

## FRIENDS MAKE A DIFFERENCE

### PEER PRESSURE

## RELATIONSHIP

### FACILITATOR INSTRUCTION NOTES:

This module features Ambra, a high school student who maintains a positive peer group and has a strong mentoring relationship with her mother.

The content is not controversial. The topic of peer pressure is discussed in terms of **"positive peer pressure"** or how peer pressure can encourage students to make positive choices.

Students will access the Reach Out website to complete Interactive Reflection Question 4.

#### ASCA Mindset Standards:

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 6: Positive attitude toward work and learning.

#### ASCA Behavior Standards:

- B-LS 7: Identify long- and short-term academic, career and social/emotional goals.
- B-SMS 1: Demonstrate ability to assume responsibility.
- B-SMS 2: Demonstrate self-discipline and self-control.
- B-SMS 4: Demonstrate ability to delay immediate gratification for long-term rewards.
- B-SS 5: Demonstrate ethical decision-making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

