

Bullying and Violence Prevention

Family Reflection Page: **Lara Mendel**

Grade Level: **PreK-2**

Use this reflection page to explore the thoughts and ideas expressed by Laura Mendel in the Deeper Look Video on bullying.

1. Laura Mendel uses every incident of bullying as a teachable moment, an example from which everyone involved can learn a lesson. What lessons have you helped your child learn from incidents of bullying?

2. What is your school's policy on dealing with bullying? What is your own personal policy on dealing with bullying? Are they the same? How can you work with the school to open lines of communication about bullying?

3. Laura Mendel talks about ways victims can be assertive when bullied, to stand up for themselves without fighting back. How do you respond?

4. Laura Mendel says that when victims fight back instead of being assertive, everyone loses. What do you think that means? What do children learn when they fight back? What do they learn when they are assertive?
