Make It Monday

Shakers
Fill a plastic egg or small water bottle with rice, popcorn, beads, etc. Tape closed. To add handles to your shaker, tape spoons around the egg with your favorite duct tape pattern and make a maraca!

Drum
Using a coffee/soup/Pringles/oatmeal canister, make your own drum! Decorate the can and cover the top with a plastic lid, balloon, or tight layers of plastic wrap for different sounds!

Guitar
Using a shoebox, cereal box, or another cardboard base, you can build your own guitar! Cut a hole in your box and decorate it. Stretch rubber bands around the box so that they run over the hole. Different sized rubber bands make different sounds!

Strike up the band!
Make some music and share your home-made instruments with us:

Instagram (@ComfortHopeFunEquip)
Facebook (@FOCUSGA)
#MakeitMonday

Remember we are here for you virtually.
Visit: focus-ga.org