# Digital Citizenship: Joshua Kloyda Lesson Title: Cyberporn Addiction: Part of the Puzzle Grade Level: High School



### **Project and Purpose:**

Students determine the most important facts about cyberporn that different groups of people should know.

### **Essential Question:**

Why is it important for high school students, parents and guardians, educators, and middle school students to know the facts about cyberporn addiction?

#### **Notes:**

**BEFORE beginning these lessons:** Underscore the serious nature of this topic (Internet pornography) and remind students that they can talk to trusted adults about this. Ask them to think about one adult they could go to if they feel they need to discuss the topic further.

#### **Materials:**

- Cyberporn Puzzle Pieces NOTE: Before class, copy the puzzle pieces on strong paper and cut apart
- Cyberporn Puzzle Pieces Teacher Support Page
- Tape
- Board/Chart to post connected puzzle pieces
- The Most Important Fact Worksheet

#### **Procedure:**

- 1. Explain that today students are going to work together to construct facts about cyberporn. Each person will receive a puzzle piece with partial statement from research on the facts and effects cyberporn. Students will go around the room to find the person with the matching puzzle piece that completes their fact. Emphasize the seriousness of this topic, and that while puzzles are considered by many a game, this is a fact finding and matching mission.
- 2. When students think they have found their match, they will check with you to see if they are correct. Use the Teacher Support Page for reference. If the match is correct, have students tape their puzzle pieces together and post on the board/chart. If not, send them back into the group to find the correct match.
- 3. When all connected puzzle pieces are posted, have pairs read their fact aloud for the whole group.
- **4.** Distribute one copy of The Most Important Fact Worksheet to each student. Each student will write what he/she considers the most important fact from the puzzle piece facts for that particular group of people. They should be prepared to defend their answers.

**5.** Ask students to think about how they most likely would have responded if their middle school teachers or parents talked with them about the dangers of cyberporn.

#### Conclusion

Ask the large group to consider why it is important for young people to know this information. Do they think middle or high school teachers and/or families will have conversations about cyberporn with their students and children? Why or why not?

Explain to students that if they are experiencing problems with this topic they may find the need to speak with someone. Remind them they can speak to a trusted adult at home or in school or to a school counselor or social worker.

#### **Resources:**

- American Academy of Matrimonial Lawyers
- American Osteopathic Association
- American Psychological Association
- Center for Disease Control
- JAMA Psychiatry
- National Center for Missing and Exploited Children
- National Coalition for Protection of Children and Families
- New York: Morality in Media
- Psychology Today

## **Puzzle Pieces**

People addicted to Internet pornography quite often struggle with	emotional as well as physical affection.
66% of men and 41% of women	view Internet pornography on a monthly basis.
Most Internet porn addicts experience	shame and depression.
Exposure to cyberporn and cybersex is causing you teens to think that	being sexually active is normal for everyone, regardless of age.
Internet porn is a significant factor in	2 out of 3 divorces in America.
One of the most dangerous risks for teens who reg view Internet porn is	unwanted sexual solicitation.
Young people mostly stumble onto Internet pornog	graphy accidently and innocently.
Teens who are exposed to Internet pornography on a regular basis have been reported to	trivialize rape as a criminal offense or no longer consider rape a crime at all.

## **Puzzle Pieces**

There are at least 28,000 people watching Internet pornogra	every second of every day.
47% of American families report that	pornography is a problem in their homes.
The age group most at risk for becoming addicted to Internet porn is	enage boys between the ages of 12 and 17.
People who view Internet pornography for hours	each week have decreased gray brain matter.
90% of eight to sixteen-year-olds have viewed porn,	mostly during homework time.
The average age for a child's first	exposure to Internet porn is 11.
17% of all Internet porn addicts	are women.
Teenagers who view Internet pornography at high levels risk damaging and even deforming the pleasure centers of their brains,	making it impossible to have healthy sexual relationships later in life.

### **Cyberporn Puzzle Pieces Teacher Support Page**

- There are at least 28,000 people watching Internet pornography every second of every day. (American Psychological Association, 2010)
- 47% of American families report that pornography is a problem in their homes. (National Coalition for Protection of Children and Families, 2010)
- The age group most at risk for becoming addicted to Internet porn is teenage boys between the ages of 12 and 17. (Sister Marysia Weber, DO, American Osteopathic Association, 2014)
- People who view Internet pornography for hours each week have decreased gray brain matter. (American Medical Association, 2014)
- 90% of eight to sixteen-year-olds have viewed porn, mostly during homework time. (Psychology Today, 2011)
- The average age for a child's first exposure to Internet porn is 11. (Psychology Today, 2011)
- 17% of all Internet porn addicts are women. (Psychology Today, 2011)
- Teenagers who view Internet pornography at high levels risk damaging and even deforming the pleasure centers of their brains, making it impossible to have healthy sexual relationships later in life. (American Osteopathic Asoociation, 2014)
- People addicted to Internet pornography quite often struggle with emotional as well as physical affection. (American Osteopathic Association, 2014)
- 66% of men and 41% of women view Internet pornography on a monthly basis. (JAMA Psychiatry, 2014)
- Most Internet porn addicts experience shame and depression. (Psychology Today, 2011)
- Exposure to cyberporn and cybersex is causing young teens to think that being sexually active is normal for everyone, regardless of age. (Center for Disease Control, 2009)
- Internet porn is a significant factor in 2 out of 3 divorces in America. (American Academy of Matrimonial Lawyers, 2003)
- One of the largest dangers to teens who regularly view Internet porn is unwanted sexual solicitation. (National Center for Missing and Exploited Children, 2006)
- Young people mostly stumble onto Internet pornography accidently and innocently. (National Center for Missing and Exploited Children, 2006)
- Teens who are exposed to Internet pornography on a regular basis have been reported to trivialize rape as a criminal offense or no longer consider rape a crime at all. (Victor B. Cline, Pornography's Effects on Adults and Children (New York: Morality in Media, 1990)

# **The Most Important Facts**

For each group listed, fill in each block on the chart with The Most Important Fact about addiction to cyberporn. Be prepared to defend your answers.	
High School Students	
Parents/Families	
Educators	
Middle School Students	