

Student Reflection Page: Ollie Channel

Grade Level: High School

Complete this reflection page after watching the Deeper Look video: Ollie Channel. In this piece Berhane’s teacher, Ollie Channel, talks about his students and the way they respond to obstacles. Write your responses, using examples from the video and your own experiences.

1. Do you agree or disagree with Mr. Channel that life for kids today is more challenging and distracting for kids than it was for generations before? Why? Provide some examples to support your argument.

2. Mr. Channel says that when kids today run into obstacles that prevent them from achieving, they “just stop” rather than try to work through the obstacle. Write about a time when you worked through an obstacle rather than avoided it, proving Mr. Channel’s theory about kids today wrong. What did you learn from that experience?

3. Recall a time when you had to ask for help to meet a goal. Who did you ask for help? Was it hard for you to ask for help? Why or why not? What was the result?

4. Mr. Channel explains that the voices that tell us that we can’t achieve something are just “distractions” and that Berhane is exceptional because he doesn’t allow himself to get distracted from achieving his goals. What are the “distractions” in your life that may be preventing you from meeting your goals? How might you eliminate those distractions so that they don’t get in your way?
