



CSA Newsletter

Week 15 ~ October 1st, 2015

Full Weekly &

Week A Every-Other Week Members

STEEL CREEK WEEKLY

For Week A Every-Other Week Members, this will be your final share. I truly hope you've enjoyed the season filled with tasty bounty. Please read next week's newsletter for my final thoughts on the season. Thanks!

BELL PEPPERS

MINI SWEET PEPPERS

CARMEN PEPPERS ~ LONG RED OR GREEN

PEPPERS GREAT FOR ROASTING!

SLICING TOMATOES ~ RINSE BEFORE EATING!

CHERRY TOMATOES ~ RINSE BEFORE EATING!

RUTABAGA

BUTTERNUT SQUASH

LEEKs

RAINBOW CARROTS

FRENCH FINGERLING POTATOES

CELERIAC ~ CHECK OUT LOCAL THYME FOR A COMPLETE DESCRIPTION AND HELPFUL COOKING TIPS.

GARLIC

CAULIFLOWER ~ WE GROW PURPLE, GREEN AS WELL AS CLASSIC WHITE CAULIFLOWER.

HEAD LETTUCE ~ RED LEAF OR ROMAINE

It is officially Fall and it officially feels like Fall. After what was an incredibly warm and lovely September, the temperature is a seasonable 59 degrees with a good blustery wind coming in out of the southeast. As much as it's hard to let the long and lush summer days go, I have decided to welcome the chill in the air and admire the fancy colored leaves piling up in the yard.

So many of the crops getting harvested this time of year belong in the oven or simmering on the stovetop. I dream up new soup recipes while out in the field pulling carrots and picking squash. The celery root in last week and this week's shares lends itself perfectly to a pureed potato soup. And let's not forget how well butternut squash pairs with apples, bacon, onions and gorgonzola cheese. Some more of my faves: Thai curried carrot with coconut milk, creamy tomato with caramelized leek, cauliflower cheddar soup and of course potato leek! The sky is the limit when it comes to soups and with fresh farm ingredients, it's almost impossible to make something that doesn't taste divine!

TO SEE THIS
WEEK'S RECIPES,
LOGIN TO LOCAL
THYME HERE
HAVEN'T MADE AN ACCOUNT YET? LOOK
AT THE WEEK 1 NEWSLETTER TO SEE
HOW!
Enjoy Your Veggies!

THANKS FOR GETTING FRESH WITH
US,

MEG, EMMET, JASPER & CALVIN



Abby! Our Cauliflower model!

