

Course Description: Semester B focuses on the developmental aspects of being human and healthy. Students learn about some of the more dramatic changes that the human body experiences from birth to death. They explore topics related to aging and sexuality and identify ways to remain healthy and safe throughout life's major events and challenges. As in Semester A, this part of the course emphasizes what students can do to improve or maintain their own health and encourages them to be a positive influence on family and friends. Each lesson helps identify ways that students might use what they have learned in the lesson in their own lives. As in semester A, students discuss lesson topics with peers and/or an instructor.

Module	Lesson Title	Objectives
1		
1.1	Alcohol & Tobacco	1. Describe the effects of alcohol & tobacco use 2. Identify short & long term consequences of tobacco & alcohol use 3. Identify factors that influence use. 4. Distinguish between alcohol use, misuse, abuse, and dependence
1.2	Treatment & Prevention	1. Identify and describe programs for alcohol treatment. 2. Identify nicotine addiction treatment options.
1.3	Drug Use, Misuse & Abuse	1. Identify signs, symptoms, routes of transmissions, short & long term consequences and treatment options for marijuana, prescription drugs, cocaine and heroin.
2		
2.1	Sexuality and Its culture	1. Define sexuality. 2. Explain how our society and culture has an effect on adolescent sexual behavior. 3. Discuss stereotypical gender roles
2.2	Romantic Relationships	1. Identify and list characteristics of a loving relationship. 2. Identify factors that are used to determine compatibility 3. Differentiate between companionate and passionate love.

Module	Lesson Title	Objectives
2.3	Types of Sexuality	1. Define and differentiate between homosexuality, heterosexuality, and bisexuality.
3		
3.1	Reproductive Health	1. Identify location and function of reproduction organs for both males and females. 2. Describe how puberty affects one's reproductive system.
3.2	Types of Contraception	1. Identify various types of contraceptions. 2. Describe the effectiveness and proper use of each type of contraception. 3. Identify 3 pros and 3 cons of each method of contraception.
3.3	Pregnancy	1. Describe each stage of pregnancy. 2. Identify 4 important things to do to ensure a safe and healthy pregnancy.
4		
4.1	Noninfectious & Infectious Diseases	1. Differentiate between noninfectious & infectious diseases. 2. Differentiate between communicable and non-communicable diseases.
4.2	Viral and Bacterial Sexually Transmitted Infections	1. Explain the transmission process of STIs. 2. Identify signs, symptoms, causes and treatment of most common STIs 3. Differentiate between bacterial and viral STIs.

Module	Lesson Title	Objectives
4.3	Protecting Yourself against STIs	1. Identify 3 preventable measures one can take to reduce their risk of transmission of STI's.
5		
5.1	What is Cancer?	1. Identify 3 traits that differentiate cancer cells from normal cells. 2. Differentiate between malignant and benign tumors. 3. Identify 3 factors that can cause mutation of cells.
5.2	Common Types of Cancer	1. Identify risk factors for major cancers. 2. Identify treatment options for cancer. 3. List 5 warning signs of cancer.
5.3	Reducing Your Risk	1. Identify 3 ways one can reduce their risk of any type of cancer.
6		
6.1	Aging	1. Define aging. 2. Identify psychological and physical changes that occur through the normal aging process. 3. Explain 3 ways in which one can age and keep in good health.
6.2	Death & Dying	1. Identify the life expectancy for both males and females. 2. Identify the 5 stages of Kugler-Ross's emotional response of dying persons.
6.3	Grief & Bereavement	1. Discuss the steps of grieving. 2. Identify 3 ways one can grieve in a healthy manner.