



CSA Newsletter

Week 13 ~ September 17th, 2015

Full Weekly &

Week A Every-Other Week Members

STEEL CREEK WEEKLY

YELLOW ONIONS

BELL PEPPERS ~ THIS IS A HEAVY PEPPER WEEK! IF YOU ARE OVERWHELMED BY THE AMOUNT, PEPPERS FREEZE BEAUTIFULLY: JUST SLICE INTO STRIPS, SEED THEM AND FREEZE THEM IN A SINGLE LAYER ON A COOKIE SHEET. WHEN FULLY FROZEN, POP THEM INTO FREEZER BAGS FOR USE INTO THE COLD MONTHS.

MINI SWEET PEPPERS

CARMEN PEPPERS ~ LONG RED OR GREEN PEPPERS GREAT FOR ROASTING!

SLICING TOMATOES ~ RINSE BEFORE EATING!

CHERRY TOMATOES ~ RINSE BEFORE EATING!

PURPLE TOP TURNIPS ~ YOU'LL SEE PEST DAMAGE ON THESE TURNIPS. WHEN READY TO PREPARE, SIMPLY CUT OR PEEL AWAY THE DAMAGED AREAS.

SPAGHETTI SQUASH ~ LOTS OF HELPFUL INFO AND RECIPES @ LOCALTHYME.COM SOME ARE VERY LARGE!

RED BEETS ~ SOME OF THE BEETS ARE ENORMOUS! SIZE IN NO WAY AFFECTS THE FLAVOR OF THESE SWEET & TASTY VEGETABLES.

BROCCOLI ~ PLENTY TO BLANCH & FREEZE!

TOMATILLOS ~ ENOUGH TO ADD TO A BATCH OF TOMATO SALSA FOR EXTRA TANG!

HOT PEPPERS ~ SEE THE PHOTO ON THE NEXT PAGE TO GET THE LOW DOWN ON VARIETIES!

I had every intent in providing lettuce in the remaining 4 weeks of the CSA. Everything looked great up until we had the week of high humidity and 90 degree temps a couple of weeks ago. The romaine that was included in last weeks share was actually scheduled to be in this weeks share and then I had a lovely red leaf lettuce planned for next week. Lettuce doesn't like heat and humidity and will bolt (go to seed) very quickly if it's anywhere near maturity. And that's exactly what happened with the red leaf lettuce scheduled for next week. The entire planting has bolted and will be tilled under rather than get harvested :-(
A sad reminder that we can plan all we want, but sometimes mother nature has the final say. The good news is it looks like 2 out of the last 3 weeks will either have head lettuce or salad mix included...unless the heat and humidity turns back on...

**TO SEE THIS
WEEK'S RECIPES,**

**LOGIN TO
LOCAL THYME
HERE**

HAVEN'T MADE AN ACCOUNT YET?
LOOK AT THE WEEK 1 NEWSLETTER
TO SEE HOW!

Enjoy Your Veggies!

THANKS FOR GETTING FRESH
WITH US,

MEG, EMMET, JASPER &
CALVIN



From left to right: Serrano~very hot, Jalapeno~hot,
Hungarian Hot Wax~Mild,



Tuesday Morning. Dawn.