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Every person (or group of people) needs a go-to place for different occasions. A place where families celebrate birthdays or a job promotion. Or a place where a group of college kids can wind down after a victory, whether it be athletic or otherwise. And a place to listen to good music...I mean really good music...the live kind that cannot be matched even with the best DJ or the newest sound system in town.

For a lot of people in this area that place is Bahan's Tavern...and one of the many reasons is Sable. Though my first knowledge of Bahan's was in regards to their Mexican menu on Thursdays (which I believe I experienced my first week living here), it became very clear to me that this was a local favorite for a wide variety of reasons, ranging from their wonderful food and drinks to their friendly staff and great live music.

This past Saturday, Bahan's hosted Sable, as they do about every six weeks or so, according to band leader, Jeff Sable. Performing as the house band at Fast Eddie's down in Alton, IL about four times a week, Sable makes the trip north to play for what has become a pretty significant fan base here in our area. They are very loyal to Bahan's and have worked out an agreement to only play there when they head up here from the St. Louis area. Because of this, the well-known tavern can be found absolutely packed with people on the nights they play here...indoors or out.

The first time I ever heard Sable was actually down at Fast

Eddie's, although I had heard about them from co-workers prior to that. I had just moved here from out of state and was really missing good live music. They did not disappoint and, from that point on, were a group that I tried to catch as often as possible.



The next time I saw them was actually up here, one winter night, when they were playing inside for a packed house. But I think my favorite experiences listening to this group of guys have been outside Bahan's in their beer garden. Playing great covers from about every artist you could imagine, they perform in a way that allows a very wide range of audiences to enjoy themselves. And if you like to dance, this is a band for you!

Every group has a sort

of "personality" about them, and because of their great music and personality, Sable has quickly become one of my favorites...and I think the people of Morgan County would agree.

When I had the chance to speak with Jeff, he mentioned how grateful he was for their fan following in our area, and he spoke about some exciting things that have been going on for him and the group. He, especially, has been keeping busy, having spent several days last week on an island off the coast of California, filming a music video for their song, "Rainy Days at the Beach," the first track from their album, Coming Home.

If you have not had a chance to check them out, my suggestion is to do so...ASAP. Whether you take a trip down to Fast Eddie's or catch them the next time they are at Bahan's, this is a group that you do not want to miss.

Until next time... ~Cadence

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