



TIA MCGRAFF
STUBBORN IN MY BLOOD

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Stubborn In My Blood's first single **Let 'em See Your Strong**, is already reaching beyond demographics and boundaries and adopted by "Me2" and women's empowerment groups around the world! Each song on the 11 song CD is sure to resonate with all who hear them; messages we need to hear in the current climate of the world; of hope, positivity and strength.

Tia McGraff is an internationally acclaimed, award-winning Americana/Country singer-songwriter from North America. Accompanying Tia on tour will be her life/musical partner, **Tommy Parham**. The two met and married while both were living in Nashville, TN and have enjoyed an extensive career performing, songwriting and recording together for more than 12 years. They bring such an honesty and passion to their music that they have even been described as the modern day, Johnny Cash and June Carter!

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1. **Pilot of Change** (Tia McGraff/Tommy Parham) 4:00 - Inspired by an original painting by First Nations' artist, Shelley Niro, this mid-tempo, country-folk, lyrical masterpiece, takes the listener on a journey of the soul and suggests, "try listening to the sound of corn growing."
2. **Hole In Your Heart** (Tia McGraff/Tommy Parham) 4:00 - Tia's powerhouse vocal style shines on this ballad and Tommy's guitar skills pull at the heartstrings. The last song written for the album, and one of those "straight from the soul, written late at night" songs.
3. **Travelin' By Guitar** (Tia McGraff/Tommy Parham/Wood Newton) 3:56 - Penned in the original RCA Studio A building on music row- Nashville along with hit writer, Wood Newton and features the amazing Cindy Cashdollar on Dobro. Tia's anthem song!
4. **Own Your Sunshine** (Tia McGraff/Tommy Parham) 3:30 - Perhaps one of the most country tracks on the album, the track is raw and real. "You may be a freak...but hey it's your show!"
5. **Let 'Em See Your Strong** (Tia McGraff/Tommy Parham/Devon O'Day) 3:34 - Every album needs a power ballad and every singer needs a song to soar upon! This one is it! Written with Nashville hit writer, Devon O'Day, this is the message song that is attracting the attention of empowerment groups around the world. "Let 'em see your strong. Let 'em see your burn. Let 'em see your light!"
6. **Stubborn In My Blood** (Tia McGraff/Tommy Parham) 3:47 - The title track and the liveliest on the album. Tia has managed to include Transylvanian and Jacobite in the same verse! Dream big or go home.
7. **One Tin Soldier** (Dennis Lambert/Brian Potter) 4:05 - written by Canadian songwriters, Dennis Lambert and Brian Potter, this is the only song on the album that Tia didn't have a hand in writing. However, the lyric is timely and the melody retro and the arrangement shows off Tia's pop/folk vocal performance like ear candy.
8. **Here With Me Tonight** (Tia McGraff/Tommy Parham) 3:54 - or as Tia calls it "Ted's song." It was written in honor of her cousin who was in final stages battling cancer. The moving lyric is perfectly married to the retro melody.
9. **Far Away Man** (Tia McGraff/Tommy Parham) 3:59 - a little gypsy flair and a lonesome fiddle track support Tia's beautiful folk vocal on this track. This is perhaps the most folk song on the album.
10. **The Faithful Ones** (Tia McGraff/Tommy Parham) 4:23 - Inspired to be written as a gospel style anthem Tia's diversity again shines on her performance here. Once again, the lyrics and melody join together to paint the story of hope and courage.
11. **Forbidden** (Tia McGraff/Tommy Parham/Henry Priestman/Pete Riley) 3:46 - Written in Liverpool with UK songwriters, Henry Priestman and Peter Riley, the track is a beautiful and romantic performance that leaves the listener wanting to simply dance into the night. Full harmonies blend with Tia's lush vocals to lift the song to a "Garden of Love."



Radio Promotion

"Tia McGraff and Tommy Parham continue proving they are one of the best creative duos working today with the release of Stubborn In My Blood, and the album's eleven songs will be invaluable additions to their live act. It's a deep feeling and thoughtful album full of the heart and tears defining our lives."

- Mindy McCall, No Depression

"Tia's voice has a special beauty. She has the rare ability to touch people with her music and somehow make them better..."

- Bob Harris BBC Radio 2

"Toronto's Tia McGraff is set to dazzle with her latest release, Stubborn In My Blood. The first single, "Strong," is already reaching beyond all expected demographics and boundaries, having been picked up by the #MeToomovement."

- Emma Sloan, Canadian Beats

"Tia McGraff has just released a fabulous seventh album, "Stubborn In My Blood." Her most personal to date.. features 11 thoughtful and reflective songs.. great powerful lyrics, strong vocals and an album cover that features Tia in boxing gloves, it's clear that this time around, she's not holding anything back!"

- Jan Hall - Folk Roots Radio with Jan Hall



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