

Student Reflection Page: Rob Weiss, "Refuge"

Grade Level: High School

Note: In the video "Refuge," social worker Rob Weiss uses frank and explicit language about sexual arousal caused by Internet porn.

It is suggested that the teacher preview the materials and decide whether to use the video or only the questions below to cover the topic. It is also suggested the teacher conduct these lessons with counselors and/or school social workers.

Explain to students that in studying this material, they may find the need to speak with someone. Remind them they can speak to a trusted adult at home or in school or to a school counselor or social worker.

Complete this reflection page about the Deeper Look video: Rob Weiss, "Refuge." In this piece, Rob Weiss talks directly to parents about the danger of Internet porn becoming a space for young people to escape their problems and the deeper problems this will cause later in their lives. Write your responses, using examples from the video and your own experiences.

1. Rob Weiss says that some young people turn to Internet porn to find a place to escape their daily problems. How does porn become a "refuge" from everyday problems?

2. Rob Weiss says that watching Internet porn is "a neurochemical experience." How does he describe the neurochemical experience? Why is this important to know?

3. He continues saying, "When someone becomes addicted to pornography or sexual experiences the person is really addicted to the looking, the hunting, the search, the losing yourself in the activity." How does this compare to addiction to drugs or alcohol?

4. Rob Weiss closes the video saying, "When I know of a kid who's turning to Internet porn...as a means to soothe himself, to distract himself, to comfort himself through this intense excitement and arousal which is also hidden and in secret and shameful on some level, that kid has the potential to lose out on growth and really have problems later in life." How do you interpret these closing words?
