



Opioid Stewardship®

A Certificate Program for Healthcare Professionals

Certificate Program Description and Audience

The Opioid Stewardship Certificate Program is a practice-based activity for clinicians impacted by the opioid crisis. The program emphasizes a health care team approach to foster the development of a strong knowledgebase regarding opioids, pain management, opioid use disorder and skills to impact the appropriate use of opioids in healthcare and our communities.

Opioid Stewardship Certificate Program Goals

The certificate program goals/learning objectives are the following:

1. Discuss the genesis of the opioid crisis
2. Outline strategies for assessing and treating pain
3. Describe the management of opioid use disorder
4. Identify potential tools available for implementing an opioid stewardship program
5. Describe a process for evaluating the impact of an opioid stewardship program
6. Implement a component of opioid stewardship in a healthcare setting or community

Opioid Stewardship Certificate Program Structure

The Opioid Stewardship certificate training program is conducted in two parts. The self-study curriculum must be completed prior to starting the project component. The program should be completed within 6 months of registration.

Part 1: Self-study curriculum available online (17.75 hours of CE)

Part 2: Project component completed in the healthcare or community setting (10 hours of CE)

(Optional) Continuing OS Competency Program: An ongoing series of live webinars and online content to keep you up-to-speed on the latest information related to Opioid Stewardship.

An Opioid Stewardship Certificate of achievement will be awarded only to participants successfully completing parts 1 and 2.

Opioid Stewardship Certificate Program Development

The Opioid Stewardship Certificate Program was developed through a partnership between ProCE and the University of Illinois College of Pharmacy with accreditation partners The University of Illinois College of Medicine and Wild Iris Medical Education. Expert faculty from around the country with various backgrounds have contributed to this comprehensive program, including physicians, pharmacists, nurses, dentists, counselors and professional associations.

Funding

Content development was partially funded by the Illinois Department of Public Health.



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Self-Study Curriculum (Part 1)

The first component of the certificate training program consists of self-study modules available for viewing online. Topics, learning objectives, and length of time to complete each self-study module are noted on the outline below.

Introduction	<p>Genesis of the Opioid Crisis: Articulating the Problem (M. Frank Beck) <i>(ACPE UAN: 0221-9999-20-164-H08-P, Knowledge-based, 0.5 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify genesis of Opiate Epidemic • Discuss the US response to the Opioid Crisis • Outline the role of prescribers in addressing the Crisis • Describe the impact/importance of 1st opioid exposure
	<p>Pain Assessment (Debra Drew) <i>(ACPE UAN: 0221-9999-20-165-H08-P, Knowledge-based, 1.0 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Explain why it is important to assess pain • Describe at least two ways to assess pain in patients able to self-report pain • Describe at least two ways to assess pain in patients not able to self-report pain • Identify at least 1 barrier to pain assessment from each of the following areas: patient/family, clinician, health system
Assessing and Treating Pain	<p>Evidence-Based Pain Management (M. Frank Beck) <i>(ACPE UAN: 0221-9999-20-166-H08-P, Knowledge-based, 1.75 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Discuss evidence-based pain management protocols • Describe Number Needed to Treat (NNT) • Define platform-based prescribing • Discuss the importance of providing patient counseling/education regarding pain management • Discuss the impact/importance of age-appropriate pain management • Recall alternate, adjunctive, and complimentary modalities to manage pain • Differentiate between the first, second and third order neurons and how they sense pain • Describe the different chemicals that are released when pain or damage to cells occur • Describe the role of the ascending and descending pathways of pain
	<p>Opioid Safe Prescribing (Taylor Butler) <i>(ACPE UAN: 0221-9999-20-168-H08-P, Knowledge-based, 3.0 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Explain how the 2016 CDC Guidelines are applied when using opioids • Develop a plan to appropriately monitor opioid patients for safe prescribing • Identify pain management regimens for opioid naïve patients • Choose appropriate opioid rotations and escalations based on opioid use and current symptoms • Describe the mechanism of action of opioids
	<p>Naloxone for the Reversal of Opioid Overdose (Jennie Jarrett) <i>(ACPE UAN: 0221-9999-20-169-H08-P, Knowledge-based, 0.75 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • List risk factors for opioid overdose • Discuss the key drug parameters of naloxone and its role in reducing mortality in opioid overdose • Outline the appropriate patient education and administration of naloxone

<p>Substance Use Disorders (SUD) Screening Protocols (Nickola Ceglia) <i>(ACPE UAN: 0221-9999-20-170-H08-P, Knowledge-based, 1.0 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Discuss substance use as a public health problem • Define SBIRT and its supporting evidence • Describe how to implement screening and its use in brief intervention • Identify the basic principles of motivational interviewing (MI)
<p>Motivational Interviewing (Kelly Gable) <i>(ACPE UAN: 0221-9999-20-176-H08-P, Knowledge-based, 3.0 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify provider communication styles with a focus on defining motivational interviewing (MI) • Discuss how to effectively address patient-provider communication breakdown • Describe the stages of change and the change process in relation to MI • Explain how to incorporate the Spirit of MI into communication • Review and practice the core MI skills (OARS)
<p>Medication Assisted Treatment for Opioid Use Disorder (Nicole Gastala) <i>(ACPE UAN: 0221-9999-20-171-H08-P, Knowledge-based, 0.5 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify the mechanism of medications commonly used in OUD treatment • Outline the effectiveness of various MAT options • Discuss the importance of initiating treatment when OUD is identified regardless of the location within the healthcare system
<p>A Closer Look at Medications for Opioid Use Disorder (mOUD) (Alyssa Peckham) <i>(ACPE UAN: 0221-9999-20-172-H08-P, Knowledge-based, 0.75 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Describe FDA-approved medications for opioid use disorder (mOUD) • Identify advantages and disadvantages of mOUD with a focus on co-morbid pain • Discuss clinical implications of extended-release buprenorphine, the newest FDA-approved mOUD • Identify treatment strategies to overcome barriers to starting medications
<p>Risks of Opioid Use if Comorbid Non-opioid Use Disorder (Alyssa Peckham) <i>(ACPE UAN: 0221-9999-20-173-H08-P, Knowledge-based, 0.25 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify the risks of opioid use when other non-opioid substances are used • Describe the risks that non-opioid substances have on mOUD • Discuss the risks/benefits that mOUD has on non-opioid substances
<p>Risks of Combining Certain Medications with Opioids (Alyssa Peckham) <i>(ACPE UAN: 0221-9999-20-174-H08-P, Knowledge-based, 0.25 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify risky medication combinations related to drug-drug interactions with opioids • Identify risky medication combinations related to synergistic effects with opioids
<p>Harm Reduction and Destigmatizing Addiction (Alyssa Peckham) <i>(ACPE UAN: 0221-9999-20-175-H08-P, Knowledge-based, 0.5 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Define harm reduction and recognize its role in opioid stewardship • Outline harm reduction strategies for your practice • Identify stigmatizing language and alternative options

Management of Opioid Products	<p>Opioid Dispensing and Supply Chain: A Review of Controlled Substance Regulations and Opioid Stewardship Recommendations (Kim Earle) <i>(ACPE UAN: 0221-9999-20-182-H08-P, Knowledge-based, 1.0 contact hours, Release: 6/2/2020, Exp: 6/2/2023)</i></p> <ul style="list-style-type: none"> • Describe the legal and regulatory considerations in opioid dispensing • Outline the variables to consider in designing an effective process for opioid dispensing • Discuss the appropriate ordering, receiving, return and disposal of opioid products • List interprofessional considerations in the prescribing / dispensing of opioids
	<p>Strategic Thinking and Practical Planning Tools (Doug Maris) <i>(ACPE UAN: 0221-9999-20-177-H08-P, Knowledge-based, 1.75 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Discuss methods to strengthen strategic thinking and planning skills to better assess and lead your proposed opioid program/protocol • List practical strategic tools to help think through (and sell to key stakeholders) the value and requirements of your proposed opioid program/protocol • Explain how to prioritize what is most important and reach consensus with your team on what to scale back to free up resources • Define key measures of success for your proposed new opioid program/protocol
Planning and Measuring	<p>Opioid Stewardship: Community Outreach (Heather Lyons-Burney; Heather Taylor) <i>(ACPE UAN: 0221-9999-20-178-H08-P, Knowledge-based, 1.0 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Describe the role of a health professional in community collaboration for change • Outline an assessment plan for a community’s readiness to guide outreach efforts • Identify action steps based on the Community Anti-Drug Coalitions of America’s (CADCA) 7 strategies for creating effective community change • Discuss a logic model as part of a strategic plan
	<p>Applying Quality Measurement for Project Success (Amanda Hays) <i>(ACPE UAN: 0221-9999-20-167-H08-P, Knowledge-based, 0.75 contact hour, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Identify the differences between process, balancing and outcomes measurements • Outline principles of Plan, Do, Study, and Act (PDSA) to project implementation • Describe how measurement is used within a PDSA cycle

CAPSTONE	Summative Assessment
	<p>Project Design and Implementation <i>(ACPE UAN: 0221-9999-20-179-H08-P, Knowledge-based, 10.0 contact hours, Release: 4/20/2020, Exp: 4/20/2023)</i></p> <ul style="list-style-type: none"> • Implement at least one aspect of opioid stewardship within your practice setting • Construct a documentation plan for an opioid stewardship project • Identify barriers to implementing components of an opioid stewardship project • Outline strategies to overcome barriers identified for an opioid stewardship project

Project Component (Part 2)

After completion of the self-study curriculum, the participant is required to implement some aspect of opioid stewardship in a healthcare setting or community. The Project Component is an activity by which the participant demonstrates their mastery of the content by applying what they learned to implement or modify some aspect of opioid stewardship at a healthcare setting or community. The project may address any facet (structure, policy, or outcome) of opioid stewardship at their institution or in their community. Potential projects ideas may include the following (original concepts are encouraged):

- Implement a naloxone distribution program
- Implement a community outreach program on an aspect of opioid stewardship
- Implement policy/procedure for: MAT in pregnancy, naloxone in high risk patients, or appropriate prescribing of opioids
- Develop and present grand rounds on an aspect of opioid stewardship
- Implement a limited supply prescribing protocol for opioids in acute care
- Develop a MAT program for your practice
- Implement motivational interviewing with peer observation

Healthcare teams are encouraged to work together to implement a project as long as each participant's role and responsibility in the team project is clearly defined. Implementation of the Project Component should be completed prior to submission of your final report and supporting evidence of implementation must be provided. To receive full credit for the Project Component a project form must be completed to serve as your final report.

An expert panel will review the document and evaluate it for appropriateness. If modifications are needed, the participant will have 2 months to resubmit a modified document. After approval by the panel of the required documentation, an overall program evaluation must be completed online. A CE statement of completion for 10 hours of CE will be issued online and a certificate of achievement of the Opioid Stewardship Certificate Program will be sent to the participant. If a time extension is needed, please submit the request in writing via email to info@proce.com. The request for extension will be reviewed and an email will be returned to you as to whether the extension was granted.

Accreditation Statements and Continuing Education Credit

Pharmacists

Practice Activity Number 0221-9999-20-180-H08-P

Initial Date of Release: April 20, 2020 | Date of Expiration: April 20, 2023



This CE activity is jointly provided by ProCE, LLC and the University of Illinois at Chicago (UIC) College of Pharmacy. ProCE is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE Practice Activity Number 0221-9999-20-180-H08-P has been assigned to this practice-based CE activity (initial release date 4-20-20). This CE activity is approved for 27.75 contact hours (2.775 CEUs) in states that recognize ACPE providers. Statements of completion will be issued online as individual modules are completed with a post-test score of 70% or higher and completion of an online evaluation. UANs for the individual activity modules are listed above.

Nurses (Pharmacology Credit)



This CE activity is jointly provided by ProCE, LLC and Wild Iris Medical Education, Inc. This activity provides 27.75 contact hours of nurse CE credit.

Wild Iris Medical Education, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians, Physician Assistants, and Nurse Practitioners



The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Illinois College of Medicine at Chicago designates this enduring CME activity for a maximum of 27.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Opioid Stewardship Completion

The Part 1 self-study component will result in 17.75 contact hours of continuing education credit (1.775 CEUs). It is anticipated the participant will complete this component within 2 months of registration. *Content and CE hours are subject to change: modules are regularly reviewed and updated to reflect current clinical knowledge.*

The Part 2 project component will be completed at your healthcare setting or community after completion of the home study curriculum. This portion is worth 10 hours or 1.0 CEUs of continuing education credit. This component consists of implementation of some aspect of opioid stewardship. The project form and documentation of implementation must be submitted either by email to info@proce.com or via upload in the CE Center.

After approval by a panel of the required documentation, a final program evaluation must be completed online to receive CE credit. It is anticipated the participant will complete this component within 6 months of registration. Participants will have access to the content for six months after purchasing the program. It is recommended that participants download or print the pdf handouts for future reference.

Upon successful completion of both components, an Opioid Stewardship[®] Certificate of achievement will be mailed to the participant.

Program Cost

Full Certificate Program (Curriculum plus Project): \$495 per participant

Trainee Discount (e.g., residents, fellows, and students): \$395 per participant

Curriculum Only Option (Part 1 only): \$425 per participant

Trainee Discount (e.g., residents, fellows, and graduate students): \$325 per participant

- An Opioid Stewardship Certificate will **NOT** be awarded to Curriculum Only participants.
- Curriculum Only participants may opt-in to the comprehensive certificate program for an additional fee of \$250 within 1 year of the original registration date.

Continuing OS Competency Program: \$30/month for annual subscription.

- Monthly CE content addressing topics specifically related to Opioid Stewardship. Participants completing at least 10 hours of content in a 12-month period will be awarded recognition of maintaining an up-to-date knowledge base in Opioid Stewardship for the year.
- *Access to current quarter's content at the time of Part 1 Self-Study curriculum completion is included at no additional charge with Certificate Program registration.*
- *Coming soon!*



Group/Team discounts:

Group discounts are available *ONLY* at the time of payment and with the payment from one source in a single transaction. Additional participants from same location cannot be added to discount at a later date.

- 6-10 healthcare professionals = 5% discount
- 11-15 healthcare professionals = 10% discount
- More than 15 healthcare professionals = 15% discount

Cancellations or substitutions must be received in writing prior to accessing any of the program content and a \$150 administrative fee will be applied. (send request via e-mail to info@proce.com)

Hardware/Software Requirements

PC: Microsoft Windows 7 or above

Chrome (recommended), Internet Explorer (v9 or greater) or Firefox

Adobe Acrobat Reader

Sound Card and Speakers

800 x 600 Minimum Monitor Resolution (1024 x 768 Recommended)

Flash Player Plug-in, Current Version

JavaScript, Java 1.6 or higher

MAC: Mac OS X

Chrome or Firefox

Adobe Acrobat Reader

Sound Card and Speakers

Flash Player Plug-in, Current Version

JavaScript

Contact for Technical support or CE questions: ProCE, LLC, e-mail info@proce.com, phone: 888-213-4061.

Conflict of Interest Disclosures

In accordance with ACCME Standards for Commercial Support, anyone in a position to control the content of a CE activity must disclose all relevant financial relationships with any commercial interest to the provider and the learners. Any conflicts identified are resolved prior to the release of the activity to learners.

Faculty

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Regional Chief Opioid Officer

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No conflict of interest reported

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No conflict of interest reported

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No conflict of interest reported

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No conflict of interest reported

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No conflict of interest reported

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No conflict of interest reported



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No conflict of interest reported

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Opioid Stewardship®

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Registration Form

register online at www.ProCE.com/OSCP

Please print or type: (One form per person)

First Name: _____ Middle Initial: _____ Last Name: _____

Address: _____ Work Home

City: _____ State: _____ Zip: _____

Place of Employment: _____

Home Phone: _____ Work Phone: _____

E-mail: _____

Program Fee per Participant: \$495

Trainees (e.g., residents, fellows, and graduate students): \$395 per individual

For institutions or healthcare facilities with payment from the same institution, we provide the following discounts:

6-10 healthcare professionals = 5% / 11-15 professionals = 10% / More than 15 professionals = 15%

If you wish to participate in only a portion of the Program, Part 1 is available for \$425 per person.

Upon receipt of your registration fee, directions to access the program will be e-mailed and the self-study material will be immediately accessible.

Cancellations received in writing prior to accessing any of the program content (fax: 630-540-2849 or e-mail info@proce.com) will receive a full refund minus a \$150 cancellation fee.

Payment Information Individual (\$495) Trainee (\$395 - validation required)

Multiple # _____ (Provide contact information as requested above for each participant)

Payment by check (**Make check payable to ProCE, LLC.**): Check #: _____ Amount: \$ _____

For payment by Credit Card, register online at www.ProCE.com/OSCP