

TOMMY GARDNER

Motivational Assemblies

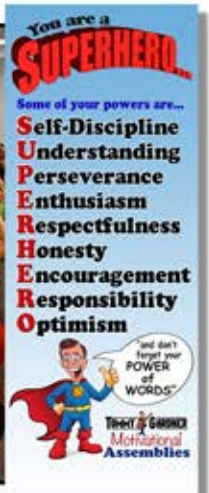
A Resource Guide For Teachers

Stand Up To Bullying!

Performance by:

Tommy Gardner
Motivational Assemblies

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ABOUT THE PERFORMANCE

This fun, educational, and highly interactive program is loaded with songs about respect (self and others, country), kindness, cultural awareness, and a strong anti-bullying message interlaced throughout, compatible with the Olweus Bullying Prevention Program (OBPP).

A 'motivational' assembly is much different than simply a music performance. The songs are introduced with short, age-appropriate motivational messages, often using humor to engage the child. A fun, but effective study guide is available upon request to further reinforce the powerful messages from the assembly.

In this show the students are called *superheroes* because they can use their 'superpowers' to lift people up, or hold them down. Powers we all have such as; the power of words, inspiration, imagination, perseverance, and others.

CURRICULUM CONNECTIONS

- Anti-bullying
- Character education
- Teamwork
- Respect, kindness
- Conflict resolution
- Work ethic, persistence

The audience is a very important part of the performance. Please talk to your students about what it means to be an audience member and how a "live" performance is different from TV and movies. Some performances may involve audience participation so students should be prepared to behave appropriately, given the nature of the performance and the requests of the artists on the stage.



"Stand Up To Bullying!"-This rallying, anthem-type song is the perfect ending to the show. The audience stands for the choruses and sits for the verses as they march, clap, and hold up an imaginary sign, singing, "stand up to bullying!"

"Everybody stand up! Stand up to bullying, there's no room for bullying here, clap your hands everyone if you agree that you want it to disappear!"

Now march in place, hold up your sign, let's pretend we are rallying, Because the message on his and hers and mine, says stand up to bullying"

"Teasebuster" - This audience favorite invites them to join the Teasesbuster Club (as a superhero) and tells the story of a girl and a boy being teased in school.

"We are teasebusters, some don't think it through, the words they are about to say might be mean and cruel we are teasebusters and we just turn away, we won't get mad, we won't get sad no matter what they say"

"Bully Bubba" - This fun tongue twister challenges the student to listen and try to learn the chorus, but messages are all throughout about a fictional boy, "Bubba", who bullies children with words. It also offers some ideas about what to do about it. This conflict resolution song is a great conversation starter for anti-bullying programs.

"Bully Bubba", cont.

*"Everybody's bitter about bully Bubba
'cause Bubba is the biggest bully in the whole school
Bully Bubba belts out big bully banter
'cause Bully Bubba doesn't know that bullies aren't cool"*

"AOK (Acts Of Kindness)"

The other side of bullying is respect and kindness, and much of show talks about what a real superhero would do. This song encourages the audience to collect 'AOK's', (much like the bucket metaphor many programs use). In fact, one of the three things they are told they need to do to join the 'Teasebuster Club' is to collect AOK's every day. Wouldn't this make a great morning conversation in class?

The overwhelming theme to this song (and the entire assembly) is that 'kindness costs nothing!', or AOK's are free.

"I'm A Superhero"

This song solidifies the superhero message in a fun, engaging manner.

*"I'm a superhero 'cause I choose to be,
I have powers just like you living inside of me
I'll use them to healthy and to help those when they fall
I'm a superhero I feel powerful"*

"Think Before You Type It"

This song, written for the older elementary grades, addresses the growing problem of cyber-bullying. It expands on the idea of "think before you speak" in order to avoid hurting someone's feelings. Also, the message that 'once you put it in cyberspace, you can't take it back' is a much needed one with today's internet culture.

*"Think, think, think before you type it
remember the consequences your words might get
if someone wrote this about you would you like it, so
think, think, think before you type it."*

*Think, think, think before you type it
once you press enter you can't deny it
even if you're tempted, don't you try it, just
Think, think, think before you type it
Think, think, think"*

"Face To Face"

Another song for the older grades that addresses the new phenomenon of people with their faces planted in their phones instead of engaging in a conversation with those we are with. The simple message here is that they may want to consider the idea that they are taking a memory away from their parents, grandparents, etc. by missing out on some valuable time together.

"Four Best Friends"

This song about self respect uses the idea that we all have four best friends to take care of; our body, mind, spirit, and soul. When we respect one, we respect all.

We also start and finish each show with a tune they know (or should know) to reinforce patriotism and respect for this country. We begin with "Grand Old Flag" and end with "This Land Is Your Land".

Notes: Additional songs are included according to the length of assembly program.

Many schools choose to have the artist insert a song or two with themes from their other shows. For example, songs about kindness, respect, patriotism, perseverance, recycling and being green, health and fitness, cultural awareness, etc. Please don't hesitate to contact us about any concerns or questions you may have.

"The BEST assembly we ever had!" Milton Elementary, Marlboro, NY

About The Artist

Tommy Gardner has performed in hundreds of elementary schools, libraries, town concerts, and other family events for the past 20 years. His work solo and with The Uncle Brothers has earned him multiple Parents Choices awards for his 9 children's CDs, as well as numerous other awards, including iParenting, Children's Music Web, Parents Guide Award, and others. His passion is to inspire children through his original music and motivate them to become kinder, healthier, and more productive and tolerant people as they grow up and prepare for middle school.

Tommy has coined the phrase 'Motivation Assemblies' because of his unique gift for reaching children through humor and supporting his messages through his lively and clever original songs.

All songs written and copyrighted by Thomas C. Gardner

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