

Anti-Fungals

Sunlight - UV Light - Ozone -

Foods:

Coconut Oil (Lauric and Caprylic Acid)
Garlic
Rutabagas
Onions
Ginger
Pumpkin Seeds
Cayenne
Brussels Sprouts
Mung Beans (Kitchari)
Chick Peas
Lentils
Seaweed (Iodine)
Bee Propolis
Blackberries

Essential Oils:

Tea Tree Oil (topical)
Thyme
Lavender
Grapefruit
Green Myrtle
Frankincense
Myrrh

Teas:

Pau D'Arco
Chaga

Mineral:

Sodium BiCarbonate
Potassium BiCarbonate
Shiljit
Diatomaceous Earth (parasites)
Fulvic Acid
Sulfur (MSM)

Amino Acid:

L - Arginine

Herbs and Concentrates

Grapefruit Seed Extract
Bacopa
Neem
Turmeric
Olive Leaf Extract
Black Walnut
Cinnamon

Essential Oils:

Clove
Lemongrass
Cassia
Oregano Oil
Manuka
Eucalyptus
Palmarosa
Patchouli

Vitamins:

Niacin (absorbs methyl
donors)
Vitamin C
Vitamin D
Biotin