

# Discussion Questions

## Character and Life Skills: Diligence: Carmen

### Focus: Self-Management

### Grade Level: 3-5

#### Pre-viewing

If you have watched the video of kids discussing this character word, remind students of the definitions developed and discussions of the topic. If you have not watched the other video, consider creating a definition of the word as a group and sharing stories that illustrate the word.

#### After Watching the video: Discussion Questions

1. Carmen has a goal of being a professional tennis player. How is she making sure that this dream is a possibility? Describe Carmen's work-ethic.
2. Carmen and her mom both talk about practice and how necessary it is for success. Tell about a time you had to practice hard for something. How did practicing make you feel?
3. Why are patience and focus an important part of diligence? How are they part of self-management?
4. Is diligence only important in sports? Describe how diligence and self-management relate to other activities such as music or math.
5. Carmen works very hard as a tennis player and has big goals. Why are setting goals important? Why do you have to work diligently to reach your goals?
6. What are some ways you can you work diligently every day even if you do not have a practice or test?
7. Sometimes, people talk about doing the "bare minimum." This means that they do not fully commit to something and only do enough to get by. Can you describe the difference between being diligent and only doing the bare minimum? How does it feel when you work hard on something versus barely trying?

#### Notes

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