

Scales - for fun and profit - from Lariviere

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Idea 1 - establishing the movements of the fingers

any key, Lariviere gives Eb, I usually start with F or C

timeless - pauses are good, as long as they come AFTER any necessary replacing. each hand separately.

1 2 3 x 1 4 * 234 1 2 3 * 1 4 * 234 1 2
11 3 x 1 4 * 234 1 2 3 * 1 4 * 234 1 2 3 x 1 4 * 234

Idea 2 - rhythmic replacing

slow tempo, fast and precise movements of the fingers

hands separately and then together

21 1 2 3 x1 4 *234 1 2 3 *1 4 *234 1 2 3 x1 4 *234

Idea 3 - stagger the hands by a third

Notice that now there is an eighth note (a second movement in every beat)

24 1 2 3 x1 4 *234 1 2 3 *1 4 *234 1 2 3 x1 4 *234
1 2 3 x1 4 *234 1 2 3 *1 4 *234 1 2 3 x1 4 *234

Idea 5 - repeat the whole process with ascending scales

this time it is the 2-4 and the 1-321 connections we need to establish

27 4 3 2 x 4 1 * 321 4 3 2 * 4 1 * 321 4 3 2 x 4 1 * 321

Idea 6 - join them for the whole form of ascending and descending

Idea 7 - establish a practice routine

establish a routine of 3 times around, eventually 4: one hand ascending, add 2nd hand unison descend, at turn around LH is staggered, at descent a little quicker, and at next turn around a little quicker, and so on.

Idea 8 - explore the other forms in Lariviere

this is #16 - 15 is a note behind and a note below, 17 is 3 notes behind and 1 above, and 18 is 4 notes behind and 2 above. The turnarounds at top are trickier. And placing is more exciting in 17 and 18!