



ROADRUNNER
FITNESS
PERSONAL TRAINING

Private Training

(Sessions approximately 1 hour)

# of Sessions	Cost Per Session	Total Package Cost
1	\$80.00	\$80.00
4	\$75.00	\$300.00
8	\$70.00	\$560.00
12	\$65.00	\$780.00

Express 1 on 1

(Sessions approximately 30 minutes)

# of Sessions	Cost Per Session	Total Package Cost
1	\$65.00	\$65.00
4	\$60.00	\$240.00
8	\$55.00	\$440.00
12	\$50.00	\$600.00

Semi-Private

(Sessions approximately 1 hour for 2 people)

# of Sessions	Cost Per Session	Total Package Cost
1	\$115.00	\$115.00
4	\$110.00	\$440.00
8	\$105.00	\$840.00
12	\$95.00	\$1140.00