



The Appalachian South Folklife Center is proud to announce a BRAND NEW week-long overnight camp for young girls aged 11-16. Our first week of camp is scheduled for July 1 - 7, 2018. This camp aims to help young women from Appalachia get to know themselves through activities focused on awareness, community-building, and empowerment.

We educate young women to lead emotionally healthy lives in practical ways to be great leaders in professional, community, and family fashions. Camp Constance is full of learning opportunities including fun physical activities, engaging conversations with local leaders, growth and development. Girls will recognize and release blockages and emerge, like butterflies, with blossoming bounds of unlocked potential.

Our goal is to help our campers unlock their inner leadership potential through providing a week of activity and reflection with knowledgeable counselors and staff, in a beautiful setting and safe space for personal breakthroughs in Pipestem, WV.

Camp Constance is a week-long experience which leaves girls with a deeper sense of self, community, and life purpose. Each day girls will learn how to create a routine of self-care that promotes healthy living and self-reliance. We will engage in art, music, physical fun activities, presenters on such subjects as anti bullying, teenage rights, and potential career pathways and much more. Throughout the day we use every opportunity to equip them with a variety of mental and emotional tools to facilitate their own development into young women who will lead us into tomorrow!