

**how beautiful and vast is she**

what else could i write but the truth  
when you're a wave  
when you're a wave

and to wash  
and to sing  
and to touch  
and taste  
and love  
and lose  
and smile  
and fall  
and crash  
and cry  
and sigh  
and regret  
and mourne  
and break  
and mend  
and crack  
and whimper  
and flee  
and face  
and embrace  
and follow  
and lead  
and hold  
and breathe  
and hate  
and seed  
and grow  
and change  
and form  
and mold  
and relate  
and disconnect  
and discover  
and renew  
and replenish  
and rejoice  
and recreate  
and return  
and remember  
and relive

as it will always  
always  
be

for to be eternity  
you must take it all  
to embrace it all  
here,  
sitting in our souls  
and knowing that we are whole  
or all  
whichever way you want to look at it

but sometimes in that space  
you feel alone

you feel cold  
you feel weary  
you feel weathered  
you feel drained  
you feel isolated  
you feel lost  
you feel cheated  
you feel unlucky  
you feel unfortunate  
you feel misunderstood  
you feel disconnection  
you feel resentment  
you feel anger  
you feel rage  
you feel loathing  
you feel desire  
you feel urges  
you feel

but

remember

we are the fortunate

we have company  
we can breathe  
we can see  
we can know

we are those  
who can learn  
who can reflect  
who can understand  
who can create  
who can heal  
we can relate  
we can uplift  
we can surpass  
we can ascend

we are those  
who can learn to love

unconditionally

lucky us, they say, they say  
not every day feels this way  
though your particles are plenty  
and your friends, they may be many  
there will always be the times  
when you forget

you forget what you are  
you forget what you are  
you forget what you are

for

you see,

young  
is the universe

so we say to it with love

please  
do take your time  
I know you are trying

we all have slips of mind  
i love you

and it smiles  
it laughs  
it sings  
it is

the universe forgets itself  
how tragic could it be  
for something beautiful and vast as she  
to forget  
how beautiful  
how vast  
is she