



FOR IMMEDIATE RELEASE

FEBRUARY 2018

THE SOMETIMES TO RELEASE FIRST FULL-LENGTH ALBUM
CICADA NATION ON MARCH 2nd

RECORD RELEASE PARTY AT FAIR WINDS BREWING
COMPANY ON THE EVENING OF MARCH 10th

WASHINGTON, DC – *Cicada Nation*, the first full-length album from Northern Virginia rockers, The Sometimes, will be independently released on March 2, 2018. *Cicada Nation* contains 11 original compositions that include personal songs of self-reflection and discovery, narrative-based storytelling, and cathartic rock songs crafted over years of live performances in bars and breweries across the Commonwealth.

The title track examines how the pairing of new technology with reach of the internet gives everyone a voice to share art and ideas for public consumption. Like a brood of cicadas emerging from the earth, modern music creates a wall of sound that's instantly recognizable yet void of individuality. With the swell of guitars and a carefully crafted hook, the group addresses its own contributions to the noise and wonders aloud if their own “little wings” can carry them high enough to cut through to the listener.

Responding to this call, *Cicada Nation* covers a variety of character studies from multiple perspectives and reflects the musical personalities of each songwriter while demonstrating the band's commitment to authenticity in art. Tracks such as “Believe It” and “Fading Back” serve as a source of introspection and subtle remorseful apology. “The Job” features the rhythmic story of a Bonnie-and-Clyde story gone-bad. The Springsteen-esque “Down” tackles the subject of making it another day during the housing crisis and while “Footprints” offers a soulful, nostalgic look back on life—years after the veneer is gone. “Wednesday Night” offers a laid back tempo and memorable chorus, while alt-rock influenced “Cover Up” and the richly-layered harmonies on “For Long” reach back to garage rock greats like Big Star. If “Standoff” addresses the combative and vitriolic culture of third-rail politics, then “To The New” closes the album with a combination of heavy rhythms and classic harmonies, sharing a balance of sound—demonstrating a unity many are struggling to find today.

The group will host a Record Release Party at Fair Winds Brewing Company in Lorton, VA from 5:30 to 8:30pm on the evening of Saturday, March 10, 2018. This free event will feature live acoustic music from local favorite, Kevin Artz, and exceptional, locally produced craft beers!

The Sometimes are Kevin Fahy (vocals, guitar), Nicolaus Heun (lead guitar, vocals), Burt Glassman (bass, vocals), and Brian LaFleur (drums, percussion). The album was recorded at Converse Rubber Tracks Studios in Brooklyn, NY with support from Matt Shane and BIAS Studios in Springfield, VA with support from Ken Barnum and Michael Monseur.

For more information about The Sometimes please contact
Nick Heun at (917) 701-3198 or thesometimesrocks@gmail.com
www.thesometimesrocks.com

The Sometimes – Cicada Nation

Track Listing

“Cicada Nation”

“Down”

“The Job”

“Cover Up”

“Believe It”

“Standoff”

“For Long”

“Footprints”

“Fading Back”

“Wednesday Night”

“To The New”

RECORD RELEASE PARTY

Saturday March 10, 2018

5:30 – 8:30 pm

FREE



7000 Newington Road,
Suites K&L, Lorton, VA
(703) 372-2001

info@fairwindsbrewing.com

<http://www.fairwindsbrewing.com/>

For more information about The Sometimes please contact
Nick Heun at (917) 701-3198 or thesometimesrocks@gmail.com
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