

POCKET FLUTE

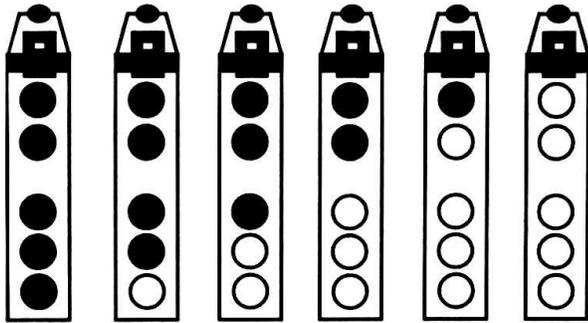
EASY Beginning

The Pocket Flute in the key of "A or G" minor is made from Aromatic Cedar, Walnut or Spanish Cedar. The non toxic oil finish gives them a bright, clear voice and provides creative fun for all ages. Because the "A" **minor** is used by many children, this is the only High Spirits flute where the fetish is permanently glued down. The fetish of the "G" **minor** flute is movable.

To make covering the holes easier, fatten your fingers and use the finger pads rather than the tips to cover the holes. With either hand, cover the top two finger holes with your index and middle fingers. Use the index, middle and ring fingers from the other hand to cover the bottom three holes. Use the ring-finger from the top hand and your little fingers and thumbs to support the flute, all fingers are touching the flute body.

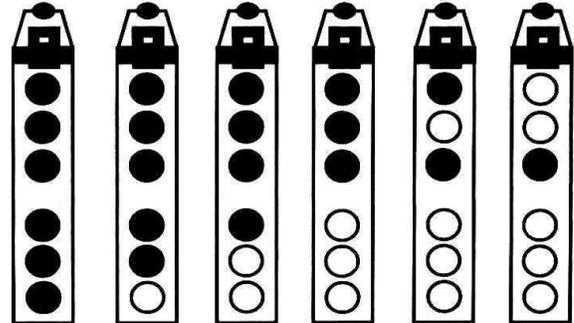
Pentatonic Scale:

5 hole pocket flute:



Am C D E G A

6 hole pocket flute:



Gm B^b C D F G

Creating Music

If you are new to playing flute, start with just one tone: Close only the upper 2/3 holes with the left hand and the 3 right hand holes keep open). Play some long tones and some rhythms just with this one note. **EASY IS RIGHT!** Now add just one tone by closing the highest hole of the right hand. And again just play around with this 2 tones for a while. Keep on adding tones until you can play the whole scale, but remember just adding one tone a time and playing different combinations before moving to the next tone.

Before you know it you will have a song. Songs can be created with very few notes & keeping it simple and repeating 3-4 tone patterns and ending a phrase with a long tone helps to create haunting melodies of your own. There are no right or wrong ways to create music.

Techniques

Breathe – Beyond closing all the holes, playing a flute is about applying the correct amount of air pressure rather than air volume. On smaller flutes like this one, you will need to generate more air pressure than on larger deeper toned flutes.

Fingering – sliding the finger off the hole slowly will draw the note out (bending the note). Covering only half of the hole will create a different note.

Rhythm – every song has a rhythm. With the flute the rhythm is created with the tongue by simulating the letter "T". Repeat the letter "T" with your tongue into the flute & then slowly back off & become more subtle with it.

Find more information and songs at <http://highspirits.com/pages/how-to-play-pocket-flutes>