

Bullying and Violence Prevention

Educator Reflection Page: **Lara Mendel**

Grade Level: **PreK-2**

Use this reflection page to explore the thoughts and ideas expressed by Laura Mendel in the Deeper Look Video on bullying.

1. In the beginning of the video, Ms. Mendel says that when she sees bullying, she says, "Thank you for the demonstration of bullying!" to diffuse the situation and use it as a learning moment for all involved. Is this a strategy you would consider using in school? Why or why not?

2. What is your school's policy on dealing with bullying? What training have you had in dealing with bullying? What training have you had in helping your students deal with bullying? How have you used this training (or lack thereof) to inform the way you react, respond, and teach about bullying?

3. Laura Mendel talks about ways to respond to people who are bullying by "taking care of (their) own needs (without) spreading the poison." How does this metaphor affect your thoughts on how to deal with bullying?

4. What are some of the ways you have experienced and/or facilitated "sincere, honest, open communication" among students who bully, their targets, bystanders, and the adults involved?
