

Health Synchronous Sessions Schedule – December 2025

Students must sign up at least 24 hours prior to the session.

COPPA consent is required for those 13 and under or through 8th grade to be completed prior to attendance. Please visit [this page](#) to complete the COPPA consent.

Date	Time (EST)	Course	Session Title	Session Link	Teacher
12/4/2025	1:00 PM	Health	AI Nutrition Coach: Friend or Food Hype?	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
12/4/2025	3:30 PM	Physical Education	Personalized Fitness with AI	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
12/11/2025	1:00 PM	Health	Deepfake Fitness: Spotting AI Lies in Wellness Ads	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
12/11/2025	3:30 PM	Physical Education	Using AI as a Virtual Coach	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
12/18/2025	1:00 PM	Health	Chatbot Therapy: Can AI Replace a Counselor?	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
12/18/2025	3:30 PM	Physical Education	AI Safety and Digital Sportsmanship	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman

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Date	Time (EST)	Course	Session Title	Session Link	Teacher
11/6/2025	1:00 PM	Health	AI-Powered Wellness: Revolutionizing Personal Health	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
11/6/2025	3:30 PM	Physical Education	Designing a Personalized Fitness Plan for Overall Wellness	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
11/13/2025	1:00 PM	Health	Artificial Intelligence in Nutrition Planning	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter

11/13/2025	3:30 PM	Physical Education	Researching the Benefits of Flexibility and Stretching Exercises	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
11/20/2025	1:00 PM	Health	art Fitness: AI-Driven Exercise Optimization	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
11/20/2025	3:30 PM	Physical Education	Artificial Intelligence on Accurate BMI Assessments	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman

Health/PE Synchronous Sessions Schedule – October 2025

Students must sign up at least 24 hours prior to the session.

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Date	Time (EST)	Course	Session Title	Session Link	Teacher
10/9/2025	1:00 PM	Health	AI-Driven Hygiene: Best Practices for Optimal Cleanliness	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
10/9/2025	3:30 PM	Physical Education	AI-Driven Fitness: Enhancing Student Performance Through Technology	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
10/16/2025	1:00 PM	Health	AI-Supported Mental Health: Strategies for Well-Being	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
10/16/2025	3:30 PM	Physical Education	Next-Gen PE: Leveraging AI for Dynamic Physical Education Sessions	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
10/23/2025	1:00 PM	Health	AI-Optimized Health Resources: Empowering Wellness Solutions	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
10/23/2025	3:30 PM	Physical Education	Data-Driven Movement: Using AI Analytics to Tailor Student Workouts	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
10/30/2025	1:00 PM	Health	AI-Powered Fitness and Health: Optimizing Wellness	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
10/30/2025	3:30 PM	Physical Education	Innovative PE Sync: Harnessing AI for Inclusive and Adaptive Physical Activity	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman

Health/PE Synchronous Sessions Schedule – September 2025

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Date	Time (EST)	Course	Session Title	Session Link	Teacher
9/11/2025	1:00 PM	Health	Tips for Success with AI-Powered Online Health Platforms	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
9/11/2025	3:30 PM	Physical Education	AI-Infused F.I.T.T. Principles: Your Guide to Smarter and More Effective Workouts	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
9/18/2025	1:00 PM	Health	Health Explored Through AI-Driven Wellness Insights	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
9/18/2025	3:30 PM	Physical Education	AI-Enhanced Cardiovascular Endurance: Why It Matters and How to Boost It	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
9/25/2025	1:00 PM	Health	The 7 Dimensions of Health Enhanced by AI Analytics	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
9/25/2025	3:30 PM	Physical Education	AI-Driven Flexibility and Mobility: Keys to Preventing Injury	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman
10/2/2025	1:00 PM	Health	Let's Get Physical with AI-Guided Fitness Plans	https://outlook.office.com/book/HealthSynchronousSession@accelerate-academy.net/?ismsaljsauthenabed	Mrs. Kristin Minter
10/2/2025	3:30 PM	Physical Education	AI-Supported Personal Fitness Plan: How to Set Realistic Goals for Success	https://outlook.office.com/book/G960296459d104c1a939de5ff1ecacf0e@NETORG6844858.onmicrosoft.com/?ismsaljsauthenabed=true	Ms. Jill Friedman