

Beauty for My Ashes

STUDY GUIDE

Chapter Six

Video Questions

1. We cannot _____ loss.
2. Everyone involved has faced a _____.
 - It's important to stay sensitive to this reality; it is a starting point to help us relate to those around us.
3. Everyone grieves _____.
 - We may express our grief differently outwardly and need different things poured into us.
 - What helps you may not help someone else; what helps someone else may not help you.
4. _____ are not the problem; _____ are not the problem.
5. Be quick to _____.
 - They may offend you today, but it is likely that you will offend them at some point, too.

Questions for the Week

1. Who are some people around you who are also walking through a healing process from losing a loved one?
2. Have you noticed yourself grieving differently than those around you? What ways do you express your grief that you find helpful?
3. In what ways do those around you grieve differently? It's important to remember this: *it's okay that we all grieve differently.*
4. Have you been quick to forgive in this healing journey concerning those grieving around you?
5. Are there any instances in which you feel you need to ask for forgiveness? How about any instances in which you feel you need to forgive someone around you? *It's crucial that we live in a state of forgiveness during this time.*

