

My name is _____ .

ing and ed Words:

Directions:

- 1) Practice each of your spelling words by tracing each word.
- 2) Cover up the word and then try writing it on your own on the line next to the word. Be sure to use your best handwriting too!



jumping

resting



kicking

helping

wishing



jumped

Continue on following page.

rested

kicked

helped

wished

