

# My Ramadan Reflections

A personal journey

Name:

Complete your **Ramadan Reflections** log recording something about each day. This can be:



- ★ Your experience of fasting
- ★ What you observe your family doing
- ★ Special times of Suhur / Iftaar / Tarawih
- ★ How you are feeling
- ★ Something you achieved that day
- ★ A dua you made that day
- ★ Use your senses - what can you see, smell, hear or taste?

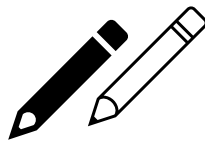


**You can record your daily logs by:**

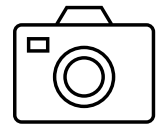
Writing



Drawing pictures



Sticking photo's



Why not interview someone in your family who is **fasting**?  
Or someone who is intending to do **I'tikaaf**.  
Don't forget to log the special experience of **LAYLATUL QADR!**  
Record your interview in your Ramadan Reflections

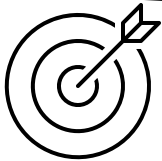
**Use the power of your imagination - Be creative and colourful.  
Would you consider recording some live blogs / vlogs?**

# GOAL SETTING ...

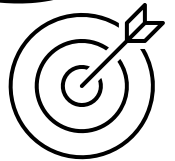
**START** by thinking of goals you wish to achieve by the end of Ramadan. These may include:



- ★ Ibadah goals like completing the recitation of the Quran, reciting Surah YaSin daily, Dhikr or memorising certain Surahs
- ★ Personal development goals like helping parents with chores, being kinder towards siblings or improving your skills like timekeeping and organisation.



**My Ramadan Goals:**



# 1<sup>st</sup> ASHARA - Days of seeking the Mercy of Allah ﷻ

1.

2.

3.

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# 2<sup>nd</sup> ASHARA - Days of seeking the Forgiveness of Allah ﷻ

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20.

# 3<sup>rd</sup> ASHARA - Days of seeking the Refuge from hellfire

21.

22.

23.

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28.

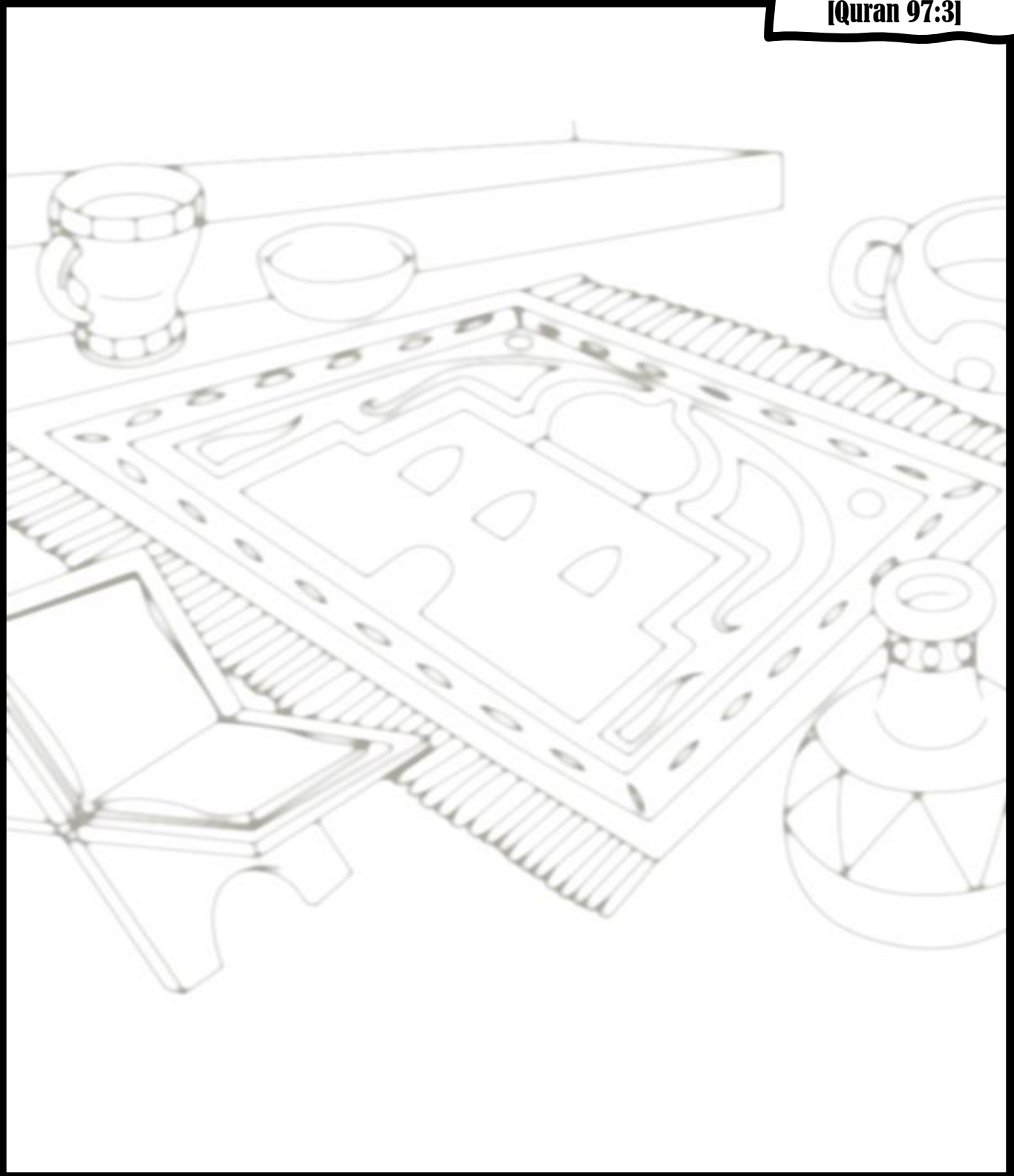
29.

30.

# LAYLA TUL QADR

CAPTURE your experience of Layla tul Qadr

**“The night of power  
is better than a  
thousand months...”  
[Quran 97:3]**



My interview with ...

