

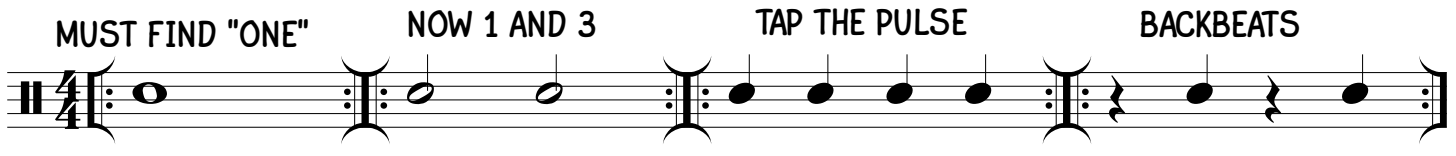
LESSON OF THE WEEK FOR March 22nd, 2015

KEEPING GOOD TIME


The drummer, above all else, must keep steady and relaxed time. Here are some ways to develop it.

For beginners, right from the start, listen to music and clap the various parts of the time...stick with 4/4 for now.

MUST FIND "ONE" NOW 1 AND 3 TAP THE PULSE BACKBEATS

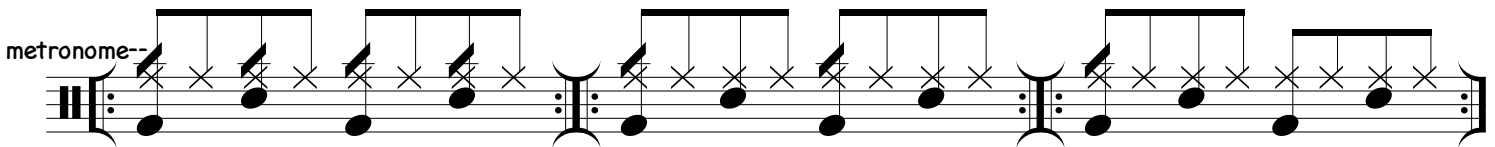


1/8TH NOTES UPBEATS 1/16TH NOTES IF TEMPO IS SLOW ENOUGH

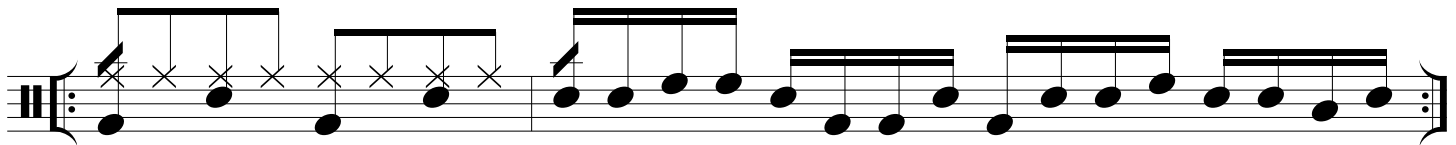


Intermediate level: play beats, fills, exercises with metronome clicks on 1/4 notes, half notes, and whole notes

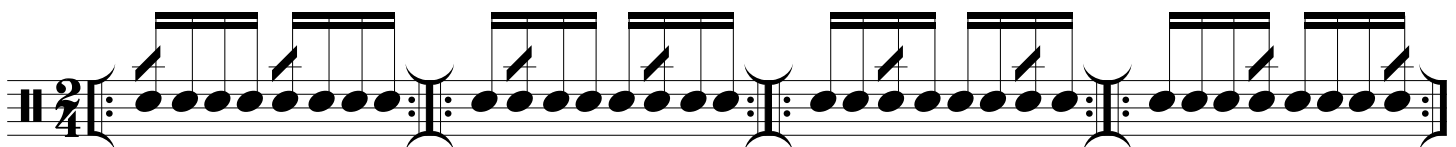
metronome-



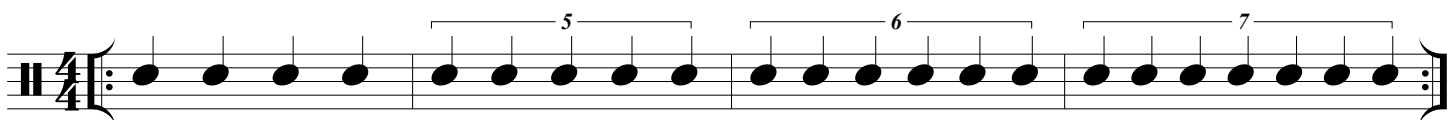
Practice with the full range of metronome tempos...this is an example. Practice everything with click on "one" only.



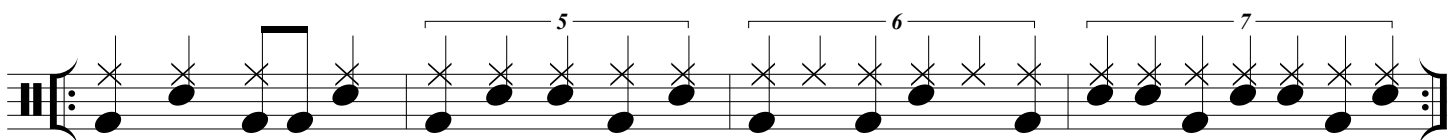
Practice rhythms with the metronome clicking any part of the sixteenth note...



Advanced: Polyrhythms are a great way to feel longer spans of time...Play with 4,2, OR 1 CLICK(S) PER MEASURE..



Improvise subdivisions with the polyrhythms...



Much more on timing and polyrhythms in **READING RHYTHMS** and **ADVANCED RHYTHMS**.