

# Adam Cole

## EDUCATION

**Georgia State University**, Master of Music, Concentration in Music Education 2010  
**Georgia State University**, Bachelor of Music, Summa cum Laude 2006  
**Oberlin College**, Bachelor of Arts 1991

## APPLIED STUDIES

**Composition**, Nikitos Demos, Curtis Bryant, Dennis Eberhard  
**Conducting**, Alan Raines, Robert Ponto, Daniel Moe  
**Classical Piano**, Geoffrey Haydon, Ivan Waldbauer, John Chagy  
**Jazz Piano**, Danny Harper, Geoffrey Haydon, Ted Howe, Neal Creque  
**Cello**, Martha Gershefski

## CERTIFICATION

**TESOL Foundational (TESOL International Association)** 2021  
**TEFL (TEFL in China)** 2021  
**Clear Renewable Certificate, Music P-12,**  
**Endorsements: Instructional Coaching** 01/2006-present  
**Dale Carnegie Training** 2002  
**Guild Certification, *Feldenkrais Method*** 2001-present  
Four year, eight-session training (800 hours) to gain Certification

## SEMINARS AND WORKSHOPS

**Attendee - Cognitively Based Compassion Training** 2016  
**Clinician - Elementary Choral Festival, Atlanta Public Schools** 2015  
**Clinician - Dalcroze and the Feldenkrais Method – working with Special  
Needs populations (autism, disability, veterans) – co-presented  
With David Frego (Dalcroze) – Longy Dalcroze Summer Institute** 2013  
**Clinician - The Feldenkrais Method – Summerflute, Andover Educators  
– Columbus, GA** 2012  
**Consultant – The Feldenkrais Method Alan Fraser Piano  
Workshop – Northampton, MA** 2011  
**Attendee - Future Horizons - Autism and Asperger’s  
Syndrome Conference** 2010

## HONORS AND AWARDS

**Graduate Assistantship**, 2009, Georgia State University  
**“Excellence in Teaching” Award**, 2007, Georgia State University  
Graduate Scholarship awarded on the basis of merit in professional  
practice  
**Recommended Reading List:** “Valerie Jackson *Between The Lines*, 2007” for  
*Hofstadter’s Grandchildren*  
**Best Of Websites**, ByRegion.net for [www.feldenkraisinfo.com](http://www.feldenkraisinfo.com)  
**Vernon B. Kellet Award in the Humanities**, 1987, The Lovett School

## PROFESSIONAL DUTIES

<b>Director, Willow Music</b> Head of music instruction at Willow School of Georgia Oversee multiple teachers instructing children and adults in piano, voice, composition and other studies. Two recitals yearly.	<b>2021-Present</b>
<b>President, TruerMU</b> Design, launch and maintain <a href="http://www.TruerMU.com">www.TruerMU.com</a> , providing self-paced online instruction and teacher certification in blues and jazz improvisation, pedagogy and arts-marketing courses.	<b>2020-Present</b>
<b>Director, Grant Park Academy of the Arts</b> Head of music instruction business with multiple teachers instructing children and adults in piano, voice, composition and other studies. Homeschool and afterschool workshops and series. Summer camps Two recitals yearly.	<b>2014-2020</b>
<b>Project Manager, Georgia Department of Education</b> Facilitated committee meetings, served as a content expert for music in state revision process for music GPS. Edited documents for content and vertical alignment between grade levels. Met with teachers to reach consensus, set up meeting rooms, met with State Fine Arts Manager, planned project details and wrote content.	<b>2017-2018</b>
<b>Webmaster - Greater Atlanta Choral Exchange</b> <a href="http://www.atlantachoral.weebly.com">www.atlantachoral.weebly.com</a> Designed and managed county-wide website to serve Greater Atlanta Chorus and General music teachers	<b>2014-present</b> <b>2011-Present</b>
<b>Fine Arts Support Team</b> Appointed by Fine Arts Coordinator to serve on team both as an advisor to Elementary Music Specialists in APS, and a liason between elementary and middle-school choral instructors.	<b>2014-Present</b>
<b>Superintendent Advisory Council</b> Nominated by principal to represent Haynes Bridge Middle School in three County Wide discussion groups incorporating teachers from all subjects asked to assess Superintendent Avossa's initiatives for the future of Fulton County.	<b>2013-2014</b>
<b>Scheduling Committee, Haynes Bridge Middle School</b> Worked to develop the Master Schedule for the 2014-2015 year.	<b>2013-2014</b>
<b>Georgia Department of Education, Student Learning Objectives</b> Nominated by principal to represent Haynes Bridge Middle School in statewide seminar discussing the development of Student Learning Objectives for Fulton County	<b>2013</b>
<b>Chair of Connections Department, Leadership Committee</b> Represented all Arts and PE teachers on a committee consisting of Grade Level Chairs and Administrators	<b>2011 - 2014</b>

Facilitated disbursement of information from Leadership meetings to Arts and PE teachers.

**Chair, Middle School General Music, Fulton County Schools** 2010 - 2013  
 Appointed position, offering advisement and mentorship to Fulton County music teachers.  
 Designed comprehensive lesson plans for General Music classes 6-8 to be made available to all teachers in the county

**Reading and Writing Committee, Haynes Bridge Middle School** 2012- 2013  
 Served on team to increase reading and writing scores across grade levels

**Music Teacher, Hebrew For Home School** 2010 - Present  
 Taught traditional and modern music to approximately 12 students on a monthly basis

**Webmaster, Fulton County Choral Exchange** 2011-Present  
[www.fcchoral.weebly.com](http://www.fcchoral.weebly.com)  
 Designed and managed county-wide website to serve Fulton County Chorus and General music teachers

**Curriculum Committee, Fulton County Music Department** 2010  
 Worked as part of a team to align Fulton County music curriculum with Georgia Music Standards  
 Created example lesson plans for Fulton County to suggest implementation of state standards

**Education Committee – Congregation Shearith Israel** 2009 –2010  
 Supported the activities of Congregation Shearith Israel's Hebrew School program in conjunction with the Synagogue Board of Directors.

**Publisher/ Webmaster – [www.feldenkraisinfo.com](http://www.feldenkraisinfo.com)**  
 2001-2011  
 Maintain informative educational site on *The Feldenkrais Method*®  
 Publish monthly subscriber-based webzine: *Possibilities (2001-Present)*  
 Wrote monthly articles on topics related to *The Feldenkrais Method*

**TEACHING EXPERIENCE**

**English ESOL Teacher, VIPKid** 2019 - present  
 (TESOL, TEFL, VIPKid Major Course Certified Level 2-6)

**Soronisto (Music Atelierista), The Willow School of Georgia** 2019 - present

**Music Specialist, First Presbyterian Preschool of Atlanta** 2017- 2019

**Camp Counselor, Camp Best Friends, First Presbyterian Preschool of Atlanta** 2017-2019

**Piano Faculty, School of the Fine Arts, First Presbyterian Church** 2017-2019

**Piano Faculty, Lovett Conservatory of Music** 2014-2018

**Choral and General Music Director, Hope Hill Elementary School** 2014 - 2017

Teach Chorus and General Music PK through Grade 5  
Serve as Cultural Exchange Coordinator  
Serve as EIP coach to teach reading and math skills.  
Male Student Mentor Committee  
Data Committee

***Choral Director, Haynes Bridge Middle School***

**2010 – 2014**

Serve as Connections Department Chair, representing all  
Connections teachers on Leadership Committee  
Teach chorus and general music to grades 6-8  
Responsible for 3 Chorus Classes and 3 General Music classes daily,  
with a maximum of 40 students per class.  
Put on 3 concerts a year at school  
Participated in Cluster Concert  
Took students to LGPE  
Provided opportunities for students to sing in their community  
Participated in All-State Chorus  
Participated in Regional and Statewide Honor Chorus with my  
students  
Served as a Mentor for at-risk students  
Design and maintain website for Choral and General Music program

***Music Specialist, Mountain Park Elementary***

**2006-2010**

Finalist, Teacher of the Year, 2009 (appx. 70 teachers on staff)  
Co-taught chorus and general music PK through 5<sup>th</sup> grade  
Put on 2 choral concerts and 3 grade-level PTA concerts a year  
Worked on the Autism Team to heighten awareness of Autism  
Spectrum Disorders in the school community. Attended  
conferences in order to report back to the school

***Music Instructor, Grant Park Cooperative Preschool***

**summer 2005 and 2006**

Taught 3 daily music classes 5 days a week, 5 two-week  
sessions, to 1-4 year olds  
Designed a Reggio-Emilia curriculum to align with Grant Park Cooperative  
Preschool's teaching philosophy  
Generated a public presentation detailing the use of Reggio-Emilia methods in the  
music classroom

**OTHER PROFESSIONAL EXPERIENCE**

***Conductor***

Atlanta Guitar Orchestra

**2019-Present**

***Accompanist***

Jacobson Violin Studio (Suzuki Method)

**2014-2019**

***Educational Consultant***

Clients include Woodruff Arts Center ASO Education

**2013-Present**

***Freelance Editor***

Developmental Editor for *The Road That Leads to Awesome* by Beau  
Groover and Michael McIntyre.

**2012-Present**

Developmental Editor for B2T Training Video Series

Developmental Editor for "Dummies" series: Converted  
chapters of "Business Analysis For Dummies" into  
"Dummy" format

- Developmental and copy-editor for *The Five Coaches Along The Extra Mile* by Kupe Kupersmith
- Editorial Staff, The Feldenkrais Journal** 2011-Present  
Review submissions to *The Feldenkrais Journal* and make recommendations regarding suitability for publication  
Edit articles to be used in magazine
- Fulton County Middle and High School Second Annual Summer Summit – Atlanta, GA** 2013  
Attended seminars on Balanced Approach to Assessment, Higher Level Questions, Using Data to Differentiate, Student Centered Classroom, Teacher Leadership
- Georgia Department of Education, Student Learning Objectives** 2013  
Nominated by principal. Four day seminar. Worked in teams to design assessment items for the Georgia Department of Education (TKES).
- Staff Organist, Leland United Methodist Church** 2004-6  
Accompanied church-choir on organ for weekly Sunday service, special events, and rehearsals.
- Leader, Adam Cole Trio** 1992-2004  
Managed a jazz ensemble of three to seven players  
Featured on CNN.com and Local Access Television  
Played at major club venues around Georgia  
Advertised and maintained client-relationships with private individuals, caterers and hospitality managers.
- Editor, Que Publishing** 2002  
Edited manuscripts and review proposals for music software and industry publications.
- Company Pianist, Atlanta Ballet, Ballet Tennessee, Capitol City Ballet** 1992-1997  
Accompanied classes for Atlanta Ballet and Atlanta Ballet Center for Dance Education  
Collaborated with Jacques D’Amboise, Robert Barnett, John McFall, Tom Pazik, Geoffry Graham Hughes, Jon Rodriguez, Denise Jefferson, Andre Tyson, Ron Jones, Anna and Barry VanCura, Diana Turner, Chris Cangelosi, Mel Tomlinson, Kathy Macbeth

## INTERVIEWS AND MEDIA FEATURES

**5X5 Jewish Authors to Read This Winter - Ainsley Bowar - Bookstr - December 8, 2020**

**How to Take Criticism: Stories and Advice - Katie Holmes, Outwit Trade - November 27, 2020**

**Adam Cole of Grant Park Academy of the Arts: Giving Feedback; How to Be Honest Without Being Hurtful - Penny Bauder - Authority Magazine - November 10, 2020**

**Expert Tips for Navigating Travel Quarantines and Travel Bans - Christopher Elliot, Forbes.com, October 10, 2020**

**Behind the Confusion of What Often Becomes Right or Wrong for Us - Michael Toebe, Red Diamond Features, August 20, 2020**

**Art Inspiration Advice From Artists - Effective Nerd, June 5, 2020**

**How To Develop Mindfulness And Serenity During Stressful Or Uncertain Times - Thrive Global, May 5, 2020**

**15+ Signs of an Untrustworthy Person - Upworthy, May 6, 2020**

**What is Creativity and Can AI Automate It? Brett Friedman, May 3, 2020**

**The Autism Spectrum and Music Education - An Interview with Adam Cole - Autisable Podcast, with Joel Manzer, Season 3, Episode 1, April 1, 2020**

**How To Develop Mindfulness and Serenity During Stressful or Uncertain Times - Authority Magazine, March 23, 2020**

**I Am & Co "How to Deal With Someone Who Won't Forgive You" - Christine Schoenwald  
November 18, 2019**

**Learning Success - "How Parents' Emotions Affect Their Children, and What To Do About It" - Janice Acosta  
November 18, 2019**

**UpJourney - "How to Let Go of Expectations and Why It's Important" - Carmen Jacobs  
November 12, 2019**

**Rasmussen College - "Eleven Proven Classroom Management Tips for Preschool Teachers" - Brianna Flavin  
November 10, 2019**

**UpJourney - "Nine Fantastic Graphic Novels From the Dark Age of Comics" - Adam Cole  
November 06, 2019**

**UpJourney - "How to Stop Yourself From Talking Too Much - According to 13 Experts" - Carmen Jacobs  
November 04, 2019**

**UpJourney - "How to Answer - 'How Do You Handle Stress' Interview Question - Carmen Jacobs  
October 31, 2019**

**Medium - "So, Why Are We Attracted To The Joker?" - Gina Daniel  
October 30, 2019**

**UpJourney - "How To Ask Someone to Be Your Mentor" - Carmen Jacobs  
October 15, 2019**

**Freelancer And Other Words That Start With F - "Freelance Writing: It's Your Turn With Adam Cole, Writer" - Elizabeth Dunne  
October 11, 2019**

**Twinkl - "Five Ways to Tackle Racism in Education" - Kerry Griffiths  
October 06, 2019**

**UpJourney - "Stephen R. Donaldson Books In Order" - Adam Cole  
October 06, 2019**

**UpJourney - "Best Books By Moshe Feldenkrais" - Adam Cole**

**October 06, 2019**

**Twinkl.com - "How to Succeed in Your First Year As A Teacher" - Twinkl.com  
September 24, 2019**

**Study.com - "7 Educators Share Their Advice for New Teachers" - Jessica Lyons  
September 24, 2019**

**Digital Examiner - "58 of the Most Influential Books on Emerging Leaders' Mindset" -  
Joel Whipple  
September 20, 2019**

**MedReps.Com - "Trust The Process: Embrace Missed Opportunities in Your Career  
Journey" - Karyn Mullins  
September 12, 2019**

**Twinkl - "Lesson Planning Tips Proven To Save You Time" - Liam Taft  
September 12, 2019**

**Fupping - "The 37 Best Books To Learn About God" - Zak Parker  
September 06, 2019**

**Worthington Direct - "How the Experts Prepare for Back to School" - Crimson Allen  
August 21, 2019**

**Boove - "Unique Reads for Injecting Magic Into Your Storytelling" - James Jackson  
August 08, 2019**

**Twinkl - "How Can Parents And Carers Prevent Summer Learning Loss?" - Kerry  
Griffiths  
August 02, 2019**



**"How to Prevent Bullying in the Classroom" - Brandman University - Brandman University  
July 30, 2019**

**Thrive Global - "Mental Health Champions - Making Music Helps Me to Address My Anxiety..." - Yitzi Weiner**

**July 12, 2019The Enterprisers Project - "6 Ways to Kick Off A Difficult Conversation" - Carla Rudder  
July 09, 2019**

**Kars 4 Kids - "Reggio Emilia: 100 Languages to Learn and Grow" - Varda Epstein  
June 27, 2019**

**I Am & Co. "How To Get Over Disappointment and Live a Full Life" - Christine Schoenwald  
June 25, 2019**

**Smarter This Summer - "Learning Over the Summer" - Learning Success  
June 25, 2019**

**ContenderCast With Justin Honaman - Interview With Adam Cole - "Management Jazz: Lead Like A Bandleader" - Justin Honaman  
June 24, 2019**

**Rasmussen College - "Firsthand Advice for Working Full-Time in Grad School" - Ashley Brooks  
June 16, 2019**

**Pretty Progressive - "Become a Multiculturalist With These 11 Books About Different Cultures" - Alte Friedman  
June 11, 2019**

**Fupping - "Literature Majors Should Read All of These 14 Books" -**

**June 09, 2019**

**Worthington Direct - "How to Know When Your Child Is Ready for Pre-K" - Crimson Allen**

**June 03, 2019**

**I Am & Co - "How to Get Out of a Funk & Get Happy" - Christine Schoenwald**

**April 30, 2019**

**Fupping - "Books About Education" - Zak Parker**

**April 22, 2019**

**Fupping - "Books About Unicorns" - Zak Parker**

**April 22, 2019**

**I Am and Co - "Feeling Unappreciated? Here's How You Can Deal" - Christine Shoenwald**

**April 15, 2019**

**Rasmussen.edu "A Realistic Look at the Preschool Teacher Job Description" -**

**Brianna Flavin**

**April 09, 2019**

**Thrive Global - "Learning to Finally Love Yourself" - Bianca Rodruigez**

**March 28, 2019**

**CEO Blog Nation - "26 Entrepreneurs Explain Their Favorite Songs to Get Them Motivated" - Gresham Harkless**

**March 27, 2019**

**Jennings Wire - "Adam Cole Tells How He Promoted His Book, Motherless Child" -**

**March 18, 2019**

**UpJourney - "What is Success? (Great Answers from 35 Successful People) - Carmen Jacob  
March 04, 2019**

**UpJourney - "Why and How To Wake Up Early" - Carmen Jacob  
March 01, 2019**

**LAMA - "Meet Adam Cole, Co-Director of the Grant Park Academy of the Arts" -  
LAMA  
February 27, 2019**

**Niche - "How to Find the Right Private School For Your Child" - Larry Bernstein  
February 26, 2019**

**Thrive Global - "21 Experts Share How to Write or Get Featured in Top Publications  
Such as Forbes, Entrepreneur, or Inc.com - Christina D. Warner  
February 24, 2019**

**Fupping - "Master Leadership With These 27 Expert Books" - Zak Parker  
February 21, 2019**

**UpJourney - "Does Hard Work Pay Off in the End?" - Carmen Jacob  
February 18, 2019**

**Fupping - "Five Swinging Gift Ideas for Passionate Jazz Lovers" - Ben Skute  
February 16, 2019**

**Luvdaily - 38 New Versions of "Roses are Red, Violets are Blue" - Zach Short  
February 16, 2019**

**Niche - "What Are the Pros and Cons of Private School?" - Larry Bernstein**

**February 11, 2019** Thrive Global - "Mental Stamina of a Great Business Mind - Interview with Adam Cole About How to Play the Long Game of Creativity" - Dr. Damian Jacob Sendler  
January 30, 2019

**Clavier Companion** - "Counting Out Loud: A Fresh Look at a Traditional Practice Tool" - Adam Cole  
January 30, 2019

**Fupping** - "Twelve Captivating Dystopian Books That Will Keep You On the Edge" - Taegan Lion  
January 30, 2019

**Fupping** - "Twelve Graphic Novels You Should Read Before Bedtime" - Taegan Lion  
January 29, 2019

**Transizion** - "Expository Writing" - Ashley C.  
January 26, 2019

**Transizion** - "191 Best Persuasive Speech Topics" - Ashley C.  
January 26, 2019

**UpJourney** - "What is the Difference Between Knowledge and Wisdom?" - Carmen Jacob  
January 20, 2019

**UpJourney** - "How to Be A Better Husband" - Carmen Jacob  
January 18, 2019

**Credit Donkey** - "Delta Sky Club: What You Need to Know" - Emma R.  
January 15, 2019

**Fupping** - "Six Riveting Books That Will Amplify Your Knowledge of American History" - Taegan Lion  
January 13, 2019

**Fupping** - "Eight Captivating Time Travel Science Fiction Books That Will Warp Your Mind" - Taegan Lion  
January 13, 2019

**MarketWatch** - "How Do You Follow A Larger-Than-Life Predecessor?" - Nicole Lyn Pesce

**January 13, 2019**

**Rasmussen College - College Life - "Is A Master's Degree Worth It? 7 Questions to Clarify Your Career Ambitions" - Brianna Flavin  
January 08, 2019**

**Psychology Today - "The Michelangelo Effect - When Your Partner Brings Out the Best in You" - Sara Eckel  
January 07, 2019  
This article is also in the February 2019 print edition of the magazine.**

**UpJourney - "How to Stop Being Critical of Others" - Carmen Jacob  
January 04, 2019**

**Thrive Global - "Living With a Ravenous Thirst for Life - Interview with Adam Cole" -  
Dr. Maria Kostina  
December 28, 2018**

**Authority Magazine - "Living With a Ravenous Thirst For Life - Interview with Adam  
Cole" - Dr. Maria Kustina  
December 28, 2018**

**UpJourney - "Why Done is Better Than Perfect" - Carmen Jacob  
December 22, 2018**

**UpJourney - "Why Is Self Discipline Important?" - Carmen Jacob  
December 19, 2018**

**UpJourney - "Why Money Can't Buy Happiness" - Carmen Jacob  
December 19, 2018**

**Transizion - "How To Study for Finals and Midterms in High School (and Beat Every  
Exam)" - Rhonda A.  
December 19, 2018**

**UpJourney - "How to Stop Being Insecure About Yourself" - Carmen Jacob  
December 16, 2018**

**UpJourney - "How To Believe In Yourself More" - Carmen Jacob  
December 16, 2018**

**UpJourney - "How to Stop Loving Someone Who Doesn't Love You" - Carmen Jacob**

**December 16, 2018**

**UpJourney - "Twenty-Two Reasons Why Goal Setting Is Important For Success" -  
Carmen Jacob  
December 07, 2018**

**UpJourney - "How to Deal with Controlling People" - Carmen Jacob  
December 07, 2018**

**Transizion - "How to Ask For (and Get) a Powerful Letter of Recommendation" -  
Haley Morgan Booker  
December 07, 2018**

**Family Jan/Feb 2018 - "Encouragement Tips for Shy Students" - Melissa Erickson  
December 05, 2018  
Family\_Jan-Feb\_2019.pdf**

**UpJourney - "What Are the Most Important Things In Life?" - Carmen Jacob  
November 27, 2018**

**UpJourney - "How to Improve Your Social Skills" - Carmen Jacob  
November 27, 2018**

**UpJourney - "Why Is Work Life Balance So Important In Today's World?" - Carmen  
Jacob  
November 22, 2018**

**Upjourney - "How To Stop Thinking About Something" - Carmen Jacob  
November 21, 2018**

**Upjourney - "What Would You Tell Your Younger Self?" - Carmen Jacob  
November 16, 2018**

**OnlineLabel - "Forming Your Company" - Erin Pearlman  
November 14, 2018**

**Upjourney - "What Is Self Respect and Why is it Important?" - Carmen Jacob  
November 12, 2018**

**UpJourney - "Why Is Critical Thinking Important?" - Carmen Jacob  
October 29, 2018**

- [fupping.com](http://fupping.com) - "Eight Books You Should Read After the 'Harry Potter' Series" - Taegan Lion 2018
- [fupping.com](http://fupping.com) - "Five Great Tips On How To Compose a Complaint" - James Metcalfe 2018
- [fupping.com](http://fupping.com) - "Surviving School: 7 Tips For Surviving Harsh Teachers" - James Metcalfe 2018
- [fupping.com](http://fupping.com) - "Eight Books That Are Worse Than Their Film Counterparts" - Taegan Lion 2018
- [fupping.com](http://fupping.com) - "Procrastination: How To Spot When You're Not Working And What To Do Next" - James Metcalfe 2018
- [NBCNews.com](http://NBCNews.com) - "Parents, this is how you can help your kid's teacher this year" - Vivian Manning-Schaffel 2018
- [univerities.com](http://univerities.com) - "Advantages Older Students Often Have Over Younger Ones" - Beth Hering 2018
- Fit Small Business - "35 Creative Marketing Ideas From Publishing Pros" - Anna Dizon 2018
- Horror Tree - "Best Books For Authors" - Stuart Conover 2018
- Fupping - "Here is Why Music Should Be Incorporated Into Your Working Day" - James Metcalfe 2018
- Martha Stewart Weddings - The Most Important Truths About Marriages, as Told By Couples Who've Been Married 20+ Years - Jenn Sinrich 2018
- Fupping - "I got Fired - What To Do On the Day You Are Fired" - Zak Parker - 2018
- Fupping - "Decades" Review - Explore the World of Folk Rock Music - James Metcalfe 2018
- [My\\_Corporation.com](http://My_Corporation.com) - Experts Weigh In: Where Do You Go To Get Out of a Creative Rut? - Deborah Sweeney 2018
- Fupping - Five Practical Tips You Can Use to Effectively Get Tasks Completed - Ben Skute 2018
- Fupping - Become a Lion: How to Befriend Successful People - Ben Skute 2018
- Fupping - Twenty-Three Tips on Staying Motivated To Study for Students - Ben Skute 2018
- Fupping - Six Steps to Dealing With Arguments in a Healthy Way - James Metcalfe 2018

Authority Magazine - "Know Who Your Audience Is and What They Want - Akemi Sue Fisher 2018

Fupping - Expanding Your Business: When to Make the Leap - 2018

ValuePenguin - Small-Biz Interviews: How Your Startup Can Leverage Debt - 2018

[fupping.com](http://fupping.com) - Inspirations: Boost Your Creative Energy With These Eight Tips - James Metcalfe - 2018

CEO Blog Nation - 13 Entrepreneurs Share Ideas on How to Think Bigger - 2018

[fundera.com](http://fundera.com) - Starting a Business With a Friend: The Important Do's and Don'ts 2018

[fupping.com](http://fupping.com) - Books Team Leaders Should Read to Develop Their Team Leadership Skills - 2018

ShareThis.com - "Getting the Most Out of Facebook Audience Insights" - Angela Stringfellow - 2018

CharlotteHunt.com - "Featured Artist Adam Cole, Music Educator, Author, Musician, Encourager" - Charlotte Hunt - 2018

Nexus - Never Too Old For A Degree - Andres Molina 2018

Kick - Fearless Faces - 2018

College Factual - What Can You Do With an English Major? Advice From Former English Students - Carly Stockwell - 2018

FitSmallBusiness - 28 Most Inspiring Management Quotes - Anna Dizon - 2018

Business Management Daily - "Parent Power: How Raising Children Can Make You A Better Manager" - Beth Braccio Herring 2018

[fupping.com](http://fupping.com) - "The Marketing Campaigns That Never Should Have Worked, But Did" - Nathaniel Fried 2018

VIP Kid - "What Can I Do With A Teaching Degree? - Answered By 10 Career Experts" - Emmanuel Fontaine-Ogwag 2018

Reader's Digest - "Nineteen Inspiring Quotes From Teachers Around The World" - Morgan Cutolo 2018

Worthington Direct - "How Does A Classroom Design Affect A Child's Ability to Learn?" - Crimson Allen 2018

Thrive Global - "Seventy-Five Prominent Influencers Share Their Top Advice"- Yitzi Weiner 2018

"Reader's Digest" - Eleven Stories That Prove the Life Changing



<b>Impact of Take-Your-Daughter-to-Work Day” - Gina Ryder</b>	<b>2018</b>
<a href="http://fupping.com">fupping.com</a> - “Books You Ought To Read Before You Become a Great Writer” - Nathaniel Fried	<b>2018</b>
<b>Short Video Feature: “Teaching the Blues to Beginners, 3”</b>	<b>2017</b>
<b>Short Video Feature: “Teaching the Blues to Beginners, 2”</b>	<b>2017</b>
<b>Short Video Feature: “How to Teach the Blues to Anyone” dir. B. Henderson</b>	<b>2016</b>
<b>“The Beatles Would Have Dug Me” Music video, directed by Sam Cole</b>	<b>2016</b>
<b>“What I Do,” Short film, co-created by Adam Cole and Brandon Henderson</b>	<b>2015</b>
<b>Music Producer, Pianist, and Arranger: Goodman’s Salute (short film by Dewayne Bontrager <a href="http://twiinmedia.com/goodmans-salute-video.html">http://twiinmedia.com/goodmans-salute-video.html</a>)</b>	<b>2013</b>
<b>Short Video Feature: Solfège Town In The Classroom with Adam Cole</b>	<b>2013</b>
<b>Short Video Feature: Five Books in Three Years by Milford Thomas</b>	<b>2012</b>
<b>Documentary: 10 Songs in 30 Days, by William Rossoto</b>	
<a href="http://www.youtube.com/watch?v=rihad_IIIv8">http://www.youtube.com/watch?v=rihad_IIIv8</a>	<b>2010</b>
<b>Kol Korei – The Voice of Congregation Shearith Israel</b> Member profile – interview and biography	<b>2010</b>
<b>CNN.com</b> Adam Cole Trio interviewed for Monterey Jazz Festival on the “rules of jazz.”	<b>2009</b>
<b>Atlanta Jazz and Blues – Tom Carpenter, Producer</b>  Adam Cole Trio featured in a 6-song set. Aired numerous times.	<b>2006</b>
<b>Booknet: Interview with Adam Cole, Author of “The Myth of Magic”</b>	<b>2001</b>
<b>Booknet: Review - “The Myth of Magic” - Leslie Meade</b>	<b>2001</b>
<b>WGKA AM 1190 (now AM 1690)</b>  Interview with Steven Lebow on Adam Cole’s book <i>Ballet Music For the Dance Accompanist</i>	<b>2001</b>
<b>Home At Last – Patty Girona, Host</b> Interview on <i>Ballet Music for the Dance Accompanist</i>	<b>2001</b>

## PRESENTATIONS

- “Teaching Piano (and Other Instruments) to Young Students”** - School of Fine Arts,  
First Presbyterian Church, Atlanta, GA August 7, **2019**
- “Math and Music Notation: Improving Performance By Moving Through Imaginary  
Spaces”** - ILAS, Hebrew University, Jerusalem, October 22, **2018**
- “Accurate Assessments in Music Instruction”** Woodruff Arts Center, APS Professional  
Development **2016**
- “How Arts Teachers Improve Reading and Math”** Presentation to Georgia House of  
Representatives, Education Committee, First Education Listening Session  
**2016**
- “Effective Communication With Parents”** Hope Hill Elementary School **2015**
- “Solfege Town: A New Way to Teach Music Reading to Elementary School Students”**  
Fulton County Music Meeting **2010**
- “Does Music Make You Smarter?”** Neighborhood Charter School **2009**
- “How To Share Related Arts Without Becoming a Related Artist”**  
Neighborhood Charter School **2008**
- “Advocating for Music In Our Schools: A How-To Guide”** – Fulton  
County Elementary Music Educators Meeting **2008**
- “Why Do We Need A Curriculum For the Related Arts?”** Neighborhood  
Charter School **2007**
- “Mapping the Self to Improve the Lip, Brass Clinic,”** Emory University **2006**
- “Better Use of the Whole Self in Brass Instrument Playing,”** Georgia  
State University **2004**
- “Jazz 101: Rules of Jazz”** Online Interview, CNN.com **2004**
- “Bowling and Posture, Continuing Improvement for String Players,”**  
Georgia State University **2003**

## PERFORMANCES

### Compositions

- “Autumn Song”** The Willow School Chorus **2019**

<b>"We Are Very Thankful"</b> First Presbyterian Preschool Chorus	<b>2017</b>
<b>"Starting Over"</b> Hope Hill Elementary Chorus	<b>2017</b>
<b>"Milwaukee Central Library" <i>Doors Open Milwaukee</i></b> <i>(This composition is archived in the catalogue and Rare Books section of the Milwaukee Central Library)</i>	<b>2016</b>
<b>"The Stray" <i>Sounds of Silent Film Festival</i></b> , Chicago, IL	<b>2016</b>
<b>"What Do I Get On Hannukah?"</b> Hope Hill Elementary Chorus	<b>2015</b>
<b>"Milwaukee Federal Courthouse" <i>Doors Open Milwaukee</i></b>	<b>2015</b>
<b>"Where You Are"</b> Hope Hill Elementary Chorus	<b>2015</b>
<b>"The Count's Mabel" <i>Sounds of Silent Film Festival</i></b> , Chicago, IL	<b>2014</b>
<b>"I'll Tell Me Ma," (Arr. Adam Cole)</b> Haynes Bridge Middle School Chorus	<b>2013</b>
<b>"Blues at the Hop"</b> Haynes Bridge Middle School Chorus	<b>2013</b>
<b>"Chik'n Tango"</b> From "Keepin' It Real" CD	<b>2011</b>
<b>"We Wish You A Merry Christmas,"</b> Haynes Bridge Middle School Chorus	<b>2010</b>
<b>"Allegra,"</b> Haynes Bridge Middle School Orchestra	<b>2010</b>
<b>"The Star,"</b> Haynes Bridge Middle School Chorus	<b>2010</b>
<b>"Thank You,"</b> Mountain Park Elementary School Chorus	<b>2009</b>
<b>"Poor Sally,"</b> Alpharetta High School Chorus	<b>2007</b>
<b>"Blues Without Reason,"</b> Georgia State Improvisation Ensemble	<b>2006</b>
<b>"Somhat,"</b> Duo piano performance: Cole/ G. Haydon	<b>2006</b>
<b>"All Is Restful, Gaining Strength"</b> Impromptu Chorus	<b>2001</b>

#### **Appearances as Clinician and Accompanist**

<b><i>Atlanta Public Schools - Elementary Choral Festival</i></b> Clinician, conductor, and accompanist for separate sections	<b>2016</b>
<b><i>Jacobson Violin Studio</i></b>	<b>2014-2018</b>
<b><i>Front Porch Session Players - various festivals and venues</i></b> Songwriter, pianist, accordion, vocalist	<b>2013-Present</b>

<b>Summerflute 2012 -</b> Faculty Feldenkrais Practitioner	<b>2012</b>
<b>Innaugural Concert – Congregation Shearith Israel</b> Featured pianist and accompanist	<b>2012</b>
<b>Alan Fraser Piano Workshop, Commencement Recital</b> Featured pianist	<b>2011</b>
<b>Keepin’ It Real</b> , CD, <i>Chikin’ Feed</i> , Voice talent (“La Vaca”), contributing musician and composer	<b>2011</b>
<b>Grant Park Summer Shade Festival</b> Keyboards, vocal, accordion Wipes / Patience Grasshopper (band) Front Porch Session Players (band)	<b>2009-2013</b> <b>2013-present</b>
<b>Landscape / Fear and Love</b> , Louise Runyon, <i>Several Dancers Core</i> featured pianist in performance including modern dance, music and poetry	<b>2007</b>
<b>Let’s Get Nice</b> , CD, Georgia State University Jazz Ensemble, Pianist	<b>2006</b>
<b>Nicholas Payton and the Georgia State University Jazz Ensemble</b> , Pianist	<b>2006</b>
<b>Roy Ayers</b> , Performed with Wali Mostly Live Band, opening for Ayers Band, Lithonia Ampitheater	<b>2004</b>
Pianist with <b>Daniel Skandera</b> , vibrophone	<b>2002-3</b>
<b>Marian McPartland Masterclass at Spivey Hall</b> Performed duet with Ms. McPartland	<b>1994</b>
<b>Professional Theater</b>	
<b>Roswell Theater In the Square</b> , <i>1940’s Radio Hour</i> Pianist and conductor, character “Zoot”	<b>2002</b>
<b>Savoyards Light Opera Company</b> Chorus and speaking roles in <i>My Fair Lady, Camelot, Ruddigore, Trial By Jury, The Mikado, Gondoliers, The Pirates of Penzance</i>	<b>1992-6</b>
<b>Capitol City Opera</b> Accompanist, <i>Hansel and Gretel</i>	<b>1993</b>

## PUBLICATIONS

### Books

## Nonfiction

<i>Code Name Games - 36 Symbol Recognition Games for Elementary Music</i> - Royal Fireworks Press	2017
<i>Lessons in Middle School General Music</i> - Royal Fireworks Press	2017
<i>Adopt a Composer - Teaching Research Skills through Elementary Music History</i> - Royal Fireworks Press	2017
<i>Blues Improvisation for Beginners...And Piano Teachers</i> Royal Fireworks Press	2016
<i>First Lessons in Reading and Playing - The Only Piano Primer You'll Ever Need</i> - Royal Fireworks Press	2016
<i>Authentic Ways of Teaching Jazz</i> - Royal Fireworks Press	2015
<i>Improving Postural Alignment in Middle School Chorus</i> - Royal Fireworks Press	2015
<i>Solfege Town, a New Approach to Solfege</i> , Royal Fireworks Press	2010
<i>Ballet Music for the Dance Accompanist</i> , Nuncici Press, piano pedagogy, with original music by the author Listed as "Recommended Resource", <i>Clavier Magazine</i> , November 1999. Also included in Year-End Roundup of Recommended Teaching Materials.	1999

## Fiction

<i>The Blue Woman and the High Wood (published serially, 2018-9)</i>	2019
<i>Motherless Child</i>	2019
<i>The Girl With the Bow (published serially, 2016-2017)</i>	2016
<i>Seven Ways the World Can End</i>	2014
<i>A Note Before Dying</i> , Booklocker	2013
<i>Hofstadter's Grandchildren</i> , Nuncici Press "Recommended Reading" – Valerie Jackson, <i>Between the Lines</i> , 2007	2007
<i>Myth of Magic</i> , Nuncici Press	2006

## Poetry

<i>Words, Poetic Settings of Felix Mendelssohn's Songs Without Words</i>	2013
<i>Distant Hofstadters, A Companion Book to Hofstadter's Grandchildren</i>	2007

## Short Fiction

"X", <i>Left Bank Magazine</i>	2016
"The Ram," <i>Tifton Review</i> , Volume 4, Issue 2	2008
"Post of Ice," <i>The Predicate</i> , Issue No. 1,	2008
"At A Distance," <i>Genre Magazine</i> ,	2001

## Anthologies

- Cross Training for Musicians*, Ed. David Vining <http://www.mountainpeakmusic.com/cross-training-for-musicians/> **2014**
- Notes of Hope* Ed. David Vining, <https://itunes.apple.com/us/book/notes-of-hope/id876493040?ls=1&mt=11> and <http://www.mountainpeakmusic.com/notes-of-hope/> **2014**

## Articles

- "Reversibility - A More Global Definition" *The Feldenkrais Journal*, No. 31 **2019**
- "Counting Out Loud: A Fresh Look at a Traditional Practice Tool" *Clavier Companion*, January/February 2019 **2019**
- "Erfahrungen (Sitting)" *Feldenkrais zeit*, Vol 17 **2017**
- "Book Review: *Several Short Sentences About Writing*, Verlynn Klinkenborg" *The Feldenkrais Journal*, No. 27 **2016**
- "Wenn es leicht wird, gehe weiter" *Feldenkrais zeit*, Vol 16 **2016**
- "Integration and Improvisation - A Feldenkrais Practitioner at Longy" *Dalcroze Connections*, Vol 1, No. 2 **2016**
- "Integrating the Feldenkrais Method and the Dalcroze Method: Music, Improvisation and Function" - *The Feldenkrais Journal* No. 27 **2014**
- "Blog" for [www.acole.net](http://www.acole.net) **2012 to Present**
- "Social Stories, the Feldenkrais Method and the Unanswered Question" *The Feldenkrais Journal*, No. 24 **2012**
- "Blog" for Atlanta Choral Music Exchange **2010 to Present**
- "Possibilities" [www.feldenkraisinfo.com](http://www.feldenkraisinfo.com), 111 issues, **2002 to Present**
- "My Eyes Uncover My Hands, A Pianist's Journey" *The Feldenkrais Journal*, No. 17 **2004**
- "The Creativity and Improvisation to Accompany Ballet Classes" *Clavier Magazine* **2000**
- Program Notes, "The Force of Music", Israel Philharmonic with Amit Peled **2005**
- "Mathematics and Feldenkrais: Discovering the Relationship," *The Feldenkrais Journal*, No. 14 **2002**
- "How To Improve In Any Sport," *Natural Awakenings* **2002**
- "The Feldenkrais Method: Offering an alternative path to health and self-sufficiency," *Enable Magazine* **1996**
- "Giving T'ai Chi a Place In The Park To Play," *T'ai Chi*, Vol. 21, No. 2

## Music

- Demo Listen Up, The Unwashed Demos of Adam Cole*, Vol. 3 **2020**
- DemoOon, The Unwashed Demos of Adam Cole*, Vol. 2 **2020**
- DemoNew, The Unwashed Demos of Adam Cole*, Vol. 1 **2020**
- Bitter Green (RPM Challenge, February 2019)* **2019**
- Demo In Striation (song collection)* **2016**
- Demoo (song collection)* **2012**

<i>The Best of [Both] Worlds</i> (10 songs)	2010
This album was written as part of the RPM Challenge to create and record a complete 10 song album in the month of February	
A mini-documentary about the process of this album's creation can be viewed at <a href="http://www.youtube.com/watch?v=rihad_lliV8">http://www.youtube.com/watch?v=rihad_lliV8</a>	
<i>Themes Off A Variation for Orchestra</i>	2009
A copy of this work is kept in the Schumann Haus in Zwickau, Germany	
<i>Demo N</i> (17 songs)	2008
<i>Demo Listen</i> (12 songs)	2006
<i>The End of the Beginning</i> (12 songs)	2001
<i>Balancing on the Continental Divide</i> (8 songs)	1999
<i>Gaining Time</i> (16 songs)	1996
<i>Doorway to Nowhere</i> (10 songs)	1994
<i>What Was Once Close Enough</i> (29 songs)	1991
<i>Numerous orchestral, chamber, piano, instrumental and vocal works</i>	1991 - Present
Includes Symphony, Brass Quintet, Woodwind Quintet, String Quartet, 4 song cycles	

#### SERVICE

<b>Member, SEACS:</b> Southeast Atlanta Coalition for Schools	2011
<b>Related Arts Committee:</b> Neighborhood Charter School	2008-2012

#### PROFESSIONAL ASSOCIATIONS

<b>ACM:</b> Access Contemporary Music	2013 - present
<b>MENC:</b> The National Association for Music Education, member	09/2006-2014
<b>PAGE:</b> The Professional Association of Georgia Educators	8/2003-2014
<b>FGNA:</b> The <i>Feldenkrais</i> Guild of North America, member	03/2000 – 2020

#### TECHNICAL SKILLS

Quickbooks, Word, Excel, Powerpoint, Google Docs, Google Sheets, Google Slides, Acuity, Kajabi, Zapier, iMovie, Garageband, Sibelius