

Morning Torah Service

מה טובו אהליך יעקב, משכנתיך ישראל.

Mah tovu ohelekha Ya'aqov
Mishk'notetekha Yisrael

How goodly are thy tents, O Jacob
Your dwellings, O Israel.

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ. (Leader) *Leader Bar'chu et Adonai hamvorach.*
בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד. (Everyone) *Everyone Baruch Adonai ham'vorach
l'olam va-ed*
Bless the Holy One, who is to be blessed.
now and forever!

YOTZEIR OR (Former of Light)

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מִלְּךְ הָעוֹלָם, יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ, עֹשֶׂה שְׁלוֹם וּבוֹרֵא אֶת הַכֹּל. הַמְאִיר לְאָרֶץ
וְלַדְרִים עָלֶיהָ בְּרַחֲמִים, וּבְטוֹבוֹ מְחַדֵּשׁ בְּכָל יוֹם תְּמִיד מַעֲשֵׂה בְּרָאשִׁית. מָה רַבּוֹ מַעֲשֵׂיךָ יְיָ, כָּל־סֵדֶר בְּחֻמְכָּה
עֲשִׂיתָ, מְלֵאָה הָאָרֶץ קִנְיָנְךָ. תִּתְבָּרָךְ יְיָ אֱלֹהֵינוּ עַל שִׁבְחַ מַעֲשֵׂה יְדֶיךָ, וְעַל מְאֹרֵי אוֹר שֶׁעֲשִׂיתָ יְפָאָרוֹךְ סֵלָה.
בְּרוּךְ אַתָּה יְיָ, יוֹצֵר הַמְּאֹרוֹת.

Barukh attah יְיָ, Eloheynu Melekh Ha-Olam
yotzeir or uvorei choshech,
oseh shalom uvorei et ha kol.
Hamei-ir la-aretz v'ladarim aleha b'rachamim,
uvtuvo m'chadeish b'chol yom tamid
ma-asei v'reishit.
Ma rabu ma'asecha יְיָ, kulam b'chochmah asita,
mala ha'aretz kinyanecha.
Titbarach ADONAI Eloheinu
al shevach ma-asei yadecha,
v'al m'orei or she-asita y'fa-arucha selah.
Baruch Atah יְיָ, yotzer ham'orot.

Blessed are you, יְיָ our God, Ruler of the
Universe, "forming light and creating
darkness, making wellbeing and creating
[everything]." You give light to the world and
those who dwell on it in mercy, by your
goodness renewing every day continually the
work of creation. "How manifold are your
works, O Lord; in wisdom you have made them
all; the earth is full of your creatures." Be
blessed, יְיָ our God, for the magnificence of the
work of your hands, and for the radiant lights
you have made; may they glorify you, selah.
Blessed are you , יְיָ, who forms the lights.

AHAVAH RABBAH (Great Love)

אַהֲבָה רַבָּה אַהֲבַתְנוּ, חֶמְלָה גְדוֹלָה וַיִּתְרָה חֵמֶלֶת עָלֵינוּ בְּעִבּוֹר אַבוֹתֵינוּ שֶׁבְּטָחוּ בְּךָ תִּתְנַנְנוּ וַתִּלְמְדֵנוּ
וְהָאֵר עֵינֵינוּ בְּתוֹרָתְךָ, וְדַבֵּק לִבֵּנוּ בְּמִצְוֹתֶיךָ, וַיַּחַד לִבֵּנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶךָ,

Ahavah rabah ahavtanu,
chemlah g'dolah viteirah chamalta aleinu.
Ba-avur avoteinu shebat'chu v'cha
t'choneinu ut'lamdeinu.
V'haer Eininu b'toratecha
v'dabek libeinu b'mitzvotcha,
v'yached l'aveinu l'ahava ulyirah et sh'mecha

With great love you have loved us, with
surpassing warmth you have embraced us, for
the sake of our ancestors who trusted in you; be
gracious to us, teach us too.
Enlighten our eyes with your Torah, and let our
hearts cling to your *mitzvahs*, and unite our
hearts to love and revere your name.

ASERET HADIBROT (The Ten Utterances)

- א. אֲנֹכִי יְהוָה אֱלֹהֶיךָ אֲשֶׁר הוֹצֵאתִיךָ מֵאֶרֶץ מִצְרַיִם מִבֵּית עֲבָדִים :
- ב. לֹא יִהְיֶה לְךָ אֱלֹהִים אֲחֵרִים עַל־פָּנָי : לֹא־תַעֲשֶׂה לְךָ פֶסֶל
- ג. לֹא תִשָּׂא אֶת־שֵׁם יְהוָה אֱלֹהֶיךָ לְשׁוֹן
- ד. זְכוֹר אֶת־יוֹם הַשַּׁבָּת לְקַדְּשׁוֹ
- ה. כְּבֹד אֶת־אָבִיךָ וְאֶת־אִמְךָ
- ו. לֹא תִרְצַח
- ז. לֹא תִנְאָף
- ח. לֹא תִגְנוֹב
- ט. לֹא־תַעֲנֶה בְרַעְיָךְ עַד שֶׁקֶר
- י. לֹא תַחְמַד בֵּית רַעְיָךְ וְכֹל אֲשֶׁר לְרַעְיָךְ

1. "I am ?? your G*d, who brought you out of the land of Egypt, out of the house of bondage.
2. You shall have no other gods before me. You shall not make for yourself a graven image,
3. You shall not use the name of ?? your G*d for mischief.
4. Remember the Sabbath day, to keep it holy.
5. Honor your father and your mother.
6. You shall not murder.
7. You shall not commit adultery.
8. You shall not steal.
9. You shall not bear false witness against your neighbor.
10. You shall not covet your neighbor's house, or anything that is your neighbor's.

Baruch Atta ?? habocher b'amo Yisrael b'ahavah.
 Blessed are you who chooses your people Israel in love.

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד ' SHEMA

Shema yisrael ?? eloheynu ?? echad. Listen, Israel: ?? is our G*d, ?? is one.

וְאָהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל־לִבְבְּךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדְךָ : וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם עַל־לִבְבְּךָ : וְשִׁנַּנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָם בְּשַׁבְתְּךָ בְּבֵיתְךָ וּבְלַכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ : וּקְשַׁרְתָּם לְאוֹת עַל־יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ : וּכְתַבְתָּם עַל־מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ :

V'ahavta et ?? Elohecha, b'chol l'avcha
 uv'chol nafsh'cha uv'chol m'odecha.
 V'hayu had'varim ha-eileh asher
 anochi m'tzav'cha hayom al l'avvecha.
 V'shinantam l'vanecha v'dibarta bam
 b'shivt'cha b'veitecha uv'lecht'cha vaderech
 uv'shochb'cha uv'kumecha. Uk'shartam l'ot
 al yadecha v'hayu l'totafot bein einecha.
 Uch'tavtam al m'zuzot beitecha uvish'arecha.

And you shall love ?? your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you go outside, when you lie down and when you get up. Bind them as a sign on your hand and encircle them 'round your forehead; inscribe them on the doorposts of your house and on your gate

MI SHEBEIRACH

Mi shebeirach avoteinu v'imoteinu
Elohey Yitzhaq velohey Miryam
Hu ye'veareych veerapey et ha cholim
shelanu.
Yishlach lahem bimherah refuah shleymah.
Refuat ha nefesh urefuat ha guf; (repeat)
Yishlach lahem bimherah refuah shleymah.
Ba'agalah uvizman qareev, v'nomar Amen.

מי שְׁבִירַךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי מֵרִים,
הוּא יְבָרַךְ וְיִרְפָּא אֶת-הַחוֹלִים שְׁלָנוּ.
יְשַׁלַּח לָהֶם בְּמַהֲרָה רְפוּאָה שְׁלֵמָה.
רְפוּאֵת הַנֶּפֶשׁ, וְרְפוּאֵת הַגּוּף,
רְפוּאֵת הַנֶּפֶשׁ, וְרְפוּאֵת הַגּוּף.
יְשַׁלַּח לָהֶם בְּמַהֲרָה רְפוּאָה שְׁלֵמָה
בְּעִגְלָה וּבִזְמַן קָרִיב, וְנֹאמַר, אָמֵן.

May the one who blessed our fathers and mothers, God of Isaac, God of Miriam, bless and heal
our sick and send them complete healing of soul and body, soon, and let us say, Amen
Barukh attah Adonai, Rofey Ha-Cholim בָּרוּךְ אַתָּה יְיָ רֹפֵא הַחוֹלִים,

Hod'ah (Gratitude)

מוֹדִים אֲנַחְנוּ לָךְ, שְׂאֵתָה הוּא, יְיָ
אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד,
צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר
וָדוֹר, נוֹדָה לָךְ וְנִסְפָּר תְּהִלָּתְךָ, עַל חַיֵּינוּ
הַמְּסוּרִים בְּיָדְךָ, וְעַל נְשָׁמוֹתֵינוּ
הַפְּקוּדוֹת לָךְ, וְעַל נְסִיךְ שְׂבָכָל יוֹם
עִמָּנוּ, וְעַל נְפִלְאוֹתֶיךָ וְטוֹבוֹתֶיךָ שְׂבָכָל
עֵת, עָרֵב וּבֹקֵר וְצַהֲרָיִם, הַטּוֹב, כִּי לֹא
כָלוּ רַחֲמֶיךָ, וְהִמְרַחֵם, כִּי לֹא תִמוּ
חֲסָדֶיךָ, מֵעוֹלָם קִוִּינוּ לָךְ.

Modim anachnu lach, Sheh'ata hu Adonai
Eloheinu Velohei Avoteinu le'olam
va'ed. Tzur chayeinu, Magen yish'einu attah
hu ledor vador. Nodeh lecha, u'ne'saper
tehilatecha al chayeinu hamesurim beyadecha,
ve'al nishmoteinu hapekudot lach, ve'al
nisecha shebechol yom imanu, ve'al
niphlothecha vetovotecha shebechol et,
erev vavoker ve'tzohorayim. Hatov ki lo
chalu rachamecha, vehamrechem ki lo tamoo
chasadecha meolam kivinu lach

בָּרוּךְ אַתָּה יְיָ,
הַטּוֹב שְׂמֵךְ וְלָךְ נֶאֱפָה לְהוֹדוֹת

Baruch Attah Adonai Hatov
shimchah ul'ch na'eh lehodot

We are grateful that you are our God, eternal God of our ancestors. You are the rock of our lives, our saving shield. In every generation we thank and praise you, for our lives which are in your hands for our souls which are in your keeping, for your miracles which are daily with us, for your wonders and favors at all times, at evening, morning and noon. You are goodness itself. Your mercies never cease. You are the merciful one; your acts of grace never end. We have always put our trust in you. **Blessed are You Eternal one, whose name is goodness itself.**