

# Health and Wellness

## Essential Questions Chart: Music Grade Level: High School

### Directions

Apply these essential questions if focusing on the music form of each lesson.

| Attendance and Achievement          |                                  |  |
|-------------------------------------|----------------------------------|--|
| Lesson/Video                        | Art Activity                     | Essential Question   |
| <b>Biggest Generation</b><br>Part 1 | Childhood Music                  | How do some songs, especially those written for children, encourage movement and dancing?                      |
| Part 2                              | I Got to Move It                 | How does dance music encourage a healthy lifestyle?  |
| Part 3                              | The Big Plan                     | How do you work with partners to teach a large group movements to a piece of music?                            |
| Part 4                              | Student Dance Songs              | What elements of music inspire movement/dance?   |
| Part 5                              | Student Songs/<br>Dances #2      | What elements of music inspire movement/dance?   |
| <b>Lost and Found</b><br>Part 1     | Expressions of Grief<br>in Music | How do rhythm, tempo, and melody express emotions, especially grief, in Berg's <i>Violin Concerto</i> ?        |
| Part 2                              | Expressions of Grief<br>(2)      | Why has Samuel Barber's <i>Adagio for Strings</i> been described as is "full of pathos and cathartic passion"? |
| Part 3                              | Expressions of Grief<br>(3)      | How does music help people manage grief?   |
| Part 4                              | Expressions of Grief<br>(4)      | How does music help people cope with their feelings related to loss and death?                                 |
| Part 5                              | Expressions of Grief<br>(5)      | Compare/contrast music that provides comfort and music that expresses feelings related to loss and grief.      |

## College and Career Readiness

| Lesson/Video                      | Art Activity  | Essential Question   |
|-----------------------------------|---|--|
| <b>Someone You Know</b><br>Part 1 | Broadway Musicals:<br>Exploring Abusive Relationships     | How does the song “As Long as He Needs Me” from the musical <i>Oliver</i> reflect the characteristics of an abusive relationship?                          |
| Part 2                            | Broadway Musicals:<br>Exploring Abusive Relationships (2) | Using the character Nancy from <i>Oliver</i> as a stand in for a real person, what advice would you give someone who is in an abusive relationship?        |
| Part 3                            | Broadway Musicals:<br>Exploring Abusive Relationships (3) | How does the song “Door Number Three” from the musical <i>Waitress</i> reflect the characteristics of an abusive relationship?                             |
| Part 4                            | Broadway Musicals:<br>Exploring Abusive Relationships (4) | Using the character Jenna from <i>Waitress</i> as a stand in for a real person, what advice would you give someone who is in an abusive relationship?      |
| Part 5                            | Broadway Musicals:<br>Exploring Abusive Relationships (5) | How does music help us distinguish between the qualities of a healthy and abusive relationships? How does it advise our own decisions about relationships? |
| <b>First Comes Love</b><br>Part 1 | “Yes”   | How does Beyonce’s song “Yes” help us understand the differences among assertive, passive, and aggressive responses and refusals?                          |
| Part 2                            | More Assertive Refusals/Responses                         | How do the elements of music and the lyrics of songs work together to express assertive responses/refusals?  |
| Part 3                            | Oh, The Lines They Try!                                   | Why is it important to think about the lyrics of music heard on a regular basis?   |
| Part 4                            | The Practice of Falling in Love                           | Why is it important to think about the lyrics of music heard on a regular basis?   |