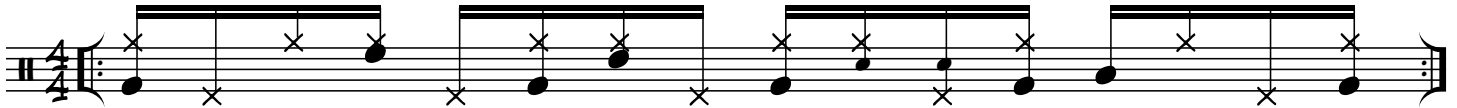


LESSON OF THE WEEK FOR NOVEMBER 9TH, 2015

VOICES!!!

WITH BEATS USING ALL FOUR LIMBS IT IS ESSENTIAL TO BE ABLE TO HEAR AND FEEL EACH VOICE INDIVIDUALLY AS WELL AS COLLECTIVELY.

THIS BEAT HAS ALOT GOING ON...(PLAY IT AND SEE IF YOU CAN HEAR AND FEEL EACH PART INDIVIDUALLY)



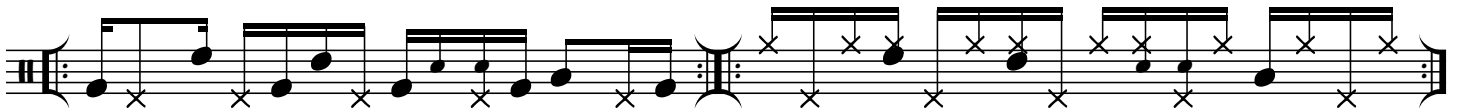
LET'S BREAK IT DOWN INTO EACH PART...PLAY EACH LIMB FOR A MINUTE AND GET A GOOD FEEL FOR IT. DON'T TAP ANY OTHER LIMB WHILE PLAYING. FEEL THE PULSE INTERNALLY.



NOW PLAY ANY TWO LIMBS TOGETHER...



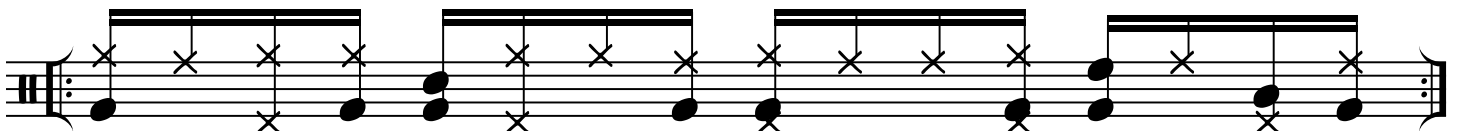
NEXT, PLAY ANY THREE LIMBS (OR VOICES)...



FINALLY, PLAY THE FULL BEAT AGAIN AND SEE IF IT FEELS BETTER, AND LISTEN TO EACH VOICE INDIVIDUALLY...



HERE IS ANOTHER BEAT TO BREAK DOWN. TRY THIS AND ANY OTHER BEAT YOU COME ACROSS THAT HAS ALL FOUR LIMBS WORKING...



CHECK OUT ROCK DRUMMING, FOOT CLAVE, ADVANCED DRUMMING, AND QUINTIN' TIME FOR MORE ON THIS CONCEPT.