



Track by Track

1. **Sunlight** (4:20) *Piano, Fiddle, Drums, Bass, Mandolin, Harmonies*
A rollicking fiddle and piano driven song about life's adventures and the quest for love, and the maturity that can eventually come from both.
2. **Arcata Song** (5:03) *Guitars, Bass, Drums, Harmonies*
A haunting, fog-drenched tribute to Carrie's Northern California hometown.
3. **On the Way To Ashfield** (3:09) *Piano, Fiddle, Horns, Drums, Mandolin, Harmonies*
A raucous road-trip tune complete with horns and fiddle and a choir hopped up on pancakes and maple syrup! Featuring a shout-out to the beloved MA eatery, Elmer's Store.
4. **The List Of Whales** (4:12) *Piano, Guitars, Bass, Drums, Strings, Harmonies*
Three part acapella harmony singing begins this lush pop ballad, an urgent plea to remember our connection to the natural world.
5. **Sealie** (3:42) *Guitar, Bass, Snare, Mandolin, Harmonies*
A sweet and haunting love song about letting go of past pain.
6. **Thomas' Horse** (3:52) *Piano, Bass, Drums, Mandolin, Harmonies*
A piano-driven horse ride through the mountains of Vermont and New Hampshire, a story of youthful courtship and elopement.
7. **Wooden Nickel** (3:44) *Piano, Fiddle, Bass, Drums, Harmonies*
A slinky and strutting dance tune musing on reincarnation and the meaning of life.
8. **Song For My Addiction** (3:09) *Guitars, Bass, Drums, Clarinet, Piano, Harmonies*
Dub-infused Klezmer Ska....a hilarious, playful, self-defacing ode to perseveration and chronic worry.
9. **Food Song** (1:47) *Acapella*
This tune explores the function of food beyond physical sustenance, food as a metaphor for love, relationships, and power struggles.
10. **Stretchmarks** (4:27) *Guitar, Bass, Harmonies*
A simple and haunting ballad about loss leading to the discovery of self.
11. **Grandmother Tree** (5:21) *Piano, Violin, Mandolin, Cello, Harmonies*
Lush strings and a magical tree that heals broken hearts.
12. **To the Moon** (4:10) *Guitar, Mandolin, Bass, Cello, Harmonies*
A bitter-sweet reflection on the loneliness that sometimes accompanies pursuing one's dreams.



photo: Glenn Koetzner

NOTABLE VENUES COLLEGES / FESTIVALS PLAYED

Iron Horse Music Hall
Northampton, MA

Club Passim
Cambridge, MA

**Falcon Ridge Emerging
Artist Showcase 2013**
Hillsdale, NY

Pete's Candy Store
Brooklyn, NY

Pianos
NYC

The Parlor Room
Northampton, MA

The Bull Run
Shirley, MA

Upper Valley Music Festival
Turners Falls, MA

**North Quabbin Garlic and Arts
Festival**, Orange, MA

RADIO PLAY

WUMB 91.9 FM, Boston, MA

WRSI 93.9 FM, Northampton, MA

WMUA 91.1 FM, Amherst, MA

WXOJ-LP 103.3 FM,
Northampton, MA