

Mama's Black Sheep



Hello Everyone,

We hope you are enjoying what is left of summer! August kept us hopping around the country, and it was so good to see so many familiar faces, and to meet new fans across the Midwest, OBX, Mid-Atlantic and NorthEast. In September we'll be sticking pretty close to home with some of our regular/local venues, several private events, and one festival appearance. See all of the details below.

Private events and house concerts have become increasingly more frequent for us, and we've been loving the opportunity to share our music with more people, and to help plan/create events based on the individual needs and wants of our clients. If you have a special birthday, anniversary, work party, backyard party, wedding, fundraiser, or any other kind of social gathering that could use a little "boost"...how about some live music?? Not only can we provide live music and DJ service, but we can also use our years of experience to help you plan and execute an event that flows smoothly from start to finish and ensures that both you and your guests have a great time! Check out the [PRIVATE EVENTS](#) page of our website for more info, or email us directly at mamasblacksheep@gmail.com.

Between the man-made events in Charlottesville VA a few weeks ago, and the ongoing devastation caused by Harvey in Texas, it's been easy to feel a bit overwhelmed and helpless this month. While we are saddened/frustrated/angered by these events, there is something we can all do. Here is a short list of things you can do right now:

- **Breathe**....take a few minutes and breathe deeply and slowly. Try to put thoughts out of your mind and just focus on the physical sensation of breathing. Not only can this relieve stress, but we are all better off if thinking with clearer/calmer minds.
- **Donate**.....There are tons of organizations out there setting up relief funds for the thousands of families and businesses affected by the flooding and destruction happening in Houston and surrounding areas of Texas. We encourage you to research organizations and to find one that fits in a way that you would like to help. [HERE](#) is a great article that lists lots of ways you can donate and help.
- **Be Nice** ...for many of us, this goes without saying, but sometimes when we are stressed it's easy to lash out at our friends, family, co-workers, and even complete strangers. Try to remember we're all in this thing together. Everyone has bad days, but it's how you handle them that can make the most impact on your well-being and the well-being of those around you.
- **Be Grateful**....we have so very much to be thankful for every day...things could always be worse. Value what you have and share the love with those around you. Create your own daily mantra that reminds you of what is most important or borrow ours! (I am strong, I am loved, I am grateful)

Thanks to everyone who has been out at shows, connecting via social media, and sending us messages about how our music has played a part in your life. We are truly humbled by the love and support we feel from our fans and friends, and we thank you so much for all you do.

We hope to see y'all soon,
Ashland & Laura
www.mamasblacksheep.com

September Shows:

Thursday 8/31 | [CITRON](#) | Baltimore, MD

Join us for live music out on the patio at the all new CITRON Restaurant & Bar! Citron, located on Quarry Lake at Greenspring in Baltimore County, offers a seasonally changing and approachable contemporary American menu with a subtle French twist created by Charles Levine and his robust culinary team. Enjoy locally sourced ingredients, fresh seafood, fine quality meats, and house made desserts. Show is from 7-10pm. Citron's complete seasonally changing menu will be available for order while you relax lakeside and listen to the music. Reservations are HIGHLY recommended. To reserve your table send an email to reservations@citronbaltimore.com or call (410) 363-0900.

[Join/Share on Facebook](#)

Friday 9/1 | [Colonial Tavern](#) | Fredericksburg, VA

Hey Fredericksburg! Come kick off your Labor Day weekend with us at Colonial Tavern!! Colonial Tavern is a great Irish Pub with an excellent menu, and an impressive of selection of beers on tap. They have a great stage and host lots of local and regional live music. Show starts at 9pm.

[Join/Share on Facebook](#)

Saturday 9/2 | Private Event

Saturday 9/9 | Private Event

Thursday 9/14 | [Nick's Fish House](#) | Baltimore, MD

Baltimore!!! Come join us for dinner and a show on a Thursday night at Nick's Fish House! Nick's is a great restaurant and live music space which boasts Baltimore's only sail-up dock bar! They have an excellent menu with lots of fresh seafood and much more. Nick's is conveniently located at 2600 Insulator Dr. in Baltimore MD and has plenty of free onsite parking. Nick's Fish House is always family friendly so bring the kids too! Join us out on the deck from 5-9pm.

[Join/Share on Facebook](#)

Fri. & Sat. 9/14 & 9/15 | [THE POND](#) | Rehoboth Beach, DE

Rehoboth...we're back for our monthly visit to THE POND!!! Come join us for dinner and a show on Friday from 6-9pm or Saturday from 5:30-8:30pm. The Pond has been recently remodeled for a more open feel and better views of the stage from the adjacent dining room. They've got a great new menu and the best staff around! The Pond is always family friendly, so bring the kids! We'll see y'all there...

[Join/Share Friday Event on Facebook](#)

[Join/Share Saturday Event on Facebook](#)

Saturday 9/23 | [Arden Music Fest](#) | Inwood, WV

Join us for a day of music, fun, and friends!!! Performers include Bryan Stutzman, Bobbie Carmitchell, Mama's Black Sheep, and Michelle Swan. Arden Music Fest is held at a private home in Inwood WV. Bring a picnic dinner, chairs or blankets, and your friends!! Grills, Fire Pit and cornhole boards are available on site. Tickets are \$20, RSVP not required but helpful!!! (please email Mary to RSVP). See all details on Facebook event page.

ADDRESS: Mary's house. 257 Sports Run Rd. Inwood WV.

CONTACT: vavball@hotmail.com / 540 398-6059

[Join/Share on Facebook](#)

Friday 9/29 | [The Woodstock Inn](#) | Woodstock, MD

NEW VENUE* Howard & Carroll County Peeps, come join us for our first time at The Woodstock Inn!!!! We've heard great things about this place and are excited to learn more. Woodstock is located less than 10 minutes off of I-70 if you take the Marriottsville Rd. exit north. Show is from 8-12, we'll see y'all there!!!

[Join/Share on Facebook](#)

Saturday 9/30 | [Lost Rhino Brewery](#) | Ashburn, VA

Hey NoVA & DC Peeps!!! Come join us back at Lost Rhino Brewing in Ashburn! Lost Rhino is a great little brewery with excellent craft beers, great food, and a cool music room! Show is from 7-10pm, we'll see y'all there!

[Join/Share on Facebook](#)

Other Upcoming Shows - Save The Dates!!!!

10/5 | Tap Shack | Duck, NC

10/6 | Lucky Oyster | Virginia Beach, VA

10/7 | The Tin Pan w/[Susan Greenbaum](#)! | Richmond, VA | [TICKETS](#)

10/12 | The Milton Theater w/[Christine Havrilla](#) | Milton, DE | [TICKETS](#)

10/13 | Nick's Fish House | Baltimore, MD

10/27 & 28 | The Pond w/ [Sweet Leda](#)!!! (on sat)| Rehoboth Beach, DE

11/9-12 | We'll be back in Florida!!! | watch website for details

Connect



[Update Contact Info](#)

[Unsubscribe](#)

[Report Abuse](#)

[Privacy](#)

Physical inquiries can be sent to: P.O. Box 42533, Baltimore, MD, 21284, USA
If our email is in your Spam/Junk Folder, please add mamasblacksheep@gmail.com to your address book.

Powered by [FanReach](#)