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*Teaching our children today to
advance our shared humanity
tomorrow.*

June 21, 2010

To Whom It May Concern:

We have been immensely privileged to have Jeff Zlotnik lead meditation session on our campus this school year. Working with interested staff and students, Jeff gently imparts his down-to-earth approach to refocusing through breath and living in the moment. We have seen remarkable interest in these sessions, including middle school students who admit to being stressed and therefore crave meditation before embarking on their learning.

I highly recommend Jeff and the *Meditation Initiative* to any organization that cares about its people.

Please contact me with any questions.

Sincerely,

A handwritten signature in black ink, appearing to read 'David Sciarretta', with a stylized flourish at the end.

David Sciarretta, Principal