
Dedication

Infinite realms of light and dark convey the Buddha mind. All that is and we ourselves come forth in perfect harmony. I offer this sincere and devoted practice for the many beings of the six worlds and dedicate it in grateful thanks to the strength and sound practice of the Great Heartland Sangha and its teachers. May our virtuous actions be clear from all interferences and may our vows be fully realized.

I especially dedicate this offering to:
(voice your own intentions here).

May we live in perfect peace with
Buddhadharma, and may we realize the
Buddha Way together.

All Buddhas throughout space and time,
All honored ones, bodhisattva-mahasattvas,
Wisdom beyond wisdom,
Maha Prajna Paramita.

Three Bows.

Verse of the Kesa

Vast is the robe of liberation,
A formless field of benefaction.
I wear the Tathagatha's teaching,
saving all sentient beings.

Zazen (Five minutes minimum.)

The Four Bodhisattva Vows

Beings are numberless,
I vow to free them.
Delusions are inexhaustible,
I vow to end them.
Dharma Gates are boundless,
I vow to enter them.
The Buddha Way is unsurpassable,
I vow to embody it.

*Academic Study - see Temple Reading List
(Five minutes minimum.)*



Sunday Service

10:15 a.m. ~ Beginning Instruction
11 a.m. ~ Liturgy, Zazen (seated Zen
meditation), Dharma Talk and Dharma
School for Kids
12:30 p.m. ~ Fellowship

Wednesday Service

7:15 p.m. ~ Fellowship
7:30-9:30 p.m. ~ Liturgy, Beginning
Instruction, Zazen (seated Zen
meditation), Dokusan (private spiritual
direction with a Teacher), Teisho
(Formal Dharma Talk)

Buddhist Temple of Toledo

6537 Angola Road
Holland, Ohio 43528

For a full listing of upcoming
events, please visit
BuddhistTempleOfToledo.org

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Great Heartland Sangha



Daily Home Liturgy

Preliminaries

*Offer flowers, incense, water and candlelight
at your household altar.*

Three Bows.

Refuge

In my heart I take refuge in Buddha, Dharma
and Sangha.

May I liberate suffering beings and bring
them to great joy.

May the compassionate spirit of love grow
within me

That I may actualize the Great Way. (3x)

Invocation

I give thanks for the guidance of my teachers,
for the lineage of teachers before them.

I give thanks and offerings for their devoted
practice of generosity, moral discipline,
patience, joyful effort, concentration,
wisdom, skillful means, unshakeable vow,
spiritual powers and awakened
awareness for my benefit.

May their years of life be lengthened, and
may their vows be completely realized.

Seven Practices

I bow down in body, speech and mind.

I offer the best I have to give
both real and imagined
to fill the space between us.

I regret and purify all transgressions.

I rejoice in all virtues.

I request you to remain until total
enlightenment.

I request wise and compassionate guidance.

I dedicate my merit for the sake of all beings.

Generating Love and Compassion

May all sentient beings be free from
obsession and hatred –
being close to some and distant from
others.

How wonderful it would be.

May this be accomplished.

I will free them from obsession and hatred.

Bless me to accomplish this.

May all sentient beings enjoy happiness
and the causes of happiness.

How wonderful it would be.

May this be accomplished.

I will bring them happiness
and the causes of happiness.

Bless me to accomplish this.

May all sentient beings have the joy that
has never known suffering.

May they be free from obsession, hatred,
jealousy, miserliness, doubt, pride,
wrong view, ignorance and dualistic
thoughts.

How wonderful it would be.

May this be accomplished.

I will bring them to this state.

Bless me to accomplish this.



Invoking Wisdom

-(0)- Great Prajna Paramita Heart Sutra – _-O

Avalokiteshvara Bodhisattva, practicing deep
prajna paramita clearly saw that all five
skandhas are empty transforming all
suffering and distress.

Shariputra, form is no other than emptiness,
emptiness no other than form; form is
exactly emptiness, emptiness exactly form;
sensation, perception, mental reaction,
consciousness are also like this.

Shariputra, all things are essentially empty—
not born, not destroyed, not stained, not
pure; without loss, without gain.

Therefore in emptiness there is no form; no
sensation, perception, mental reaction,
consciousness; no eye, ear, nose, tongue,
body, mind; no color, sound, smell, taste,
touch, object of thought; no seeing and so
on to no thinking; no ignorance and also no
ending of ignorance; and so on to no old
age and death, and also no ending of old
age and death; no suffering, cause of
suffering, cessation, path; no wisdom and no
attainment.

Since there is nothing to attain, the
Bodhisattva lives by prajna paramita, with
no hindrance in the mind, no hindrance, and
therefore no fear; far beyond delusive
thinking, right here is nirvana.

All Buddhas of past, present and future live by
prajna paramita, attaining *anuttara-samyak-
sambodhi*.

Therefore know that prajna paramita is the
great sacred mantra, the great vivid mantra,
the unsurpassed mantra, the supreme
mantra, which completely removes all
suffering.

This is truth, not mere formality.

Therefore set forth the prajna paramita mantra.
Set forth this mantra and proclaim:

Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!
Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!
Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!

(Gatha may be repeated 3x, 21x, or 108x)
