

Steel & Timber started as a summer evening jam in a Calgary park. But right away people were drawn to the sound of acoustic guitar and banjo strings that drifted through the air, blending roots and country blues. Families would sit down and watch. People requested albums, and asked where and when they'd be playing again. Suddenly there was demand, so Nathan Harris-Thompson and Benjamin Rogalsky started a band and called it, Steel & Timber, after the instruments that had lured in their first fans.

In 2017 indigenous multi-instrumentalist Navarro Ralph joined on upright and electric bass, adding his own rich rhythm and filling in the sound that is distinctly Steel & Timber.

Steel & Timber has become a popular act in Calgary and the surrounding areas. Their music is enjoyed by all ages and has gained them repeat performances in community festivals, charity events, and hotspots like East Village Junction. Steel & Timber have also enjoyed noteworthy stages, including the Lilac Festival, the Southern Alberta Music, The Sunrise Festival in Inuvik Northwest Territories, and Rogers Hometown Hockey in Canmore, and have opened for Paul Brandt and The Heels.

Steel & Timber's music is a blend of roots country, folk rock, bluegrass and blues, and it makes sense; the members of Steel & Timber are music lovers. Their eclectic sound is influenced by bands like the Black Keys, the Avett Brothers, Johnny Cash, Earl Scruggs, and Jack White. Steel & Timber released their first full length album "Everything you Own" in 2017.

In 2018, Steel & Timber started playing with a drummer and their sound was elevated to a new and exciting level. Steel & Timber continues to develop their sound and stage act incorporating ukulele, mandolin, along with guitar and banjo effects. Their percussive energy and clear enjoyment of playing live has earned them a unique place in Calgary's music scene along with two YYC Music Award nominations.