

Pre-Viewing and Discussion Questions

Digital Citizenship: Josh Kloyda

Grade Level: High School

Note: The video “Josh Kloyda” features a real person talking about addiction to cyberporn or Internet pornography. While presenting this video, it is suggested that the teacher preview the materials and conduct these lessons with counselors and/or school social workers.

Underscore the serious nature of the content and remind students that they can talk to trusted adults about this topic. Explain to students that if they are struggling with the same issue, they may find the need to speak with someone. Remind them they can speak to a trusted adult at home or in school or to a school counselor or social worker.

Pre-Viewing

Before watching the video...

- 1. Ask students** what it means to feel uncomfortable in a situation. What does it mean physically? What does it mean mentally? What does it mean emotionally? What kinds of things or situations make them uncomfortable? When does something uncomfortable turn into something that feels wrong or inappropriate?
- 2. Ask students** if they have ever been doing an online search for information and something that made them uncomfortable appeared on their screen. Share what experts say they should do when they come across something that feels wrong appears on their screens:
 - Turn it off.
 - Tell a trusted adult.
 - Block the site.
- 3. Ask students** if these steps are realistic: do people your age usually follow these steps? Why or why not?
- 4. Explain** that they will watch the story of Josh Kloyda who stumbled across online porn at the age of 12 and his subsequent addiction and lifestyle.

Discussion Questions:

- 1.** Is there anything surprising to you about the fact that the average age of exposure to Internet porn is 11? Why or why not? Would it surprise you to know that current research shows the age may have lowered to 8 years? How and why do you think this happens?
- 2.** Josh says, “There was something that just wasn’t right” when he talks about how he knew what he was doing was wrong. How do his words and actions fit into the earlier discussion about feeling uncomfortable and feeling that something is wrong or inappropriate when on the Internet?
- 3.** In the video, experts describe how porn leads to a cycle of shame, isolation, self-absorption, depression, pre-occupation, and compulsion. How do you define each of these terms? How does Josh’s story illustrate this cycle?

4. Josh says, "Porn ruined all of my relationships. I never had a relationship." Describe how this looked in Josh's life. How does porn ruin relationships? What should have been a signal to him that this was happening? Why do you think he did not realize it until after he broke his addiction?
5. Josh says he was always looking for "that quick fix" of porn on his computer. What does this language remind you of? Why?
6. How did his dad react when Josh confessed his addiction? Do you think this would be a common reaction from parents? Why or why not?
7. How did the support group help Josh? What did the support group ask him and teach him? Why do you think he could not break this addiction by himself?
8. What does it mean to have someone to "keep you accountable"? What did it mean for Josh? What might it mean for you? Who keeps you accountable? Why?
9. How is the word "patterns" important to this story? What patterns do you notice? What changed the patterns?
10. Josh closes by saying, "Are you going to give in or are you going to stand?" What does this mean?