

Immediate Release

Local musician and mom releases CD of upbeat children's music,

Happy Songs All Day Long:
Fun & Friendly Music for Children from
Good Morning to Sweet Dreams.

International chart-topping and best-selling artist, Katherine C. H. E. has performed at all the top local venues. She is currently focusing on area libraries and museums where she performs for our littlest ones and their grown-ups.

Says, C. H. E., "I love children's music. I love singing it, especially with children.

Our wee ones respond to music with their entire bodies and souls. We can learn from them about that."



The album takes its listener through an entire happy day from "Good Good Morning" which touches on a bit of Spanish and French ("I love putting the sounds of different languages into little ears so that it won't seem so 'foreign' later," says C. H. E.) to "Little Guy Lullaby" which was written to soothe her own colicky baby to sleep many years ago...

"*Happy Songs All Day Long* is fully informed and steeped in the Americana and Folk traditions with a happiness filter," adds C. H. E.

Katherine likes to focus on positive, happy music and believes, "There is never an ill too severe for music to soothe. Happy music always brings a smile to my face and a pep to my step - and in the best cases gets me dancing, and I see it have that impact on others as well."

All the songs on the album were produced and performed by Katherine C. H. E. with some help on "Grace Darling" from her young friends, Anabella and Alexander.

Contact: Katherine C. H. E., 202-257-7275 (phone number is not for print)
Katherine.C.H.E.Singer@gmail.com, KatherineCHEMusic.com

Tracks:

1. Good Good Morning
2. Do Not Put Me in the Zoo
3. The Fox
4. So Many Things I Can Be
5. The Ballad of Grace Darling
6. Thank You Song
7. Boring Song
8. In the Hamptons
9. Barges
10. Lazy Daisy
11. Hush Little Baby
12. Little Guy Lullaby

Links:

iTunes:

<https://tinyurl.com/HappySongsiTunes>

Amazon:

<https://tinyurl.com/HappySongsAmazon>

Apple Music:

<https://tinyurl.com/HappySongsAppleMusic>

Spotify:

<https://tinyurl.com/HappySongsSpotify>

YouTube:

<https://tinyurl.com/HappySongsYouTube>

C. H. E. website store:

<https://www.katherinechemusic.com/store>

Track Notes:

Good Good Morning

Tune derived from the classic 17th century Canon that has been used for such classics as “Frere Jacques” and includes one verse from those lyrics. It also includes happy, wake-up verses in English and Spanish. Katherine uses this song to open most of her live programs for children and sometimes adds verses in other languages depending who is in the group.

Do Not Put Me in the Zoo

This song was inspired by one of Katherine’s favorite children’s books, *Put Me in the Zoo* by Robert Lopshire. On her birthday one year, Katherine was reading the book to her son, and they suddenly looked at each other and realized they would not want to be in the zoo... would you?? Lots of silliness ensued and the song was born.

The Fox

Katherine remembers many happy times when she and her family sat around a campfire singing this song. The song itself dates back at least five hundred years. Katherine has updated this classic with a fresh beat.

So Many Things I Can Be

Tune derived from the classic 18th century French pastoral melody popularized and published by Mozart as “Ah! vous dirai-je, maman.” It has been used many times through the years for other children’s songs including “Twinkle Twinkle Little Star,” “Baa Baa Black Sheep,” and the alphabet song. These inspirational, aspirational lyrics are by Katherine C. H. E.

The Ballad of Grace Darling

This song commemorates the true story of Grace Darling who, with her father, saved a shipwrecked crew on the coast of England in 1838. Grace became a national hero and quite a celebrity.

Thank You Song

Just that. A simple song of thanks. Katherine wrote this song from the overflow of thankfulness she feels to be living the life she leads. She usually sings this as her last song at her shows for grown-ups and children alike.

Boring Song

The world is so full of a number of things,
I'm sure we should all be as happy as kings.
~ Robert Louis Stevenson

Katherine has noticed that children sometimes complain of being bored in the most hilarious tones saying, "This is BOring... soooooo BOring..." And, while she strongly agrees with the above Stevenson quote, Katherine understands that feeling bored represents the desire for fun or joy or excitement or something, anything better than what they are currently feeling... all the inspiration for this song.

In the Hamptons

C. H. E. wrote this song in 2011 after Hurricane Irene gave this area a glancing blow that knocked out her power. It was August and hot and about three days in to the no-power situation, Katherine was outside frying up her last eggs in a cast iron skillet over a charcoal flame, and she got the giggles. She was dirty and sweaty and feeling quite the opposite of the glamorous reputation the Hamptons has in the wide world. She giggled, "Oo la la, Baby, the Hamptons," and by the end of that evening - by candlelight - she had completed the song. It was intended for adults, but the children at the local schools embraced it; so, a slightly different, more kid-friendly version appears here.

Barges

This lovely song is a mainstay staple at Girl Scout camps - and that is where Katherine learned it. She has been singing it ever since her Girl Scout days and especially loved the way they would sing it as a round and in harmony in her camp settings; so, she recreated a bit of that magic in this version.

Lazy Daisy

Ah, the magic of flowers. They are so bright and cheerful, and children really respond to them... as do grown-ups. This song is a call to children of all ages to be more like flowers and play every day.

Hush Little Baby

Katherine's slightly more perky spin on this classic lullaby with some of her own lyrics mixed in.

Little Guy Lullaby

A true, soft, quiet lullaby that will cast its spell on young and old alike. Katherine wrote this to sing to her favorite baby in the whole world.
