

COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS**

Jefferson County Stadium, Lakewood

Meet Program**Event 161 Boys 100 Meter Dash 5A (19)****9 Advance: Top 2 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 9:05 AM**

National: 10.15 1990 Henry Neal
Colo. Prep: 10.27 2012 Raymond Bozmans
State Meet: 10.32 2007 Jeremy Rankin

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1					
2					
3	Owen Raisch	SR	Loveland	11.12	
4	Javier Craft	SR	Cherry Creek	11.08	
5	Max Borghi	SO	Pomona	10.80	
6	Kj Sapp	JR	Cherokee Trail	10.87	
7	Anthony Lyle	JR	Legacy	11.06	
8	Darrien Wells	JR	Hinkley	11.12	
9					

Heat 2 of 3 Prelims

1					
2					
3	Alex Weseman	SR	Fairview	11.11	
4	Jalen Martin	JR	Eaglecrest	11.08	
5	Javan Lanier	SR	Regis Jesuit	10.68	
6	Jordan Xiong	SR	Broomfield	10.95	
7	Jeremy Gonzales	JR	Pomona	11.05	
8	Nick Phillips	SR	Fruita Monum	11.13	
9					

Heat 3 of 3 Prelims

1					
2	Cole Howes	SR	Arvada West	11.13	
3	Donte Makatura	SR	Arvada West	11.10	
4	Miles Matulik	JR	Pomona	11.09	
5	Christian Lyon	SR	Fountain-Ft Crsr	10.62	
6	Devin Cadena	SO	Rock Canyon	10.99	
7	Donovan Williams	JR	Fountain-Ft Crsr	11.05	
8	Ki Jana Phillips	JR	Chaparral	11.13	
9					

Event 162 Boys 200 Meter Dash 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 12:55 PM**

National: 20.13 1985 Roy Martin
Colo. Prep: 20.70 2005 Jeremy Dodson
State Meet: 20.70 2005 Jeremy Dodson

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	Anthony Lyle	JR	Legacy	22.42	
2	Miles Matulik	JR	Pomona	22.35	
3	Cole Howes	SR	Arvada West	22.29	
4	Darrien Wells	JR	Hinkley	22.19	
5	Donovan Williams	JR	Fountain-Ft Crsr	21.96	
6	Jordan Xiong	SR	Broomfield	22.07	
7	Kj Sapp	JR	Cherokee Trail	22.17	
8	Jeremy Gonzales	JR	Pomona	22.29	
9	Owen Raisch	SR	Loveland	22.45	

Heat 2 of 2 Prelims

1	Blaize Holland	SO	Cherokee Trail	22.43	
2	Jalen Martin	JR	Eaglecrest	22.32	
3	Max Borghi	SO	Pomona	22.29	
4	Cameron Murray	SO	Overland	22.21	
5	Christian Lyon	SR	Fountain-Ft Crsr	21.37	
6	Javan Lanier	SR	Regis Jesuit	22.08	
7	Devante Wheaton	SR	Rangeview	22.16	
8	Donte Makatura	SR	Arvada West	22.29	
9	Alex Thomas	JR	Liberty	22.44	

Event 163 Boys 400 Meter Dash 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 11:08 AM**

National: 45.19 2012 Aldrich Bailey
Colo. Prep: 46.23 2006 J.T. Scheuerman
State Meet: 46.23 2006 J.T. Scheuerman

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	Kendal Smith	JR	Douglas Cty	50.20	
2	Daniel Hogan	SR	Regis Jesuit	50.15	
3	Emerson Collins	JR	Liberty	49.88	
4	Blaize Holland	SO	Cherokee Trail	49.77	
5	Cameron Murray	SO	Overland	49.16	
6	Alex Weseman	SR	Fairview	49.28	
7	Adam Stark	SO	Loveland	49.70	
8	Randall Evans	SR	Cherokee Trail	49.97	
9	Stefon McClunney	JR	Grandview	50.50	



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Heat 2 of 2 Prelims...(Event 163 Boys 400 Meter Dash 5A (16))**

1	Grady Winters	SR	Fruita Monum	50.23	_____
2	Hayelom Fitsum	JR	Denver East	50.13	_____
3	Malic Bonner	SO	Fountain-Ft Crsr	49.79	_____
4	Nolan Pflug	SR	Fruita Monum	49.78	_____
5	Darrien Wells	JR	Hinkley	49.15	_____
6	Tahir Hopkins	SR	Smoky Hill	49.49	_____
7	David Merkel	SR	Arapahoe	49.51	_____
8	Tomas Ornelas	SR	Heritage	50.01	_____
9	Thomas MacLean	JR	Cherokee Trail	50.35	_____

Event 164 Boys 800 Meter Run 5A (18)**Friday 5/20/2016 - 12:50 PM****Five Alleys with 1-turn Stagger Start**

National: 1:46.45 1996 Michael Granville
Colo. Prep: 1:50.59 2015 Blake Yount
State Meet: 1:50.59 2015 Blake Yount

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Henry Raymond	SR	Poudre	1:53.65	_____
2	Marcus Quere	SR	Loveland	1:54.65	_____
3	Isaac Green	JR	Monarch	1:55.44	_____
4	Vincent Workman	SR	Pomona	1:55.94	_____
5	Nolan Pflug	SR	Fruita Monum	1:56.97	_____
6	David Merkel	SR	Arapahoe	1:57.04	_____
7	Caden Foster	SO	Mtn. Vista	1:57.32	_____
8	Daniel Hamson	JR	Cherry Creek	1:57.37	_____
9	David Moore	JR	ThunderRidge	1:57.56	_____
10	Zach Litoff	JR	Monarch	1:57.72	_____
11	Kaden Lathrop	JR	Highlands Ranch	1:58.03	_____
12	Cameron Dimas	JR	Fort Collins	1:58.04	_____
13	Hayelom Fitsum	JR	Denver East	1:58.06	_____
14	Isaac Fournier	SR	Boulder	1:58.19	_____
15	Sam Primozech	JR	Boulder	1:58.27	_____
16	Dylan Ko	JR	Fossil Ridge	1:58.56	_____
17	Tad Trimarco	JR	Chaparral	1:58.60	_____
18	Robbie Gleeson	SR	Mtn. Vista	1:58.96	_____

Event 165 Boys 1600 Meter Run 5A (18)**Saturday 5/21/2016 - 11:20 AM****Five Alleys with 1-turn Stagger Start**

National: 3:59.51 2001 Alan Webb
Colo. Prep: 4:10.98 1981 Rich Martinez
State Meet: 4:10.98 1981 Rich Martinez

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Henry Raymond	SR	Poudre	4:17.39	_____
2	Jack Davidson	SR	Regis Jesuit	4:19.75	_____
3	Isaac Green	JR	Monarch	4:22.02	_____
4	Bryan Hird	SR	Rocky Mtn.	4:23.04	_____
5	Mason Brevig	SR	Arapahoe	4:23.80	_____
6	Marcus Quere	SR	Loveland	4:24.00	_____
7	Paxton Smith	SR	Mtn. Vista	4:25.33	_____
8	Dylan Ko	JR	Fossil Ridge	4:25.50	_____
9	Steven Goldy	SR	Arapahoe	4:26.70	_____
10	Cameron Dimas	JR	Fort Collins	4:27.03	_____
11	Jeremy Romero	SR	Heritage	4:27.42	_____
12	Eli Fournier	SR	Boulder	4:27.55	_____
13	Vincent Workman	SR	Pomona	4:27.80	_____
14	Kyle Moran	JR	Cherry Creek	4:28.20	_____
15	Ryan Currie	SR	Mtn. Vista	4:28.33	_____
16	Chris Theodore	SO	Rock Canyon	4:28.57	_____
17	Jake Mitchem	SR	Broomfield	4:28.79	_____
18	Ben Hogan	SR	Monarch	4:28.80	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Event 166 Boys 3200 Meter Run 5A (18)****Thursday 5/19/2016 - 9:35 AM****Two Super Alleys with 1-turn Stagger****National: 8:34.23 2008****German Fernandez****Colo. Prep: 9:05.89 2003****Brent Vaughn****State Meet: 9:05.89 2003****Brent Vaughn**

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Henry Raymond	SR	Poudre	9:22.42	_____
2	Steven Goldy	SR	Arapahoe	9:30.06	_____
3	Paxton Smith	SR	Mtn. Vista	9:31.02	_____
4	Jack Davidson	SR	Regis Jesuit	9:32.50	_____
5	Kyle Moran	JR	Cherry Creek	9:34.07	_____
6	Mason Brevig	SR	Arapahoe	9:34.40	_____
7	Harrison Scudamore	SO	Denver East	9:34.83	_____
8	Dylan Ko	JR	Fossil Ridge	9:38.66	_____
9	Bryan Hird	SR	Rocky Mtn.	9:38.80	_____
10	Bailey Timmons	JR	Rock Canyon	9:42.21	_____
11	Parker MacKay	SO	Mtn. Vista	9:42.62	_____
12	Keaton Schelir	SR	Fossil Ridge	9:44.60	_____
13	Connor McCabe	SO	Rampart	9:44.83	_____
14	Jake Mitchem	SR	Broomfield	9:44.87	_____
15	Rylan Wallace	JR	Cherokee Trail	9:45.25	_____
16	Jack Conlon	SR	Fort Collins	9:45.52	_____
17	Jared Durney	SR	Broomfield	9:45.72	_____
18	Joseph Krafur	SR	Fort Collins	9:45.90	_____

Event 167 Boys 110 Meter Hurdles 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 10:40 AM****National: 13.1h 1980****Dennis Brantley****National: 13.30 1990****Chris Nelloms****Colo. Prep: 13.61 2004****Wilbert Smith****State Meet: 13.62 2004****Wilbert Smith**

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Noah Bergford	JR	Legend	15.33	_____
2	Paulison Fosu	JR	Overland	15.20	_____
3	Tyler Prejean	SR	Rampart	15.11	_____
4	Ray Haas	SR	Arapahoe	14.91	_____
5	Thomas Robillard	SR	Fort Collins	14.45	_____
6	Johnathan Penrose	SR	Broomfield	14.54	_____
7	Xavier Bishop-falu	JR	Rampart	14.87	_____
8	Drake Zuroski	SR	Fossil Ridge	15.14	_____
9	Jacob Hansen	JR	Mtn. Vista	15.46	_____

Heat 2 of 2 Prelims

1	Garren Hoffman-maroney	JR	Castle View	15.35	_____
2	Jason Lewis	JR	Regis Jesuit	15.17	_____
3	Joseph Abiakam	JR	Denver East	15.11	_____
4	Angel Heredia	SO	Hinkley	14.92	_____
5	Max Gilbertson	SR	Mtn. Range	14.20	_____
6	Jacob Hahn	SR	Fruita Monum	14.76	_____
7	To'mas Randolph	SR	Bear Creek	14.79	_____
8	Tyler Shannon	JR	RalstonValley	15.14	_____
9	Dalton Keene	JR	Chatfield	15.46	_____

Event 168 Boys 300 Meter Hurdles 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 11:15 AM****National: 35.02 2009****Reggie Wyatt****Colo. Prep: 36.41 2001****Gerren Crochet****State Meet: 36.41 2001****Gerren Crochet**

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Joseph Abiakam	JR	Denver East	40.19	_____
2	Jared Brannen	JR	Fossil Ridge	40.10	_____
3	Ryan Marquez	SO	Pomona	39.83	_____
4	Drake Zuroski	SR	Fossil Ridge	39.57	_____
5	Johnathan Penrose	SR	Broomfield	38.74	_____
6	Angel Heredia	SO	Hinkley	39.00	_____
7	Mitchell Gorman	SO	Broomfield	39.56	_____
8	Tyler Shannon	JR	RalstonValley	39.85	_____
9	Ray Haas	SR	Arapahoe	40.46	_____
Heat 2 of 2 Prelims					
1	Noah Bergford	JR	Legend	40.29	_____
2	Dalton Keene	JR	Chatfield	40.06	_____
3	Derek Schramek	SR	Fountain-Ft Crsr	39.81	_____
4	Wyatt Wieland	SO	Pine Creek	39.79	_____
5	Jacob Hahn	SR	Fruita Monum	38.32	_____
6	Tyler Prejean	SR	Rampart	39.23	_____
7	Dalton Ill	SR	Broomfield	39.38	_____
8	Thomas Robillard	SR	Fort Collins	40.05	_____
9	Cody Harris	JR	ThunderRidge	40.42	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Event 169 Boys 4x100 Meter Relay 5A (18)****9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 9:08 AM****National: 39.76 1998 Fort Worth Wyatt HS, TX****Colo. Prep: 41.21 2007 Overland HS****State Meet: 41.21 2007 Overland HS**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Palmer	43.51	_____
2	Loveland	43.47	_____
3	Rangeview	43.24	_____
4	Cherry Creek	43.13	_____
5	Grandview	42.76	_____
6	Legend	43.07	_____
7	Fountain-Ft Crsn	43.12	_____
8	Chaparral	43.29	_____
9	Geo. Washington	43.60	_____

Heat 2 of 2 Prelims

1	Fruita Monum	43.52	_____
2	Overland	43.46	_____
3	Pomona	43.15	_____
4	Broomfield	43.13	_____
5	Cherokee Trail	42.63	_____
6	Eaglecrest	43.11	_____
7	Fort Collins	43.12	_____
8	Arvada West	43.33	_____
9	Highlands Ranch	43.52	_____

Event 170 Boys 4x200 Meter Relay 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 10:00 AM****National: 1:23.92 2007 Fort Bend Hightower HS, TX****Colo. Prep: 1:25.46 2013 Valor Christian HS****State Meet: 1:25.59 2007 George Washington HS**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Loveland	1:30.50	_____
2	Fort Collins	1:30.38	_____
3	Legend	1:30.02	_____
4	Smoky Hill	1:29.64	_____
5	Broomfield	1:28.61	_____
6	Fountain-Ft Crsn	1:28.73	_____
7	Arvada West	1:29.63	_____
8	Fruita Monum	1:30.21	_____
9	Grand Junction	1:31.06	_____

Heat 2 of 2 Prelims

1	Eaglecrest	1:30.68	_____
2	Chaparral	1:30.32	_____
3	Rangeview	1:30.02	_____
4	Cherry Creek	1:29.99	_____
5	Cherokee Trail	1:28.19	_____
6	Overland	1:29.32	_____
7	Grandview	1:29.57	_____
8	Pomona	1:30.25	_____
9	RalstonValley	1:30.97	_____

Event 171 Boys 4x400 Meter Relay 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 3:28 PM****National: 3:07.40 1985 Hawthorne HS, CA****Colo. Prep: 3:14.73 2012 Rangeview HS****State Meet: 3:15.34 1997 Montbello HS**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Douglas Cty	3:27.11	_____
2	Denver East	3:27.09	_____
3	Heritage	3:25.50	_____
4	Grandview	3:24.83	_____
5	Hinkley	3:23.35	_____
6	Broomfield	3:23.62	_____
7	Fruita Monum	3:24.29	_____
8	ThunderRidge	3:25.79	_____
9	Loveland	3:27.92	_____

Heat 2 of 2 Prelims

1	Arvada West	3:27.20	_____
2	Fort Collins	3:26.93	_____
3	Cherry Creek	3:25.14	_____
4	Smoky Hill	3:24.88	_____
5	Fountain-Ft Crsn	3:21.22	_____
6	Arapahoe	3:23.87	_____
7	Cherokee Trail	3:23.93	_____
8	Highlands Ranch	3:26.88	_____
9	Legend	3:27.83	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Event 172 Boys 4x800 Meter Relay 5A (18)****Thursday 5/19/2016 - 11:50 AM****Five Alleys with 1-turn Stagger Start****National: 7:33.48 2009 Warrington Central HS, PA****Colo. Prep: 7:45.10 2001 Smoky Hill HS****State Meet: 7:45.10 2001 Smoky Hill HS**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mtn. Vista		7:58.17
2	Boulder		7:59.98
3	Fort Collins		8:02.01
4	Heritage		8:03.16
5	Cherry Creek		8:03.24
6	Monarch		8:03.40
7	Coronado		8:07.05
8	Arapahoe		8:07.11
9	ThunderRidge		8:07.66
10	Rock Canyon		8:08.09
11	Fruita Monum		8:09.90
12	Chaparral		8:10.05
13	Broomfield		8:11.84
14	Grandview		8:12.58
15	Highlands Ranch		8:12.69
16	Fossil Ridge		8:13.14
17	Cherokee Trail		8:13.75
18	Arvada West		8:14.13

Event 173 Boys High Jump 5A (18)**Thursday 5/19/2016 - 8:30 AM****Warm-up 5'10"****Start 6'0" - Increments 2" to until 5 jumpers then up by 1"****National: 7-05.75 2009 James White****Colo. Prep: 7-04 1991 Matt Hemingway****State Meet: 7-02 1987 Jeff Martinez**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Jalen Lyon	SO	Fountain-Ft Crsr	6-02.00
2	MacCee Reed	SO	Dakota Ridge	6-02.00
3	Jaydon Lewis	JR	Coronado	6-02.00
4	Dominick Jackson	SR	Aurora Central	6-02.00
5	Erick Goodall	SO	Thornton	6-02.00
6	Koy Bowen	SR	Horizon	6-02.00
7	Cale Ferrin	SR	Dakota Ridge	6-02.00
8	Aaron Hargis	JR	Fossil Ridge	6-02.00
9	Marshall Ivy	SR	Dakota Ridge	6-03.00
10	Jequan Hogan	SO	Fountain-Ft Crsr	6-04.00
11	Elijah Reed	SR	Rangeview	6-04.00
12	Danny Williams	SR	Pomona	6-04.00
13	Tanner Walsh	JR	Palmer	6-04.00
14	Bryce Williams	SR	Broomfield	6-04.00
15	Koby Dudley	JR	Castle View	6-04.00
16	Uche Obinnah	SR	Grandview	6-06.00
17	Austin Campbell	SR	Regis Jesuit	6-09.00
18	David Thornton	SR	Cherokee Trail	7-00.00



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Event 174 Boys Pole Vault 5A (20)****Thursday 5/19/2016 - 8:30 AM****Warm-up 12'1"****Start 12'7" - Increments 6" to until 5 jumpers then up by 3"****National: 18-02.25 1999 Eric Eshbach****Colo. Prep: 17-07.50 1986 Pat Manson****State Meet: 17-03 1986 Pat Manson**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Mack Yang-aaron	SR	Arapahoe	13-01.00
2	Griffin Hampton	SO	Arapahoe	13-01.00
3	Ezekiel Owen	JR	Legacy	13-01.00
4	Sid Bennett	JR	Poudre	13-03.00
5	Jacob Braaksma	SR	Grandview	13-03.00
6	Nolan Krone	JR	Pomona	13-04.00
7	Louis Febvre	SR	Poudre	13-04.00
8	Ernie Gendill	SR	Pomona	13-04.00
9	Sean Chen	SR	Monarch	13-06.00
10	Bryce Nault	JR	ThunderRidge	13-07.00
11	Cole Rowan	SO	Monarch	13-08.00
12	Nathan Vinson	SR	Rocky Mtn.	14-00.00
13	Riley Chase	JR	Castle View	14-00.00
14	Jason Lewis	JR	Regis Jesuit	14-01.00
15	Eli Chance	SR	Fairview	14-06.00
16	Geoffrey Lord	JR	Regis Jesuit	14-06.00
17	Ezekiel Johnson	JR	ThunderRidge	14-07.00
18	Max Manson	FR	Monarch	14-08.00
19	Connor Roberts	SR	Cherry Creek	15-03.00
20	Davis Butte	SR	Chaparral	15-06.00

Event 175 Boys Long Jump 5A (18)**Thursday 5/19/2016 - 11:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 26-04.75 1989 James Stallworth****Colo. Prep: 24-07.50 1990 Chris Sanders****State Meet: 24-05.50 1995 William Henderson**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Javan Lanier	SR	Regis Jesuit	21-04.50
2	Bryce Williams	SR	Broomfield	21-04.50
3	Austin Taylor	SR	Grand Junction	21-05.25
4	Aaron Harris	SO	Grandview	21-05.75
5	Zac Bitton	SR	Greeley West	21-06.50
6	To'mas Randolph	SR	Bear Creek	21-11.75
7	William Ross	SR	Palmer	22-00.00
8	Danny Williams	SR	Pomona	22-00.50
9	Hayden Blubaugh	JR	Grandview	22-00.75

Flight 2 of 2 Finals

1	David Cunningham	SR	Highlands Ranch	22-00.75
2	Angel Heredia	SO	Hinkley	22-01.00
3	Braden Smith	SR	Lakewood	22-02.50
4	Chance Walker	SR	Rangeview	22-03.00
5	Austin Campbell	SR	Regis Jesuit	22-04.25
6	Javier Craft	SR	Cherry Creek	22-04.75
7	Luke McDaniel	SR	Arapahoe	22-07.00
8	Kj Sapp	JR	Cherokee Trail	22-09.00
9	Ta'Mar Wilson	SR	Cherokee Trail	22-09.00

Event 176 Boys Triple Jump 5A (19)**Saturday 5/21/2016 - 8:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 52-10.50 1980 Charles Mayfield****Colo. Prep: 51-00.25 1973 Victor White****State Meet: 51-00.25 1973 Victor White**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Isaiah Sanford	JR	Smoky Hill	43-04.00
2	Zach Weinmaster	FR	Loveland	43-04.00
3	Neil Brown	SR	Grandview	43-04.75
4	Chibunna Ogu	JR	Legend	43-06.25
5	Kenneth Tate	SR	Fountain-Ft Crsr	43-09.50
6	Josh Bulawa	SR	Chaparral	43-10.00
7	Ryan Cornell	SR	Regis Jesuit	44-00.00
8	Julian Smith	SR	Denver East	44-00.00
9	Mathew Thomas	JR	Rangeview	44-00.00
10				

Flight 2 of 2 Finals

1	Tyler Shannon	JR	RalstonValley	44-01.00
2	Diondre Johnson	JR	Rangeview	44-04.00
3	Zander Scarbrough	SO	Castle View	44-06.00
4	Ta'Mar Wilson	SR	Cherokee Trail	44-06.00
5	Jequan Hogan	SO	Fountain-Ft Crsr	44-07.50
6	Bryce Williams	SR	Broomfield	44-09.00
7	Eric Krauss	SR	Highlands Ranch	44-09.50
8	Micaylon Moore	FR	Fort Collins	44-10.00
9	Danny Williams	SR	Pomona	45-05.75
10	William Ross	SR	Palmer	46-02.75



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Event 177 Boys Shot Put 5A (18)****Saturday 5/21/2016 - 10:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 77-00 1979 Michael Carter****Colo. Prep: 71-03.25 2009 Mason Finley****State Meet: 66-03.25 1982 Jim Banich**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Colton Homuth	JR	Castle View	46-10.50	_____
2	Charles Dunkleman	SR	Loveland	47-01.00	_____
3	Mike Retland	SR	Aurora Central	47-07.00	_____
4	Nico Heineke Magri	JR	Monarch	47-07.25	_____
5	Isaac Lopez	JR	Pomona	48-04.00	_____
6	Brandon Micale	JR	Pomona	48-09.00	_____
7	Brennon Saucier	SR	Mtn. Range	49-01.50	_____
8	Justin Green	SR	Rocky Mtn.	49-03.25	_____
9	Ruben Estrada	JR	Cherokee Trail	49-05.00	_____

Flight 2 of 2 Finals

1	James Duckworth	SR	ThunderRidge	49-08.00	_____
2	Cheyenne Little-Fawn	SR	GJ Central	49-09.25	_____
3	Tama Tuitele	SO	Regis Jesuit	49-11.00	_____
4	Donovan Ridley	SR	Cherokee Trail	50-04.00	_____
5	Quasean Smith	SR	Hinkley	51-04.50	_____
6	Robert Moss	JR	Grandview	52-01.00	_____
7	Jake Moretti	JR	Pomona	52-10.50	_____
8	Sheldon Downs	SR	Palmer	53-06.75	_____
9	Clae Walters	SR	Pomona	54-02.75	_____

Event 178 Boys Discus Throw 5A (19)**Thursday 5/19/2016 - 8:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 236-06 2009 Mason Finley****Colo. Prep: 236-06 2009 Mason Finley****State Meet: 192-05 1977 Todd Austin**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Sheldon Downs	SR	Palmer	140-01	_____
2	James Duckworth	SR	ThunderRidge	140-01	_____
3	Brennon Saucier	SR	Mtn. Range	141-06	_____
4	Zac Bitton	SR	Greeley West	142-00	_____
5	Cheyenne Little-Fawn	SR	GJ Central	142-09	_____
6	Ruben Estrada	JR	Cherokee Trail	143-05	_____
7	Ryan Holt	JR	ThunderRidge	147-09	_____
8	Brandon Micale	JR	Pomona	149-09	_____
9	Avery Lux	SR	Fossil Ridge	150-01	_____

10 _____

Flight 2 of 2 Finals

1	Justin Green	SR	Rocky Mtn.	151-00	_____
2	Andy Kline	JR	Fort Collins	151-03	_____
3	Garrett Betty	JR	Broomfield	151-11	_____
4	Charles Broomfield	SO	Coronado	152-02	_____
5	Marco Colbray	SR	Rocky Mtn.	154-06	_____
6	Andy Ritter	SR	RalstonValley	154-10	_____
7	Tama Tuitele	SO	Regis Jesuit	155-05	_____
8	Clae Walters	SR	Pomona	156-06	_____
9	Jacob Condill	SR	Chaparral	157-04	_____
10	Jackson Wibbels	SR	Pine Creek	158-09	_____

Event 181 Girls 100 Meter Dash 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 9:00 AM****National: 11.14 1992 Marion Jones****Colo. Prep: 11.31 1987 Caryl Smith****State Meet: 11.33 2013 Ana Holland**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	Maya McQuine	SR	Fountain-Ft Crsr	12.31	_____
2	Heide Baron	SR	Pine Creek	12.29	_____
3	Sydnee Larkin	SO	Cherokee Trail	12.21	_____
4	Taylor Watson	SO	Cherokee Trail	12.18	_____
5	Michaela Onyenwere	JR	Grandview	12.02	_____
6	Audra Koopman	JR	Fort Collins	12.05	_____
7	London Evans	SR	RalstonValley	12.14	_____
8	Shewli Ghosh	JR	ThunderRidge	12.26	_____
9	Abigail Brown	SO	Douglas Cty	12.50	_____

Heat 2 of 2 Prelims

1	Semaye Johnson	JR	Pomona	12.39	_____
2	Brenna Chase	SR	Broomfield	12.29	_____
3	Jill Payne	SR	Grand Junction	12.21	_____
4	Mia Coats	JR	Mtn. Range	12.19	_____
5	Arria Minor	FR	Denver East	11.64	_____
6	Dawnielle Lewis	FR	Rangeview	12.13	_____
7	Julia Hall	SR	Arapahoe	12.13	_____
8	Tara Pelton	SR	Legend	12.26	_____
9	Bree Hysaw	JR	Regis Jesuit	12.49	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS**

Jefferson County Stadium, Lakewood

Meet Program**Event 182 Girls 200 Meter Dash 5A (18)****9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 12:50 PM**

National: 22.52 2003 Allyson Felix
Colo. Prep: 23.29 2013 Ana Holland
State Meet: 23.36 1994 Aspen Burkett

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Jaiden Paris	SO	Cherokee Trail	25.27	_____
2	Blair Bernhardt	JR	Loveland	25.21	_____
3	Jill Payne	SR	Grand Junction	25.14	_____
4	Heide Baron	SR	Pine Creek	24.85	_____
5	Becca Schulte	SR	Fort Collins	24.65	_____
6	Michaela Onyenwere	JR	Grandview	24.66	_____
7	Brenna Chase	SR	Broomfield	24.79	_____
8	Sydnee Larkin	SO	Cherokee Trail	25.16	_____
9	Simone Watkins	FR	Denver East	25.68	_____

Heat 2 of 2 Prelims

1	Sierra Arceneaux	SO	Hinkley	25.57	_____
2	Dawnielle Lewis	FR	Rangeview	25.17	_____
3	London Evans	SR	RalstonValley	25.13	_____
4	Tara Pelton	SR	Legend	25.02	_____
5	Arria Minor	FR	Denver East	23.65	_____
6	Julia Hall	SR	Arapahoe	24.70	_____
7	Mia Coats	JR	Mtn. Range	24.71	_____
8	Jasmine Chesson	JR	Fort Collins	25.16	_____
9	Maya McQuene	SR	Fountain-Ft Crsr	25.63	_____

Event 183 Girls 400 Meter Dash 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 11:00 AM**

National: 50.74 2000 Monique Henderson
Colo. Prep: 52.49 2013 Ana Holland
State Meet: 52.49 2013 Ana Holland

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Jalen Jordan	SR	Palmer	59.11	_____
2	Afrasia Robinson	SO	Fountain-Ft Crsr	59.08	_____
3	Jill Payne	SR	Grand Junction	57.63	_____
4	Brenna Chase	SR	Broomfield	57.01	_____
5	Becca Schulte	SR	Fort Collins	55.01	_____
6	Heide Baron	SR	Pine Creek	55.19	_____
7	Michaela Onyenwere	JR	Grandview	55.86	_____
8	Symonne Holland	SR	Cherokee Trail	57.68	_____
9	Paige Overcash	SR	Monarch	59.46	_____

Heat 2 of 2 Prelims

1	Sarah Slack	SR	Arapahoe	59.31	_____
2	Megan Koch	SO	Highlands Ranch	58.54	_____
3	Jasmine Chesson	JR	Fort Collins	57.28	_____
4	Anna Hall	FR	Arapahoe	57.02	_____
5	Julia Hall	SR	Arapahoe	54.10	_____
6	Arria Minor	FR	Denver East	55.20	_____
7	Mia Coats	JR	Mtn. Range	55.38	_____
8	Simone Watkins	FR	Denver East	58.18	_____
9	Anna Hart	FR	ThunderRidge	59.35	_____

Event 184 Girls 800 Meter Run 5A (18)**Friday 5/20/2016 - 12:45 PM****Five Alleys with 1-turn Stagger Start**

National: 2:02.04 2011 Amy Weissenbach
Colo. Prep: 2:04.56 2015 Jordyn Colter
State Meet: 2:04.56 2015 Jordyn Colter

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Cayli Hume	SR	Dakota Ridge	2:14.33	_____
2	Kamryn Hart	SR	ThunderRidge	2:15.10	_____
3	Becca Schulte	SR	Fort Collins	2:15.12	_____
4	Madison Mooney	SO	Horizon	2:15.32	_____
5	Hannah Freeman	JR	Fairview	2:15.65	_____
6	Lauren Gregory	JR	Fort Collins	2:16.57	_____
7	Lauren Neugeboren	SO	Boulder	2:16.84	_____
8	Megan Koch	SO	Highlands Ranch	2:17.06	_____
9	Kacey Doner	SR	Rocky Mtn.	2:17.24	_____
10	Lisa Swartz	SR	Cherry Creek	2:17.29	_____
11	Callin Naddy	SO	Rocky Mtn.	2:17.55	_____
12	Brie Oakley	JR	Grandview	2:18.16	_____
13	Megan Mooney	SR	Horizon	2:18.16	_____
14	Madison Brown	SR	Coronado	2:18.67	_____
15	Jordan McCurdy	SO	Cherry Creek	2:19.34	_____
16	Kaitlyn Mercer	FR	Grandview	2:19.43	_____
17	Morgan Aurich	SR	ThunderRidge	2:19.43	_____
18	Julia Chambers	FR	Mtn. Vista	2:19.74	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS**

Jefferson County Stadium, Lakewood

Meet Program**Event 185 Girls 1600 Meter Run 5A (18)****Saturday 5/21/2016 - 11:10 AM****Five Alleys with 1-turn Stagger Start****National: 4:33.29 2014 Alexa Efraimson****Colo. Prep: 4:46.22 2015 Jordyn Colter****State Meet: 4:46.22 2015 Jordyn Colter**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Brie Oakley	JR	Grandview	4:57.91
2	Megan Mooney	SR	Horizon	4:59.34
3	Kacey Doner	SR	Rocky Mtn.	5:04.72
4	Lauren Gregory	JR	Fort Collins	5:08.67
5	Madison Mooney	SO	Horizon	5:10.08
6	Holly Bent	JR	Monarch	5:12.00
7	Lillian Markusch	SR	Cherry Creek	5:12.22
8	Callin Naddy	SO	Rocky Mtn.	5:12.60
9	Morgan Conn	SO	Arapahoe	5:12.99
10	Jordan Herrera	JR	Cherokee Trail	5:13.79
11	Savanna Dalton	SR	Castle View	5:15.11
12	Cayli Hume	SR	Dakota Ridge	5:15.29
13	Mauren Fitzsimmons	SO	Mtn. Vista	5:15.89
14	Ivy Gonzales	SO	Broomfield	5:16.08
15	Sydney Teslow	SO	Fossil Ridge	5:16.51
16	Devon Kroeker	JR	Pine Creek	5:17.21
17	Dianna Rowe	SR	Greeley West	5:17.38
18	Katelyn Mitchem	SO	Broomfield	5:17.57

Event 186 Girls 3200 Meter Run 5A (18)**Thursday 5/19/2016 - 9:20 AM****Two Super Alleys with 1-turn Stagger****National: 9:48.59 1996 Kimberly Mortensen****Colo. Prep: 10:17.48 2014 Elise Cranny****State Meet: 10:34.09 1990 Melody Fairchild**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Brie Oakley	JR	Grandview	10:27.38
2	Megan Mooney	SR	Horizon	10:53.70
3	Allison Mann	JR	Liberty	11:14.89
4	Mauren Fitzsimmons	SO	Mtn. Vista	11:15.98
5	Kacey Doner	SR	Rocky Mtn.	11:16.00
6	Caroline Eck	FR	Mtn. Vista	11:18.17
7	Claudia Burgess	SO	Boulder	11:19.97
8	Lillian Markusch	SR	Cherry Creek	11:20.03
9	Ivy Gonzales	SO	Broomfield	11:21.44
10	Holly Bent	JR	Monarch	11:22.14
11	Audrey Lookner	JR	Monarch	11:24.15
12	Lauren Gregory	JR	Fort Collins	11:24.19
13	Sydney Teslow	SO	Fossil Ridge	11:24.41
14	Luna Slater	SO	Poudre	11:25.24
15	Amy McConnell	SR	Cherokee Trail	11:27.11
16	Savanna Dalton	SR	Castle View	11:29.57
17	Madison Easton	JR	Mtn. Vista	11:33.96
18	Katelyn Mitchem	SO	Broomfield	11:35.60

Event 187 Girls 100 Meter Hurdles 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 10:30 AM****National: 13.03 2007 Vashti Thomas****Colo. Prep: 13.09 2014 Dior Hall****State Meet: 13.09 2014 Dior Hall**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Delaney Smith	SO	Cherry Creek	15.44
2	Kennede Brown	JR	Grandview	15.37
3	Anna Hall	FR	Arapahoe	15.19
4	Rhyan Pettaway	SR	Rock Canyon	14.76
5	Zoe Gilbertson	JR	Mtn. Range	13.88
6	Kiana Gomez	SR	Brighton	14.51
7	Maya Ries	SR	Denver East	14.68
8	Hannah Carlson	SO	Arapahoe	15.20
9	Erika White	SR	Brighton	15.60



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS**

Jefferson County Stadium, Lakewood

Meet Program**Heat 2 of 2 Prelims...(Event 187 Girls 100 Meter Hurdles 5A)**

1	Deborah Holmes	JR	Arapahoe	15.44	_____
2	Chloe Woest	SR	Fossil Ridge	15.35	_____
3	Tessa Gartrell	SR	Denver East	15.17	_____
4	Marlee Brown	SR	Palmer	14.76	_____
5	Emily Sloan	SO	Rock Canyon	13.40	_____
6	Jaiden Paris	SO	Cherokee Trail	14.53	_____
7	Kylie Davis	SO	Regis Jesuit	14.62	_____
8	Aleksandra Anderson	SR	Prairie View	15.26	_____
9	Sheridan Davis	JR	Fossil Ridge	15.55	_____

Event 188 Girls 300 Meter Hurdles 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 10:50 AM**

National:	39.98	2001	Lashinda Demus
Colo. Prep:	41.18	2014	Carly Lester
State Meet:	41.18	2014	Carly Lester

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Shelby Ratzlaff	SR	Doherty	46.31	_____
2	Kennede Brown	JR	Grandview	46.29	_____
3	Morgan Krusoe	SR	Highlands Ranch	46.07	_____
4	Delaney Smith	SO	Cherry Creek	45.10	_____
5	Emily Sloan	SO	Rock Canyon	42.67	_____
6	Anna Hall	FR	Arapahoe	43.85	_____
7	Kylie Davis	SO	Regis Jesuit	45.03	_____
8	Hannah Weinmaster	JR	Loveland	46.07	_____
9	Mallory Kellum	SR	Fossil Ridge	46.71	_____

Heat 2 of 2 Prelims

1	Erika White	SR	Brighton	46.47	_____
2	Sheridan Davis	JR	Fossil Ridge	46.27	_____
3	Megan King	JR	Grand Junction	45.76	_____
4	Hannah Carlson	SO	Arapahoe	45.19	_____
5	Zoe Gilbertson	JR	Mtn. Range	42.36	_____
6	Aleksandra Anderson	SR	Prairie View	44.74	_____
7	Jaiden Paris	SO	Cherokee Trail	45.01	_____
8	Bailey Hardman	SR	ThunderRidge	46.12	_____
9	Amelia Johannes	FR	Smoky Hill	46.66	_____

Event 189 Girls 4x100 Meter Relay 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 9:00 AM**

National:	44.50	2004	Long Beach Poly HS, CA
Colo. Prep:	46.51	2007	George Washington HS
State Meet:	46.51	2007	George Washington HS

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Douglas Cty	49.86	_____
2	Castle View	49.82	_____
3	Arapahoe	49.55	_____
4	Ralston Valley	49.49	_____
5	Cherokee Trail	47.80	_____
6	Fort Collins	48.15	_____
7	Palmer	49.03	_____
8	Doherty	49.58	_____
9	Legend	50.13	_____

Heat 2 of 2 Prelims

1	Grandview	49.91	_____
2	Loveland	49.74	_____
3	Regis Jesuit	49.52	_____
4	Eaglecrest	49.50	_____
5	Denver East	47.75	_____
6	Overland	48.76	_____
7	Monarch	48.91	_____
8	Hinkley	49.64	_____
9	Cherry Creek	50.09	_____

Event 190 Girls 4x200 Meter Relay 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 9:50 AM**

National:	1:33.87	2004	Long Beach Poly HS, CA
Colo. Prep:	1:37.05	2014	Pine Creek HS
H Baron, M Howie, M Baron, A Watt			
State Meet:	1:37.05	2014	Pine Creek HS

H Baron, M Howie, M Baron, A Watt

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Boulder	1:45.86	_____
2	Legend	1:45.77	_____
3	Monarch	1:45.12	_____
4	Eaglecrest	1:44.64	_____
5	Fort Collins	1:42.56	_____
6	Arapahoe	1:42.75	_____
7	Denver East	1:44.15	_____
8	Lakewood	1:45.48	_____
9	Regis Jesuit	1:46.24	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS**

Jefferson County Stadium, Lakewood

Meet Program**Heat 2 of 2 Prelims...(Event 190 Girls 4x200 Meter Relay 5A**

1	Castle View	1:45.97	_____
2	Fossil Ridge	1:45.75	_____
3	RalstonValley	1:44.95	_____
4	Loveland	1:44.87	_____
5	Cherokee Trail	1:41.33	_____
6	Overland	1:43.19	_____
7	ThunderRidge	1:43.28	_____
8	Pomona	1:45.68	_____
9	Fountain-Ft Crsn	1:45.99	_____

Event 191 Girls 4x400 Meter Relay 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Friday 5/20/2016 - 3:15 PM**

National:	3:35.49	2004	Long Beach Poly HS, CA
Colo. Prep:	3:45.69	2011	Littleton HS
State Meet:	3:45.69	2011	Littleton HS

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Regis Jesuit	4:07.32	_____
2	Highlands Ranch	4:06.13	_____
3	Denver East	4:03.84	_____
4	Fairview	4:01.15	_____
5	Fort Collins	3:55.91	_____
6	Cherokee Trail	3:56.94	_____
7	Eaglecrest	4:01.00	_____
8	Fountain-Ft Crsn	4:04.07	_____
9	Lakewood	4:09.31	_____

Heat 2 of 2 Prelims

1	Smoky Hill	4:07.47	_____
2	Boulder	4:05.89	_____
3	Fossil Ridge	4:03.77	_____
4	Cherry Creek	4:02.09	_____
5	Arapahoe	3:52.39	_____
6	ThunderRidge	3:58.45	_____
7	Coronado	4:00.37	_____
8	Prairie View	4:04.20	_____
9	Liberty	4:09.20	_____

Event 192 Girls 4x800 Meter Relay 5A (18)**Thursday 5/19/2016 - 11:35 AM****Five Alleys with 1-turn Stagger Start**

National:	8:48.29	2012	Grosse Pointe South, MI
Colo. Prep:	9:00.07	2009	Thompson Valley HS
State Meet:	9:01.83	2003	Smoky Hill HS

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Horizon	9:29.88	_____
2	Mtn. Vista	9:30.00	_____
3	Rocky Mtn.	9:30.75	_____
4	Fairview	9:32.91	_____
5	ThunderRidge	9:33.00	_____
6	Cherry Creek	9:37.56	_____
7	Coronado	9:40.96	_____
8	Grandview	9:45.01	_____
9	Monarch	9:45.14	_____
10	Arvada West	9:46.33	_____
11	Boulder	9:46.68	_____
12	Broomfield	9:47.18	_____
13	Arapahoe	9:47.33	_____
14	Fossil Ridge	9:48.41	_____
15	Cherokee Trail	9:50.90	_____
16	Pine Creek	9:51.99	_____
17	Castle View	9:52.20	_____
18	Chatfield	9:52.67	_____

Event 193 Girls 800 Sprint Medley 5A (18)**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/19/2016 - 8:30 AM****Format: 100-100-200-400 - 2-Turn Stagger**

Colo. Prep:	1:42.98	2014	George Washington HS
State Meet:	1:43.31	2015	Denver East

T Gartrell, K Dublin, D Birch, N Clausell

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Fossil Ridge	1:50.61	_____
2	Lakewood	1:50.36	_____
3	Loveland	1:49.23	_____
4	Dakota Ridge	1:48.22	_____
5	Fort Collins	1:47.06	_____
6	Denver East	1:47.71	_____
7	Cherokee Trail	1:48.17	_____
8	Palmer	1:49.32	_____
9	Highlands Ranch	1:50.98	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Heat 2 of 2 Prelims...(Event 193 Girls 800 Sprint Medley 5A**

1	Doherty	1:50.71	_____
2	Eaglecrest	1:50.03	_____
3	Cherry Creek	1:48.89	_____
4	Mtn. Range	1:48.65	_____
5	Arapahoe	1:46.13	_____
6	ThunderRidge	1:47.82	_____
7	Pine Creek	1:47.99	_____
8	Monarch	1:49.38	_____
9	Fairview	1:50.82	_____

Event 194 Girls High Jump 5A (18)**Friday 5/20/2016 - 10:30 AM****Warm-up 4'9.5"****Start 4'11.5" - Increments 2" to until 5 jumpers then up by 1"****National: 6-04 2009 Toni Young****Colo. Prep: 6-01 1978 Sharon Burrill****State Meet: 6-00.50 2005 Chelsea Taylor**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Alison Stouffer	SR	Monarch	5-01.50	_____
2	Olivia Landers	SR	Dakota Ridge	5-02.00	_____
3	Josie Eder	SR	Loveland	5-02.00	_____
4	Shyanne Vaden	JR	Denver East	5-02.00	_____
5	Emily Ellis	FR	Rampart	5-02.00	_____
6	Sarah Eastwood	JR	Fossil Ridge	5-02.00	_____
7	Molly McCabe	SR	Mtn. Vista	5-02.00	_____
8	Mekhi Peoples	JR	Geo. Washington	5-02.00	_____
9	Myles Hilbert	FR	Rocky Mtn.	5-02.00	_____
10	Kaley Hodges	SR	Liberty	5-02.00	_____
11	Tia Wright	JR	Grand Junction	5-03.00	_____
12	Jessica Kenney	SR	Arvada West	5-04.00	_____
13	Kiara Kearney	SR	Rampart	5-04.00	_____
14	Emma Smith	JR	Mtn. Vista	5-04.00	_____
15	Audra Koopman	JR	Fort Collins	5-05.00	_____
16	Heather Betz	SR	Fairview	5-05.50	_____
17	Celia Smith	JR	Coronado	5-06.00	_____
18	Anna Hall	FR	Arapahoe	5-06.00	_____

Event 195 Girls Pole Vault 5A (18)**Thursday 5/19/2016 - 11:00 AM****Warm-up 8'10"****Start 9'4" - Increments 6" to until 5 jumpers then up by 3"****National: 14-02.75 2011 Morgan Leleux****Colo. Prep: 13-09 2016 Andrea Willis****State Meet: 13-01 2008 Kelli Ehardt**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Chlotille Scheckel	JR	Chaparral	9-10.00	_____
2	Carlie Andrie	JR	Smoky Hill	9-10.00	_____
3	Kells Peterson	SR	ThunderRidge	9-10.00	_____
4	Sydney Wewerka	SR	Poudre	10-00.00	_____
5	Choying Obrien	FR	Smoky Hill	10-01.00	_____
6	Spencer Elder	SR	ThunderRidge	10-02.00	_____
7	Brooke Walker	SR	Castle View	10-03.00	_____
8	Peyton Turner	SR	RalstonValley	10-06.00	_____
9	Josie Eder	SR	Loveland	10-06.00	_____
10	Sarina Kopf	SO	Lakewood	10-08.00	_____
11	Anika Levy	JR	Rocky Mtn.	10-09.00	_____
12	Tate Thornton	JR	Rocky Mtn.	10-09.00	_____
13	Morgan Adsit	FR	Douglas Cty	10-10.00	_____
14	Heidi Liles	SO	Monarch	11-00.00	_____
15	Avery Paxton	JR	Cherry Creek	11-06.00	_____
16	Annalise Arant	JR	Fairview	11-06.00	_____
17	Mia Moret	JR	Poudre	12-00.00	_____
18	Chloe Woest	SR	Fossil Ridge	12-02.00	_____

Event 196 Girls Long Jump 5A (20)**Thursday 5/19/2016 - 8:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 22-01.75 1976 Kathy McMillan****Colo. Prep: 21-00.75 2005 Chelsea Taylor****State Meet: 21-00.75 2005 Chelsea Taylor**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Carina Schmid	JR	Fairview	16-10.00	_____
2	Julie MacKin	SR	Castle View	16-10.00	_____
3	Kiara Kearney	SR	Rampart	16-10.00	_____
4	Alisha Davis	FR	Grandview	16-11.00	_____
5	Sophia Collins	SO	Liberty	16-11.50	_____
6	Marlee Brown	SR	Palmer	17-00.50	_____
7	Kailey Paterson	SO	Fort Collins	17-02.00	_____
8	Aumni Ashby	SO	Cherokee Trail	17-02.75	_____
9	Tate Thornton	JR	Rocky Mtn.	17-04.00	_____
10	Tatum Rembao	JR	Loveland	17-04.00	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Flight 2 of 2 Finals...(Event 196 Girls Long Jump 5A (20))**

1	Heidi Beier	JR	Liberty	17-05.00	_____
2	Hannah Carlson	SO	Arapahoe	17-05.00	_____
3	Chian Deloach	SO	Cherokee Trail	17-06.00	_____
4	Mia Steele	SO	Eaglecrest	17-06.00	_____
5	Celia Smith	JR	Coronado	17-09.00	_____
6	Chloe Woest	SR	Fossil Ridge	17-09.00	_____
7	Michaela Onyenwere	JR	Grandview	18-00.00	_____
8	Kiana Gomez	SR	Brighton	18-01.00	_____
9	Sydnee Larkin	SO	Cherokee Trail	18-03.75	_____
10	Audra Koopman	JR	Fort Collins	19-08.50	_____

Event 197 Girls Triple Jump 5A (18)**Saturday 5/21/2016 - 11:00 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 44-02.25 2001 Ychindria Spears****Colo. Prep: 41-03.50 2006 Nyeisha Wright****State Meet: 41-00.50 2004 Shaquania Lundy**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Kiara Kearney	SR	Rampart	35-02.00	_____
2	Mia Middleton	SO	Arapahoe	35-03.00	_____
3	Maddie Betz	SR	Highlands Ranch	35-04.75	_____
4	Sydney Trichler	SO	Mtn. Vista	35-07.00	_____
5	Carina Schmid	JR	Fairview	35-08.00	_____
6	Jaelyn Hershberger	SO	Coronado	35-10.25	_____
7	Tate Thornton	JR	Rocky Mtn.	36-00.00	_____
8	Tatum Rembao	JR	Loveland	36-00.50	_____
9	Kailey Paterson	SO	Fort Collins	36-01.75	_____

Flight 2 of 2 Finals

1	Kiana Gomez	SR	Brighton	37-01.00	_____
2	Maya Ries	SR	Denver East	37-03.00	_____
3	Celia Smith	JR	Coronado	37-03.25	_____
4	Sarah Hopkins	SR	Fairview	37-03.50	_____
5	Anna Hart	FR	ThunderRidge	37-04.50	_____
6	Alex Koschel	SR	Loveland	37-05.25	_____
7	Aummi Ashby	SO	Cherokee Trail	37-09.00	_____
8	Heidi Beier	JR	Liberty	38-02.00	_____
9	Sydnee Larkin	SO	Cherokee Trail	38-05.75	_____

Event 198 Girls Shot Put 5A (18)**Saturday 5/21/2016 - 8:30 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 54-10.75 2003 Michelle Carter****Colo. Prep: 51-01 1994 Collinus Newsome****State Meet: 50-01 1994 Collinus Newsome**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Jordan Thomas	FR	Doherty	35-08.00	_____
2	Jamara Jackson	SO	Thornton	35-09.50	_____
3	Bailey McCoy	SO	Legend	35-11.00	_____
4	Brenna Fankell	SR	Broomfield	36-01.00	_____
5	Meredith Minton	JR	Douglas Cty	36-06.00	_____
6	Kenzie McLelland	SR	Cherokee Trail	36-08.00	_____
7	Morgan Stewart	SO	Fossil Ridge	36-08.00	_____
8	Codi Jarmond	SR	Eaglecrest	36-09.00	_____
9	Erika White	SR	Brighton	36-09.00	_____

Flight 2 of 2 Finals

1	Deasia McCalman	SR	Denver East	36-09.50	_____
2	Sydney Marr	SR	Pine Creek	38-02.50	_____
3	Mariah Fualau	SR	Fountain-Ft Crsr	38-07.00	_____
4	Gina Coleman	JR	Fountain-Ft Crsr	39-04.00	_____
5	Emma Dern	JR	Fort Collins	39-08.00	_____
6	Gabriella McDonald	SO	Rocky Mtn.	40-01.50	_____
7	Leilah Vigil	SO	Highlands Ranch	40-05.00	_____
8	Hannah McClure	SR	Pomona	40-06.75	_____
9	Sierra Suazo	JR	Castle View	43-01.50	_____

Event 199 Girls Discus Throw 5A (18)**Thursday 5/19/2016 - 11:00 AM****Measure ALL MARKS! No Minimum!****3 Attempts Each, then top 10 to Finals for 3 more Attempts****National: 191-06 2012 Shelbi Vaughan****Colo. Prep: 183-03 2013 Valarie Allman****State Meet: 153-03 2003 Sarah Stevens**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Sloane Stewartson	JR	Rock Canyon	114-04	_____
2	Emma Dern	JR	Fort Collins	114-11	_____
3	Deidre Cooney	SR	Smoky Hill	116-04	_____
4	Sydney Marr	SR	Pine Creek	116-07	_____
5	Meredith Minton	JR	Douglas Cty	116-11	_____
6	Wendy Dykstra	JR	Loveland	117-02	_____
7	Morgan Stewart	SO	Fossil Ridge	117-03	_____
8	Samantha Jo Elliott	SR	Fort Collins	117-07	_____
9	Bianca Asheim	SR	Prairie View	118-02	_____



COLORADO HIGH SCHOOL - 5/19/2016 to 5/21/2016**STATE TRACK & FIELD CHAMPIONSHIPS****Jefferson County Stadium, Lakewood****Meet Program****Flight 2 of 2 Finals...(Event 199 Girls Discus Throw 5A (18))**

1	Jessica Kenney	SR	Arvada West	118-02	_____
2	Raegan Rehm	SR	Loveland	118-09	_____
3	Emily Tomasini	SR	Poudre	119-06	_____
4	Kelly Ervin	SR	Fort Collins	123-06	_____
5	Hannah McClure	SR	Pomona	124-04	_____
6	Kiara Olson	JR	Doherty	131-02	_____
7	Gabriella McDonald	SO	Rocky Mtn.	137-05	_____
8	Gina Coleman	JR	Fountain-Ft Crsr	139-09	_____
9	Sierra Suazo	JR	Castle View	142-05	_____

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