PLAY EVERYTHING AS SOFT AS YOU CAN, AND GAIN AMAZING CONTROL.
- 6) JUST PLAY!! SOLO, SOLO, SOLO. GET TO KNOW YOUR DRUM SET AND ALL OF THE SOUNDS IT CAN PRODUCE.
- 7) JAM. GET OUT THERE AND PLAY WITH OTHER MUSICIANS. SHEDDING IS GOOD, BUT JAMMING IS BETTER!
- 8) MAINTAIN GOOD HEALTH. SLEEP, EAT RIGHT, EXERCISE, MEDITATE. IT HELPS YOUR DRUMMING, GUARANTEED!
- 9) LISTEN TO LOTS OF MUSIC. ANALYZE IT ALL. NOT JUST THE DRUMMING.
- 10) PRACTICE MATERIALS AT ALL TEMPOS. MAKE SURE TO RELAX DURING FAST TEMPOS.

PICK UP SOME BOOKS FROM THE PROGRESSIVE DRUMMER SERIES AND ADD TO YOUR KNOWLEDGE AND DRUMMING SKILLS. GREAT BOOKS, PACKED WITH GROOVES, FILLS, AND STUDIES FOR YOUR TOOL BOX!

HAVE AN AMAZING 2016!!!