

CAUGHT ME ON A GOOD DAY

Peter Eldridge

Is it something in the water
Or some strange chemical floating through the air
But I awoke this morning
Without a single care

I'm calm and so contented
Yet I'm passionate and I'm strong
Finally slaughtered the bitter joker
Who's been yammering on and on and on

Today I finally cut the crap out -
I am speaking my mind
And all I've got to say to that is 'bout time,
'bout time, 'bout time

To hell with self-improvement
I am laughing in the face of every fear
Gone the preoccupation
With the sanctity of my damn career

CHORUS

Guess you caught me on a good day
Let's leave well-enough alone
Could you walk me through this good day
'cause I don't get what's going on
All I know is it's a good day
Stay close and hold on
Come on let's make the best of it
Come on let's make the best of it

Long gone the uptight white guy
Today I'm every other hipper color instead
And all my worries and rejections
All home crawling under my bed.
Today I'm cured, today I'm cruising

Not just spinning my wheels
Not living everyday in the hopes on that big deal,
big deal, big deal

Today I know the deeper meaning
I have settled the score with my past
There's just one thing I wonder
Just how long is all this supposed to last

REPEAT CHORUS

So now these crow's feet line my eyes
The gentle birth of my demise
Gone is youth's sweet dumb disguise
Grasping to be immortalized

I talked with God this morning
We're having lunch today
He seemed real friendly on the phone but
He's worried I might get in his way

I guess it's a good day
One hell of a good day