

Drug and Alcohol Prevention

Video Title: Kris Kullgren: Mixed Messages

Reflection Sheet: Students

Grade Level: Middle School

Complete this reflection page after watching the Deeper Look video: *Kris Kullgren — Mixed Messages*. In this piece, Kris Kullgren addresses the mixed messages kids get when their parents allow them to drink alcohol at home. Write your responses, using examples from the video and your own experiences.

1. List three reasons that Kris Kullgren says about why it is not a good idea for parents to let kids drink at home.

2. What is Kris Kullgren's take-home message about the issue of parents allowing their children to drink at home when they are there?

3. Do you agree with Kris Kullgren about whether or not parents should allow their children to drink alcohol in their own home? Why or why not?

4. Some behaviors and activities are appropriate for adults and not children, while other behaviors are appropriate for children and not adults. List several behaviors that are acceptable for adults but not children, and list several behaviors that are acceptable for children and not adults. Be prepared to defend your answers.
