

Character and Life Skills

Pre-viewing and Discussion Questions

Video Title: **Honesty, Self-Awareness**

Grade Level: **High School**

Pre-viewing: Before watching the video...

1. Who has power over young people? (eg. Teachers, parents, the media, peers)
 - What kind of power do they have?
 - What does that power look like?
2. What do those who have power over you want from you, or want for you?
3. What happens when you and someone with power over you disagree about what's best for you?
 - Does it matter who that person is? How?
4. As you watch the video, think about the power dynamics in the situation.
 - Who has power over whom?

Discussion Questions: After you watch the video...

1. As a young person, how do you know when what you think you want is right and when you should trust someone with more experience?
2. What do those in power worry about when it comes to the decisions of young people?
3. Coach McNair gives the example of young people turning off when they do things to please their parents that they don't really want to do for themselves. They stop sharing, talking, and having happy relationships with their parents, acting like "employees." Has this ever happened to you? If so, what were the results? If not, how did you avoid it?
4. Keith Campbell, Ph.D, talks about external vs internal motivations. Think about the activities or classes you participate in. What are your external motivations? Your internal motivations?
5. Do you feel like you're able to have honest conversations with your parents or guardians? With your teachers? Why or why not?
6. Why are having these kinds of conversations difficult? Why can it be hard to be honest?
7. What do you think needs to happen in order to have honest conversations?
8. Why is this story called *Honesty*?

Notes
