Student Reflection Page: Paul Schenk, Psy. D. Grade Level: High School

Note: In this video, Dr. Paul Schenk uses frank and explicit language about sexual imagery in Internet porn.

It is suggested that the teacher preview the materials and decide whether to use the video or only the questions below to cover the topic. It is also suggested the teacher conduct these lessons with counselors and/or school social workers.

Explain to students that in studying this material, they may find the need to speak with someone. Remind them they can speak to a trusted adult at home or in school or to a school counselor or social worker.

Complete this reflection page about the Deeper Look video: Dr. Paul Schenk. In this piece, Dr. Schenk talks directly to parents about how Internet pornography can damage a young person's ability to build healthy relationships. Write your responses, using examples from the video and your own experiences.

- 1. Dr. Schenk says about the current pornography that is found on the Internet, "If you can think it, it's out there." Do you think that thinking about sex causes one to search the Internet for pornography, or do you think that Internet pornography causes one to think about sex more often? Why?
- 2. Dr. Schenk says that Internet porn does not depict "balanced relationships" but rather it shows males dominating females. What is a balanced relationship? How does he say the imbalance portrayed in Internet porn manifests itself in the workplace? At home? Is this appropriate in today's culture? Why or why not?
- **3.** Dr. Schenk says that "good relationships are some of the hardest work people do. And it's good work. It's well worth it." What are the qualities of a good relationship? Why do good relationships take hard work?
- 4. The video closes with these words: "...one of the risks (of Internet pornography) is that teens don't learn how to do the slow, persevering work in building a relationship to keep it going. It's too easy to get it with a mouse click." Do you agree or disagree? Why? How does your response to this question reflect your answer to question #3?