

SOUND & ENERGY HEALING SESSIONS



IN LADYSMITH

Gift certificates available

MJ Vermette, Intuitive ~ Sound & Energy Healing Artist
www.sacredfiremusic.com

Individual sessions, to:

- 🌀 Release deep-rooted physical, mental & emotional stress; create peace within
- 🌀 Increase awareness and a sense of unity
- 🌀 Bring your cells' vibratory rate to their natural, healthy state ~ raise your energy
- 🌀 Connect with your essence and your purpose

How it works:

In the relaxed, friendly atmosphere of the *SacredFire Wellness Room*:

- 🌀 We initiate the session with a 5-10 min. chat to allow you to express your needs
- 🌀 You sit or lay comfortably
- 🌀 You receive a head & shoulder massage
- 🌀 Using my voice and various instruments such as drums, rattles, rain sticks, singing bowls, chimes and diverse percussion, I guide you through a visualisation process, and use sound healing techniques from ancient Chinese, Taoist and Shamanic traditions.
- 🌀 We complete with a 5-10 min. conversation

Bookings: mj@sacredfiremusic.com

Price: Sliding scale between \$50 - \$80 (60 min.) ~ Low income: by donation

Celebrating a special occasion with a loved one*? Book a couple's session with MJ and Dean (\$100)

****We can make it romantic! Candles, wine or sparkling available (extra)***