

alaconto von

SELF-MANAGEMENT

I HAVE CONTROL 🗔

STUDENT REFLECTION QUESTIONS:

Darion speaks of a **"mindset"**. How would you define a mindset? Why is a mindset so important?

Darion's mother discusses the importance of changing the narrative. Describe a culture or group that you would like to learn more about. Why is it important to learn more about other groups that are different from our own?

As students grow older, they begin to have more control and choices, but also more responsibility. How do you rate yourself on making decisions that reflect your values? Why do you rate yourself that way?

Discuss your answers to the previous question with your parents or a trusted adult. What areas of agreement did you have? What disagreements? What can you learn from this conversation?