

SELF-ASSESSMENT FOR SUSAN PALMER'S 1 RIFF A DAY SHE SHREDS CHALLENGE

A. Standard Music Notation: What is your experience with standard music notation?

- None
- I can read a little on guitar
- I had some music lessons when I was a kid
- I can read music in open position on guitar
- I can read music on another instrument
- I can read music on guitar in more than one position

B. Chords: Please check all the chords that you can play.

- Open Position Chords (circle chords you know): Em, A7, D7, E7, D, A, G, E, Am, C, Dm, G7, F, C7, B7
- E (6th) and A (5th) String Root Power Chords
- E (6th) and A (5th) String Root Major and Minor Barre Chords
- E (6th) and A (5th) String Root Major 7, Minor 7, and Dominant 7 Chords
- E (6th) and A (5th) String Root Minor 7b5, Diminished 7, 7b9, Major 6, and Minor 6 Chords
- E (6th) and A (5th) String Root Extended and Altered Chords
- C (2nd), G (3rd), and D (4th) String Root Major 7, Minor 7, and Dominant 7, 9, and Minor 7b9 Chords
- All Triads, in 3 Inversions, in All Keys
- Inversions for Major 7, Minor 7, Dominant 7, Dominant 9, Minor 7 b5, Chords, on Different String Sets
- Walking Bass Lines with Chords
- Quartal Harmonies
- Poly Chords

C. The Design of the Guitar: Check all true statements.

- I can name any note within a few seconds
- I know the name of all the notes immediately, with no effort
- I am familiar with the CAGED system
- I use the 7 pattern system

D. Theory: Check all concepts you understand.

- Chromatic Scale
- Major Scale Construction
- Triad Construction
- 7th Chord Construction
- Harmonized Major Scale
- Modes of Major Scale
- Whole Tone Scale
- Diminished Scale
- Dominant Diminished Scale
- Tri-Tone Substitution
- Quartal Harmony
- Modes of Natural, Melodic, & Harmonic Minor

E. Scales & Improvisation: Check all concepts you understand, and can play.

- All 5 Pentatonic Scale Patterns (Major and Minor)
- All 5 Major Scale Patterns (CAGED System)
- Soloing Using Chord Tones (Arpeggios)
- Learning Solos by Ear (Transcribing)
- Melodic Minor Scale and Modes
- Harmonic Minor Scale and Modes
- Diminished Scale and Dominant Diminished Scale
- Whole Tone Scale
- Melodic Extensions
- Digital Patterns

F. Repertoire: What is your favorite song to play right now? _____

- I can play some songs all the way through
- I feel comfortable transposing most songs I play