

Discussion Questions

Character and Life Skills: **Patience: Lane**

Focus: **Self-Management**

Grade Level: **3-5**

Pre-viewing

If you have watched the video of kids discussing this character word, remind students of the definitions developed and discussions of the topic. If you have not watched the other video, consider creating a definition of the word as a group and sharing stories that illustrate the word.

After Watching the video: Discussion Questions

1. What is the difference between being patient for a short amount of time, such as standing in line waiting for a turn at the water fountain, and patience over a long period of time, such as Lane and Sarah show?
2. Lane says that she can get very frustrated with the difficulty of playing her instrument. Why is it okay to be frustrated with something difficult? What should you do if you are faced with a difficult task? How does this take patience and self-management?
3. Sarah says that when something is difficult, it can be fun to mess up and get better and see yourself succeed after practice. How do you feel when you finally succeed at something you have been working at for a long time?
4. Sarah says that you have to “get rid of reasons not to do something”. What does this statement mean to you?
5. Why are role models and looking up to someone important for patience and self-management? Who do you look up to?
6. What other things require patience?
7. How do you exercise patience in school? At home? In your community?

Notes
